

DIABETES ANNUAL REPORT 2024



Foreword

2024 was a pivotal year for Diabetes Ireland as we strengthened our commitment to advocacy, education, and support for the diabetes community across Ireland. Central to our work remains the mission to empower people with diabetes and their families, ensuring they have the resources, knowledge, and support needed to live well with diabetes. We continued to engage directly with government and health stakeholders, strongly advocating for meaningful improvements in diabetes services and securing commitments to improve access and care nationwide.

Advocacy was at the forefront of our work this year, with the long-awaited announcement by Minister for Health Stephen Donnelly TD to establish a *Diabetes Policy and Services Review*. This initiative, which will identify service gaps and recommend actions to improve diabetes care nationwide, was widely welcomed by the diabetes community. Our “Ask Your Local Candidates” campaign ahead of the general election mobilised people living with diabetes to seek political commitments to the development and implementation of the recommendations of this review which we hope to see launched in 2025.

Supporting and educating people living with diabetes and their families remained a core focus. We supported thousands of people during the year through our helpline, education programmes, website and innovative digital tools such as the DigiBete App, now used by over 1,170 families of children and teens with Type 1 diabetes in Ireland. Our community events and workshops continued to provide vital peer support and practical information that help people with diabetes and their families navigate the challenges of daily diabetes management.

Key events and initiatives strengthened community engagement, including the Diabetes Health Awareness Exhibition, which welcomed over 2,000 attendees and also various family and teen events that brought together families and dozens of teenagers for peer support and fun activities. The “Living Well with Diabetes” medal ceremonies saw a further 75 individuals managing diabetes honoured in 2024, celebrating resilience and long-term self-management.

We continued to make significant progress in developing our Mental Health & Wellbeing Support Programme. This initiative addresses the lack of psychological services for people with diabetes who attended tailored pilot programmes for adults with Type 2 diabetes, parents of children with Type 1 diabetes and for adults newly diagnosed with Type 1 diabetes. Early feedback has been overwhelmingly positive, highlighting the urgent need for ongoing mental health support within diabetes care. We hope to finalise the various programmes in 2025 and make them available to the diabetes community.

The charity also welcomed **Republic of Ireland and Everton FC footballer Jake O’Brien** as an ambassador, who wants to inspire young people by sharing his journey of managing Type 1 diabetes while pursuing a professional sports career. Jake actively supports awareness campaigns, notably the TEST campaign that educates the public on early symptoms of Type 1 diabetes.

Supporting healthcare professionals was also a priority in 2024. Diabetes Ireland hosted its annual DICE conference for 300 professionals and supported the inaugural launch of the Diabetes Technology Network Ireland (DTN IRL), a major step forward in advancing diabetes technology education and access for more people with diabetes. With 160 attendees, the inaugural conference brought international expertise and practical training on using CGMs, insulin pumps, and hybrid closed-loop systems. Alongside this, Diabetes Ireland launched a new ezine for healthcare

professionals, conducted webinars for practice nurses and actively supported various research initiatives. Collectively, these efforts strengthened professional knowledge and collaboration while strongly advocating the need for improved access to diabetes care and technology across Ireland. Additionally, we delivered numerous information sessions across diverse community groups, including Men's and Women's Sheds, workplaces, nursing homes and school staff highlighting the importance of diabetes prevention, early recognition, and daily management.

As Ireland's only national charity solely focused on supporting people with diabetes and their families, Diabetes Ireland carries a vital responsibility in delivering quality services and advocating for better care. The charity remains committed to its mission of empowering, educating, and supporting those living with diabetes and their families while striving to ensure equitable access to the best possible healthcare. Looking ahead, Diabetes Ireland is focused not only on sustaining its current services but also on expanding them to meet the growing needs of the diabetes community across the country.

Diabetes Ireland extends its heartfelt thanks to everyone who contributes to its work — from volunteers and healthcare professionals to those who fundraise, corporate partners, HSE, members and also the expertise and commitment of our staff. The combined support makes it possible to improve the lives of thousands of people living with diabetes. Continued collaboration and community engagement are essential, and we encourage both existing and new members to stay involved so that, together, progress can be made toward a healthier future for all people with diabetes in Ireland.

Professor Hilary Hoey

Chairperson

Kieran O'Leary

CEO

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Diabetes Ireland

Founded in 1967, Diabetes Ireland is a national charity dedicated to helping people with diabetes. It achieves this by providing support, education and motivation to all people affected by diabetes. The charity also raises public awareness of diabetes and its symptoms, fosters programmes for the early detection and prevention of diabetes complications and supports advances in diabetes care and research that will improve standards of care and quality of life for people with diabetes.

Our Vision

“To ensure everyone with diabetes has the support and confidence to live a long and healthy life.”

Our Mission

“To provide a quality service in improving the lives of people affected by diabetes and working with others to prevent and cure diabetes.”

Our Aims

- To provide support, education, and motivation to people with diabetes, their families, and friends.
- To raise awareness of diabetes in the community and foster programmes for early detection and prevention of diabetes complications and its burden.
- To support and encourage advances in diabetes care and research that improves Quality of Life and Standards of Care.

Our Board

Every member of our board freely donates their time, their skills, and their experience to help support the diabetes community through our work.

Directors

Professor Hilary Hoey **Chairperson**

Ms Colette McLoughlin **Treasurer**

Mr Daniel McDaid **Secretary**

Mr Cormac Gollogly

Mr Phil Miesle

Mr Patrick Power

Ms Marie Ronan

Ms Barbara Scott

Kieran O’Leary **CEO**

Acknowledgements

Diabetes Ireland would like to acknowledge and sincerely thank:

- its staff, volunteers, and healthcare professionals for their continuing support.
- corporate partners for their support and assistance with our various initiatives and services.
- members, supporters, and donors for their help in raising vital funds to enable us to continue our work.
- the Health Service Executive for their financial support which enables us to provide our services.

Diabetes Ireland is fully compliant with the Charities Regulatory Authority. Diabetes Ireland is committed to achieving the standards contained within the Statement for Guiding Principles of Fundraising. Diabetes Ireland is proud to have achieved the Triple Lock member award with the Charities Institute. Triple Lock is awarded to charities that uphold the best practice standards in ethical fundraising, transparent reporting, and strong governance.

Supporting Partners



Feidhmeannacht na Seirbhíse Sláinte
Health Service Executive



Medtronic



Other Partners



Some of our 2024 highlights: ✨

Ireland's First National Diabetes Strategy

A long-awaited day for the diabetes community in Ireland

In July 2024, Minister for Health Stephen Donnelly TD launched the **Diabetes Policy and Services Review Group** to develop Ireland's first-ever **National Diabetes Strategy**.

"Diabetes is a major health challenge for our population, and managing Diabetes is a major challenge for our health services" – said Minister Donnelly. "I have mandated the establishment of the Diabetes Policy and Services Review, so we can improve patient outcomes, minimise the health complications associated with diabetes, and ensure that our health services are best organised to provide the patient care and support needed by people living with diabetes.

The group included people with diabetes, clinicians, advocates, and health service managers, and was chaired by Professor Derek O'Keeffe, HSE National Clinical Lead for Diabetes. He described the initiative as *"a collaborative effort to build a better future for diabetes care in Ireland."*



Kieran O'Leary, CEO of Diabetes Ireland, called the review *"the most important initiative we've been part of in decades,"* urging that the needs of people with diabetes stay at the centre of all decisions. Dr Kate Gajewska of Diabetes Ireland added, *"This reflects years of advocacy and shows what can be achieved when people with diabetes, carers, and professionals work together."*

With over 308,000 people living with diabetes, the strategy aims to improve outcomes, reduce complications, address service gaps, and create a practical, fundable plan for diabetes care service going forward. A final report with recommendations will go to the Minister for Health in early 2025.

We would like to thank all our supporters – all those who sent their parliamentary questions, who raised their voices, contacted their TDs and senators, and all those who fought and still fight together for better services, access to care, technology and medicines. We hope that the outcome of this Diabetes Policy and Services Review provides equal access to quality diabetes care to all – no matter the type, age, geographic location or socio-economic status in Ireland.

Advancing Mental Health & Wellbeing Support for People with Diabetes

In 2024, Diabetes Ireland made significant progress in developing a national **Diabetes Mental Health & Wellbeing Support Programme** to address the lack of psychological support for people with diabetes and their families. Despite HSE guidelines recommending the inclusion of psychologists in diabetes care teams, adult services still have no dedicated psychological support, and national planning in this area remains limited.

Mental health challenges—such as depression, anxiety, eating disorders, and diabetes distress—are more common in people with diabetes. These can seriously affect self-management and health outcomes. In response, Diabetes Ireland has focused on building tailored support programmes across three key groups: people with **Type 2 diabetes**, **parents of children with Type 1 diabetes**, and **adults newly diagnosed with Type 1 diabetes**.

Type 2 Diabetes Programme

In 2024, pilot sessions were delivered to 104 participants across two phases. Feedback from focus groups and attendees led to the creation of a structured 4-session programme (2 hours per session), promoting peer learning and ongoing support. A formal evaluation in partnership with UCD School of Psychology began in late 2024 and will continue in 2025, including delivery and review of four additional programmes.

Family Wellbeing Programme (Type 1 Diabetes – Parents)

Pilot sessions were developed for parents of children under and over 12 years old, with 36 participants attending in 2024. The programme was adapted to include two 2-hour sessions, providing a space for shared experiences and peer support—especially valued by parents of newly diagnosed children. A workbook is in development to support future rollout.

Adult Type 1 Diabetes Programme

Acknowledging the unique mental health challenges in adults with Type 1 diabetes, work began in 2024 on developing a dedicated support programme for adults newly diagnosed with the condition. Pilot delivery is planned for 2025.

In 2025, Diabetes Ireland will continue formal evaluation, content development, and programme expansion to ensure more people living with diabetes—and their families—have access to meaningful, structured mental health and wellbeing support.

Republic of Ireland footballer Jake O'Brien becomes an ambassador of Diabetes Ireland

Cork native, Jake O'Brien of Everton FC who made his Republic of Ireland senior debut this year announced his new role of becoming an ambassador of Diabetes Ireland.

When home in Cork to see his family in July, Jake met with some young children and teens living with Type 1 diabetes and their families who actively volunteer with the charity where he spent time answering questions from what it was like to play against Cristiano Ronaldo and Kylian Mbappe to how he manages his Type 1 diabetes on a daily basis.



As a professional footballer with Type 1 diabetes, Jake has joined stars such as Nacho Fernandez – Real Madrid captain, multiple champion league medal winner and a Euros 2024 winner with Spain who was diagnosed at 12 years of age, and past Irish internationals Alan Kernaghan who played 26 times for the Republic of Ireland and played for a host of clubs including Manchester City in the English Premier League and Gary Mabbutt, England captain and Tottenham Hotspur who both live with Type 1 diabetes.

Diagnosed at 16 years of age when he noticed he was losing, rather than gaining weight, while working out in the gym, he knew something was not quite right. After speaking to his parents who felt he was looking very pale, he went to the GP who checked his blood glucose levels which were very high and encouraged him to go to Cork University Hospital where he was diagnosed with Type 1 diabetes.

Jake said *"I didn't know very much about Type 1 diabetes, but I looked at it positively and decided right away to adapt it into my lifestyle and training and manage it effectively"*.

On becoming an ambassador of Diabetes Ireland, he continued *"I want to promote a positive message to everyone living with diabetes, especially young people and encourage them to strive to achieve their dreams and prove that diabetes is not a barrier to achieving your life goals, whatever they may be. I have kept an eye on the work of Diabetes Ireland for quite a while, and I have seen how they work to provide support to people of all ages living with diabetes and I reached out to them to see how I could help to raise awareness of diabetes, and I am delighted they asked me to be an ambassador"*.

Jake is especially keen to raise awareness of Type 1 diabetes and highlights the TEST Campaign as a hugely significant initiative in raising awareness of the symptoms of Type 1 diabetes among the wider population equipping individuals to recognise the signs early, seek help and avoid the development of Diabetic Ketoacidosis (DKA). **TEST** which is easy to remember as an acronym represents the symptoms of Type 1 diabetes. *"We all need to know the symptoms of Type 1 diabetes so we can recognise them early and take action. The symptoms are the key indicators that you or your child might have Type 1 diabetes"* said Jake.

Kieran O'Leary, CEO of Diabetes Ireland said *"we are delighted Jake approached us and offered to help us in our efforts to support the diabetes community. As a role model for children and teens living with Type 1 diabetes, I am sure his story of positivity and determination in working hard to achieve his dream of playing professional football, having the confidence to go abroad at a relatively young age, and not long after his diagnosis, to achieve his own personal goals will be a very powerful and welcoming message for families of young people with Type 1 diabetes and for the thousands of young adults living with Type 1 diabetes in Ireland."*



Diabetes Health Awareness Exhibition

As part of World Diabetes Week celebrations, a Diabetes Health Awareness Exhibition & Conference for people with diabetes and their families was held in Dublin. Over 2,000 people freely availed of Blood Pressure checks, Weight and Waist Circumference assessments and CPR Introduction sessions along with a number of education workshops for people living with Type 1 and Type 2 diabetes. There were a number of companies exhibiting on the day, showcasing the latest medical technology along with a number of healthy living stands and other diabetes-related services in attendance to answer queries from attendees.

The workshops for people with **Type 1 diabetes** focussed on the availability of, and benefits of, diabetes technology in your daily management. Together with Diabetes Technology Network (Ireland), there were interesting sessions provided by diabetes technology specialists, Dr Hannah Forde, Consultant Endocrinologist, Beaumont Hospital, who provided an overview of diabetes technologies available in Ireland and how to use them best and Ms Mary Finn, Clinical & Research Dietitian, Tallaght Hospital, who discussed using diabetes technology to understand the impact of exercise in managing your condition.

For adults with **Type 2 diabetes**, Dr Michael Lockhart, Consultant Endocrinologist, University Hospital Galway spoke about the importance of good diabetes management, understanding what the various blood tests results are telling you and how to improve them while Ms Louise Enright, Psychologist and Ms Louise McHugh, Senior Podiatrist spoke about looking after your mental health and caring for your feet respectively.



More of our 2024 highlights: ✨

FOCUS ON OUR CORK CARE CENTRE

In 2024, our Cork Care Centre was a hive of activity, with staff working hard each day to support the local diabetes community. The centre has become a valued local resource service for people seeking support and information on the many facets of diabetes and also in providing a range of practical care services in the areas of diabetic retina screening, podiatry and one to one counselling. This year, approximately 9,750 people living with diabetes physically attended the Centre to avail of one or more of our care services. A further 600 people contacted the centre to speak directly with our staff on various aspects of diabetes management.

Diabetes Ireland also focussed on providing opportunities for young local people with diabetes and their families to come together and meet other families. Local staff members, Charlotte Pearson and Marion Sheehan along with several volunteer parents, organised local activities including a fun day in Mardyke Arena, a family walk and a Christmas Party with over 90 children and their families taking part in one or more events.



They also organised a summer outing to Dunmore East Activity Centre for local adolescents with Type 1 diabetes to have some fun and meet their peers and a weekend camp in Barretstown, run in conjunction with the paediatric diabetes team in Cork University Hospital.

An event to meet Diabetes Ireland Ambassador, and Cork protégé, Jake O'Brien who plays for Everton and is Republic of Ireland senior international was also held for local families where Jake shared his experience of living with Type 1 diabetes and encouraged the children to learn to manage their diabetes effectively and to not allow it to be a barrier to achieving their life dreams.



An education meeting for parents of adolescents with Type 1 diabetes was also held in UCC where Ms Shirley Beattie, Senior Dietitian, CUH spoke on sport and nutrition for teens with diabetes.

In conjunction with the adult diabetes team in Tralee General Hospital, an information meeting was held in Tralee, Co. Kerry with 160 attendees. Speakers included Ms Shirley Beattie, Senior Dietitian, Cork University Hospital on diet and exercise and Ms Catherine Brady who spoke about her own life experience of living with Type 1 Diabetes and being a multi world championship winning kickboxer. At the same event, a ceremony to recognise the achievements of local people who have lived well with diabetes for 50 years was also held with 11 people being recognised and awarded with commemoration medals.

Behind the scenes, local staff also worked to make things easier for children with Type 1 diabetes while at school. With local paediatric diabetes experts from Cork University Hospital, we delivered a webinar to 170 schools across Cork and Kerry to help them prepare and manage any diabetes related situation that may arise during the school day. We also delivered a number of diabetes awareness events in local workplaces.

Diabetes Ireland continued its work with the Cork University Hospital (CUH) paediatric diabetes team to bring Digibete, the multi-award-winning digital diabetes self-management resource to Cork. This is a licence-based resource programme, being funded by Diabetes Ireland, and provided free to HSE paediatric diabetes teams to help improve care services to children and adolescents with Type 1 diabetes and their families. At 31 December 2024, 293 families of children and teens living with diabetes in Cork were using the programme.

Charlotte Pearson said *“our goal is to support local people with diabetes as best we can within our resources. Working with the HSE Diabetic RetinaScreen programme, the diabetes teams in the various local hospitals and other stakeholders, we are planning to do more of the same in 2025. If you, or a family member are living with diabetes and you would like some help or advice, please don’t hesitate to reach out to us”*

Unveiling the Revamped Guide: 'Living Well with Type 2 Diabetes' Booklet



Diabetes Ireland launched its newly updated “Living well with Type 2 Diabetes” booklet in April 2024. This resource serves as a valuable guide for individuals and families affected by Type 2 diabetes, offering easily understandable information from diagnosis to daily management to promote a healthy lifestyle.

Navigating a diagnosis of Type 2 Diabetes can be overwhelming due to the abundance of information available, which can often be confusing. To address this, the booklet has been divided into two sections. The first section provides essential information for individuals who are newly diagnosed, assisting them as they embark on their journey with Type 2 diabetes. The second section offers more comprehensive guidance on managing the condition on a day-to-day basis.

A notable addition to this updated version is the inclusion of a Personal Plan and record of results. This feature transforms the booklet into a comprehensive tool for information, goal setting, and tracking personal data such as blood results, blood pressure, and BMI. Additionally, it serves as a convenient place to record appointments, including retina screening schedules.

The redesign and reprint of this booklet were made possible through an educational grant from A. Menarini Pharmaceuticals Ireland Ltd.



United in Blue for World Diabetes Day 2024



Inspiring Achievement: Irish Life Marathon 2024 Raises €38,000



32 runners participated in the Irish Life Marathon 2024, showcasing individuals living with type 1 or type 2 diabetes, or those closely connected to someone affected by diabetes, and demonstrating the personal commitment and passion each member brought to the event.

Education & Support

People who avail of our services and attend our events find them informative and helpful. An estimated 308,948 people are living with diabetes in Ireland of which 272,904 live with Type 2 diabetes and 30,895 live with Type 1 diabetes. Access to reliable, trusted, clear and concise information is paramount to helping manage their condition on a daily basis. Our services are there for people living with diabetes and their families who require support in their time of need.

In 2024, Diabetes Ireland continued to provide its many services to the diabetes community ensuring that thousands of people continued to receive education, support, and motivation to maintain good management of their condition.

2024

- **Regular Education Webinars:** We continued to provide education webinars for people living with diabetes and their families. We held 2 very well attended webinars with very positive feedback from attendees. Our webinars aim to provide people with practical information around the various aspects of living daily with diabetes. The webinars covered the topics of exercise for people living with Type 1 diabetes and heart failure prevention. More than 500 people attended one or more of the webinars during the year.
- **CODE Structured Education Programme:** 14 CODE Structured Education programmes were delivered virtually to 150 participants living with Type 2 diabetes. Feedback was extremely positive with participants appreciative of being able to attend the programme from the comfort of their own homes.
- **Diabetes Smart:** 6,018 visitors to “Diabetes Smart”, our online interactive educational programme in 2024. The “Diabetes Smart” programme is based on the principles of CODE for use by GPs and people at risk and/or diagnosed with Type 2 diabetes.
- **Diabetes Ireland Helpline:** 5,322 people contacted our Diabetes Helpline in 2024. 25% of callers sought general information on diabetes management, 62% sought specific information and support on accessing services, 6% on personal advocacy issues such as insurance, school, work and HSE services and the remaining 7% sought information on upcoming events and other issues.
- **Diabetes Ireland Magazine:** Three issues of our magazine “Diabetes Ireland” were produced and disseminated to 3,700 families in 2024.
- **Monthly Ezine:** Thousands of people, including our members, received a monthly ezine bringing them the latest news, diabetes updates, events, programmes and highlights throughout the year.
- A new and updated “**Living Well with Type 2 Diabetes**” booklet was launched in April 2024. This resource serves as a valuable guide for individuals and families affected by Type 2 diabetes, offering easily understandable information from diagnosis to daily management. With support from A.Menarini Pharmaceuticals Ltd., copies of the booklet are made available in GP services and HSE Chronic Disease Management Community Hubs nationwide.
- **Diabetes Health Awareness Exhibition:** As part of World Diabetes Week celebrations, a Diabetes Health Awareness Exhibition & Conference for people with diabetes and their families was held in Dublin. Over 2,000 people freely availed of Blood Pressure checks, Weight and Waist Circumference assessments and CPR Introduction sessions along with a range of education workshops for people living with Type 1 and Type 2 diabetes. There were a wide range of companies exhibiting on the day, showcasing the latest medical

technology along with a number of healthy living stands and other diabetes-related services in attendance to answer queries from attendees.

- **Living Well with Diabetes Medal Ceremonies:** Each year, Diabetes Ireland recognises people who are living well with diabetes for more than 50 years. In 2024, ceremonies to honour this year's recipients were held in Dublin, Galway, Kerry and Sligo. Seventy-five people were honoured with 69 receiving a "50 Year Living Well With Diabetes" medal and 7 receiving a "65 Year Living Well With Diabetes" medal. This group of recipients are among a special group of 317 people who have been honoured with 17 of those receiving a 65 year medal.
- **Family Events:** We held a number of events for younger children living with Type 1 diabetes and their families with summer events in Cork and Mayo plus Christmas parties in Cork, Donegal, and Dublin. A Family Weekend was also held in Donegal. 116 families attended one or more of these events.
- **Teen Camp:** The sun came out and shone brightly for this year's Teen Camp in Barretstown. The parents left, the fun began and didn't stop. From Silly Olympics to horse riding, kayaking, archery, creative theatre, dancing and performing to most importantly making new friends, it was all go. A massive thank you to all of the paediatric diabetes medical team and volunteers from Diabetes Ireland, Cork University Hospital and Children's Hospital Ireland (Temple Street) who gave up their weekend to make this happen. They along with Barretstown staff and Cara's were fantastic but it was our remarkable 36 teens who truly stole the spotlight. The weekend was not only filled with fun and adventure but also fostered countless new friendships, underscoring the immense value of the Camp experience.
- **Teen Activity Day:** Forty-seven teenagers attended venues in Waterford and Roscommon for this year's event. Supported by diabetes nurses, volunteers and Diabetes Ireland staff, a fantastic day was had by all with the teens doing a series of land and water-based activities such as Boda Borg, kayaking, wall climbing, paddle boarding, Wibit Aquapark and good old pier jumping, everyone made lots of new friends making it a great day for all.
- **Carers Diabetes Education Programme:** We delivered 5 Carers Diabetes Education Programmes to 94 professional carers/staff working in Nursing Homes, Residential Homes, and Intellectual Disability Centres nationwide. The programme promotes the benefits of healthy food choices in modifying risk factors for people at risk of developing, or with, Type 2 diabetes.
- **Schools Diabetes Awareness Programme:** We delivered 18 education sessions to over 650 teachers and special needs assistants on managing Type 1 diabetes during school hours. In conjunction with Cork University Hospital diabetes paediatric team, we held a further session for 170 schools across the counties of Cork and Kerry.
- **Diabetes Mental Health & Emotional Wellbeing Support Programme:** Work on developing this programme continued in 2024. Read more about the programme on page 9.
- **Digibete Self-Management App & Video Platform:** In February, Diabetes Ireland launched the multi-award-winning DigiBete Self-Management App and Video Platform in Ireland. With support from West Pharmaceutical Services, Diabetes Ireland purchased the licence to bring the app to Ireland. The App helps to improve care for children and young people with diabetes by helping them manage their condition more effectively and provides an easy cost-free communication stream for hospital paediatric diabetes teams to engage with families to provide clinical advice and information. The App is available to children and young people with diabetes and their families through their paediatric diabetes team in early 2024. See article below.

HUNDREDS OF FAMILIES OF CHILDREN AND TEENS LIVING WITH TYPE 1 DIABETES IN IRELAND ARE USING DIGIBETE

Since its launch in February 2024, approximately 1,170 families of children and teens with Type 1 diabetes in Ireland, with an average diagnosis of 4 years, have registered to use the multi award winning DigiBete Self-Management App and Video Platform.

The App supports children and adolescents with Type 1 diabetes and their families by giving them a place to organise their diabetes appointments, ongoing care, and receive access to relevant educational resources. Families can access age appropriate diabetes information such as quizzes, videos, food & exercise support.

Families can also develop a record of personalised information about their diabetes care, set reminders of their clinic appointments and receive invites to various family events, education workshops and much more.

DigiBete data shows that the education videos on the app have been viewed 7,673 times by users and the quiz was completed by 863 users with an average score of 64% meaning that users were learning new information about Type 1 diabetes management.

The data also shows that where paediatric diabetes teams have actively promoted the app to their families, take up is excellent. To date, 15 paediatric diabetes clinic teams have completed their training with 10 actively onboarding their families to the app.

A huge benefit for paediatric diabetes teams is that they can share accurate and timely clinical advice and information directly with all their families, send appointment reminders and share diabetes management advice such as sick day rules and good care reminders in a matter of minutes, saving a lot of time in their day.

Christina Hamilton, Diabetes Ireland said *“We are delighted to now see 33% of families using DigiBete. With support from West Pharmaceutical Services, Diabetes Ireland is able to make the licenced app available freely in Ireland to support children and young people with diabetes and their families and paediatric diabetes teams nationwide. It also allows us to reach families more directly to offer our services and extend invites to our family events. I would hope to see the remaining paediatric diabetes teams who have completed the training start to onboard their families this year making it available to an even larger audience”.*

To access the App, families need to contact their diabetes team to obtain a code and easy self-registration instructions, and we would encourage all families to speak to their team today or at their next appointment. Meanwhile, families can access the education resource platform by visiting www.diabetes.ie.

Maddie Julian, DigiBete CEO said *“the App is already used widely in the UK with over 95% of paediatric and young adult clinics using the App and 98% of patients registered and using the resources. This is a great start for Ireland, and we will continue to work with Diabetes Ireland and the diabetes clinic teams to make access to the app as widely available as we can”.*

DigiBete continues to add new information sections to the platform and are now beginning to add Irish related information which is a further benefit for Irish users. This includes a comprehensive “Schools Training” platform to help teachers and SNAs to learn about and manage students with type 1 diabetes during school hours.

DigiBete has also collaborated with Breakthrough T1D (formerly JDRF) to co-create information on a new “Emotional Wellbeing” section for children and teens living with type 1 diabetes. There are further plans to launch a new “Carb Counting” functionality within the app in the not too distant future.

“In 2025, access to the app will also be extended to young adults with diabetes. We have just started reaching out to young adult diabetes clinic teams in Ireland offering them an opportunity to receive some training which will enable them to onboard their 16-25 year olds living with diabetes” added Ms Hamilton.

Diabetes Ireland has partnered with West Pharmaceutical Services, a global leader in innovative solutions for injectable drug administration to support the rollout of DigiBete in Ireland. *“We are excited to partner with Diabetes Ireland to help bring this important resource to families of children and young people living with diabetes in Ireland, which will enable them to access support and manage their condition more effectively,”* said Aileen Kinsella, VP & General Manager, Global Pharma at West.

Diabetes Awareness in the Community

The prevalence of both Type 1 and Type 2 diabetes in Ireland is increasing with an estimated 12,000 – 14,000 newly diagnosed each year, with the majority of these diagnosed with Type 2 diabetes. Through our services, we aim to raise awareness of diabetes in the community and foster programmes for the early detection and prevention of diabetes complications and its burden. Having a healthy lifestyle and being active plus regular interaction with a GP/Diabetes Team can help reduce one's risk of developing diabetes-related complications.

2024

- In 2024, 229,000 visitors accessed www.diabetes.ie.
- Over 1,937 people completed our online Type 2 Diabetes Risk Assessment test on www.diabetes.ie. Based on being low, moderate or at high risk of having undiagnosed Type 2 diabetes, they were signposted to take appropriate action. 50% were classified as either at high or moderate risk of developing Type 2 diabetes.
- On 31 December 2024, 33,293 friends follow Diabetes Ireland on our various social media platforms.
- As part of our **“Back to School”** Awareness Campaign, we once again disseminated the HSE booklet “Meeting the Care Needs of Primary School Children with Type 1 Diabetes during School Hours” to schools and parents. The campaign aims to help teachers, SNAs, parents and diabetes teams with the transition for children with diabetes heading back to school. The booklet provides useful information and a number of tools and easy-to-follow actions to help school staff to understand Type 1 diabetes and the needs of their pupil. It sets out clear guidelines that help structure the conversation and preparations between the family, diabetes team, and school staff. It explains diabetes and diabetes management to teachers and school staff and sets out clear lines of responsibility for all partners. It also helps to help to determine the need for non-teaching support (Special Needs Assistance) and for the first time presents different levels of support needs for children with diabetes based on age and diabetes management skills. We also provided 18 education webinars for 836 school staff to help them prepare and manage any diabetes related situation that may arise during the school day. With paediatric diabetes staff from Cork University Hospital, we also provided a further webinar attended by staff from 170 schools across Cork and Kerry.
- In 2024, with the help and support of our Ambassador Jake O’Brien of Everton FC and Republic of Ireland, we continued to promote the collaborative TEST campaign between Diabetes Ireland and the Irish Childhood Diabetes National Register to raise awareness among the general public about the symptoms of Type 1 diabetes. Equipping individuals to recognise these signs early, seek help and avoid the development of Diabetic Ketoacidosis (DKA). TEST, which stands for Thirst (increased), Energy (reduced), Sudden (weight change), and Toilet (trips increased) highlight the symptoms of Type 1 diabetes in you or someone you know, warranting an urgent blood glucose or urine test. These symptoms apply to adults as well as children. The campaign has reached an audience of over 2.4 million to date.
- We also supported the HSE awareness campaigns promoting the importance of the Influenza vaccine for people with diabetes.

- We completed 13 radio interviews in the period reaching an audience of over 1 million people. All interviews were broadly related to our advocacy and awareness campaigns, World Diabetes Day plus living with, and understanding, diabetes as a serious health issue. A further 12 articles, with contributions from Diabetes Ireland, appeared in the print media on multiple diabetes related issues reaching over 1 million readers throughout the year.
- Our health promotion team delivered 31 Diabetes Information sessions to a range of groups such as Men's and Women's Sheds, medical students and workplace staff, and contributed to a HSE podcast on diabetes for World Diabetes Day in 2024.

Direct Patient Services

Diabetes Ireland provides direct diabetes care services in its Care Centres in Dublin and Cork. These services are in the areas of podiatry (footcare) and counselling. Our intention is to provide access to services that are difficult to access via the public health service to help individuals maintain good diabetes control and high quality of life. The HSE's Diabetic Retinopathy Screening programme is also based in both centres. The Centres are open 5 days per week serving the local diabetes populations.

2024

- On 31 December 2024, our podiatry service in Dublin had a client base of 2,717 individuals who regularly attend for footcare appointments to ensure they do not develop foot ulcers which can lead to lower limb amputation if not treated effectively and in a timely manner. 76% of the clients who attend the service had diabetes with the remainder primarily consisting of client family members and people with arthritis and other conditions who were referred to the service.
- On 31 December 2024, our podiatry service in Cork had a client base of just over 2,062 clients who regularly attend for footcare appointments to ensure they do not develop foot ulcers which can lead to lower limb amputation if not treated effectively and in a timely manner. 72% of the clients who attend the service had diabetes with the remainder primarily consisting of client family members and people with arthritis and other conditions who were referred to the service.
- In both Care Centres, there is also access to the National Diabetes Retinopathy Screening programme for people with diabetes living in the Northside of Dublin and in Cork City.

Supporting Our Diabetes Healthcare Professionals

An extremely important element of Diabetes Ireland's work is supporting the thousands of healthcare professionals so they can provide a more enhanced standard of care for all people with diabetes. We aim to do this by providing opportunities for them to come together to learn from best international guidance and expertise, keep them updated on latest developments in the areas of diabetes care and research.

2024

- In May 2024, Diabetes Ireland hosted its annual diabetes healthcare professional conference (DICE). DICE provided an opportunity for 300 healthcare professionals to update their knowledge on diabetes developments in the areas of paediatric diabetes, diabetes in pregnancy and adult diabetes services. The conference is a cross-profession event with a combined audience of Endocrinologists, GPs, DSNs, Practice nurses, Dietitians and Podiatrists and others working in the area of Diabetes. This is a conference for all staff working in adult, paediatric and diabetes pregnancy services on the island of Ireland.
- Also in May 2024, for the first time ever in Ireland, a conference focusing on diabetes technologies was held in Dublin and a new healthcare professional (HCP) group "Diabetes Technology Network Ireland (DTN IRL)" was launched. The conference for HCPs was developed by Consultant Endocrinologists Tomás Griffin, Hannah Forde and Una Graham who co-operated to bring the UK-based "Diabetes Technology Network" to Ireland. Supported by Diabetes Ireland, 160 healthcare professional delegates took part in the inaugural conference to hear about plans to develop a DTN Ireland network and learn from a range of national and international experts in diabetes technology.
- Three issues of our **HCP Di-Zine**, which provides diabetes healthcare professionals with the latest updates on product announcements, and updates, both clinical and research updates and upcoming events were widely disseminated in 2024.
- With Medmedia, Diabetes Ireland also issues a magazine "Diabetes & Cardiology" to over 5,000 healthcare professionals four times per annum.
- With Ascensia, we held 2 education webinars for Practice Nurses on managing Type 2 diabetes. 185 nurses registered to attend one or more of the webinars.
- Through its Research Committee, Diabetes Ireland continued to promote, support research related to the causes, prevention, and cure of diabetes. Through the support of its committee, Diabetes Ireland collaborated in research study applications, provided guidance on expert panels and helped secure funding for new projects, fast-tracked recruitment processes when appropriate in the endeavour to move Irish diabetes research forward. Irish Researchers were offered opportunities to minimise the development of diabetes and its complications where possible and support people living with diabetes to retain their optimal health. Diabetes Ireland worked with multidisciplinary research teams, academic students and professional clinicians all working towards improved outcomes for people with diabetes.

Diabetes Advocacy

Diabetes Ireland leads the way in advocating for more resources for diabetes services nationally. Diabetes Ireland is represented on both the HSE National Clinical Programmes for both adult's and children's diabetes services. Diabetes Ireland also has an Advocacy Committee consisting of people living with Type 1 diabetes and Type 2 diabetes, parents of children with diabetes and advocacy staff.

Advocacy was once again a main priority of Diabetes Ireland in 2024. Our overall aim is to see improved public services, better and quicker access to new diabetes technology and medications and better recognition of diabetes by the Government and its public officials. Work is continuously ongoing to achieve improvements which will benefit the diabetes community.

2024

- Finally, after many years of constant advocacy, the announcement by the Minister for Health, Stephen Donnelly TD, to establish a Diabetes Policy and Services Review to provide a report to identify gaps in current services and make recommendations as well as proposing a set of actions to improve diabetes service delivery and patient outcomes throughout Ireland was very warmly welcomed by the diabetes community. Work on the development of the report took place in the latter part of the year with plans to submit the final report to the Minister for Health in early 2025.
- Diabetes Ireland continued to support and work with the Cross-Party Parliamentary Group on diabetes, chaired by Cormac Devlin TD to bring the same message to the Minister for Health and his Department, HSE Officials and other stakeholders. Up until the general election, the Group worked closely with the various HSE National Clinical Programme Leads for adult and paediatric diabetes services to meet with TDs and Senators to highlight the positive benefits of investment in HSE diabetes services.
- Along with other stakeholders, Diabetes Ireland worked to develop and launch a new "Language Matters" guide to enhance communication regarding people with diabetes. This short Irish Language Matters guide aims to raise awareness of how improving communication with and about people with diabetes can make a difference in supporting people living with the condition. It was developed to support people working in the media as well as the general public in Ireland. In essence, the manner in which we speak about various types of diabetes holds a lot of significance for our community.
- In November, Diabetes Ireland ran "An Ask Your Local Candidates" Diabetes Initiative for the General Election. Many people with diabetes sought a commitment from their local candidates to support the launch and implementation of the National Diabetes Strategy and Services Review.
- Diabetes Ireland also provided advocacy support to 6% of callers to its helpline in 2024. These were in the areas of insurance cover, workplace, school and HSE service issues.
- Locally, many of our advocates worked tirelessly to highlight deficiencies in local diabetes services and advocated for extra resources. Diabetes Ireland working through the various committees and working in conjunction with all stakeholders will continue to advocate for the launch of the Department of Health report so that we will see improvement of diabetes services nationally and for access to new medications and technologies that will improve diabetes control for many people with diabetes.

Structure, Governance and Management

The governing body of the charity is the Board of Directors which can consist of at least 3 and not more than 10 individuals. In 2024, the Board of Directors consisted of 8 members and met 3 times. The Board oversees the business and affairs of the Charity. The Board and committees all include a mix of individuals with Type 1 or Type 2 diabetes, healthcare professionals and a mix of gender, skills, geography, and experience.

Other committees in place are:

- A Management and Finance Committee that assists in the development of policy, maintains financial accountability to meet the costs of the organisation's activity programme and assists the CEO in the day-to-day management of the organisation. An audit sub-committee whose role is to provide oversight on the charity's systems of internal control and financial reporting and the independence and effectiveness of the external auditors reports to this committee annually. The audit sub-committee also met in 2024.
- The Board delegates day-to-day management of the charity to the Chief Executive who is supported by the Management & Finance Committee which met virtually 6 times in 2024. The Chief Executive also attends Board of Directors meetings.
- Quality & Safety Committee to develop, deliver, implement, and evaluate a comprehensive quality and safety programme for Diabetes Ireland HSE-supported services and care centres. The committee met once in 2024.
- Diabetes Ireland Advocacy Committee which works to see improved public services, better and quicker access to new diabetes technology and medications and better recognition of diabetes by the Government and its public officials. The committee met once in 2024.
- Diabetes Research Committee to promote, support and fund research related to the causes and prevention of diabetes, and into improvements in the management of the condition and its complications and to prioritise and progressively increase funding for research in Ireland. The committee met twice in 2024.

All Directors and other committee members give their time freely and receive no benefits from the charity other than travel expenses.

Finance & Fundraising

Diabetes Ireland is financed by a mix of statutory, corporate, and voluntary donations. In the 12 months to 30 June 2024, the organisation made a profit of €35,032.

The latest available annual audited accounts to 30 June 2024 (from page 30 onwards) show income of €1,618,280 for the 12-month period and expenditure for the same period of €1,583,248 giving a net profit of €35,032 for the period. The balance sheet showed a reserve of €1,482,920 on 30 June 2024.

Expenditure is split between direct costs of services which are attributable to the provision of our services and include all salaries of non-administrative staff and costs associated with the provision of our services and direct costs of administration which include administrative and fundraising staff costs plus general office overhead costs.

Statutory funding from the Health Service Executive accounted for 20% of total income with the remaining 80% generated via other income streams such as corporate and community fundraising, membership, personal donations, services income, and legacies. The total of legacy bequests in the period totalled €95,526.

Without the fundraising support from thousands of people each year, Diabetes Ireland would not be able to provide its broad range of services. Throughout this report, we highlight some of the people who raised vital funds for Diabetes Ireland in 2024. Diabetes Ireland is very appreciative of everyone who raised vital funds to help us maintain our services during the year.

In 2025, Diabetes Ireland will continue to strive to maintain its services to meet the needs of the diabetes community in Ireland.

Charity Registration No. 20013899

Company Registration No. 27655

DIABETES FEDERATION OF IRELAND
(A company limited by guarantee)

ANNUAL REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 30 JUNE 2024

DIABETES FEDERATION OF IRELAND

LEGAL AND ADMINISTRATIVE INFORMATION

Directors	Philip Miesle Cormac Gollogly Collette McLoughlin Daniel McDaid Hilary Hoey Patrick Power Barbara Scott Marie Ronan
Secretary	Daniel McDaid
Charity Regulator Authority number	20013899
Company number	27655
CHY number	6906
Principal address	19 Northwood House Northwood Business Campus Santry Dublin 9
Registered office	19 Northwood House Northwood Business Campus Santry Dublin 9
Auditor	UHY Farrelly Dawe White Limited Unit 4A Fingal Bay Business Park Balbriggan Co. Dublin
Bankers	Allied Irish Bank 40/41 Westmoreland Street Dublin 2 Bank of Ireland O'Connell Street Dublin 1
Solicitors	Martin C Ryan & Company Solicitors 132 Harold's Cross Road Harold's Cross Dublin 6W

DIABETES FEDERATION OF IRELAND

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DIABETES FEDERATION OF IRELAND

DIRECTORS' REPORT

FOR THE YEAR ENDED 30 JUNE 2024

The directors present their annual report and financial statements for the year ended 30 June 2024.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's constitution, the Companies Act 2014 and FRS 102 the Financial Reporting Standard applicable in the UK and Republic of Ireland (Generally accepted Accounting Practice in Ireland) issued by the Financial Reporting Council. The charity has applied the recommendations contained in Charities SORP (FRS 102).

1. Summary of Objectives and Principal Activities

Organisation background

Diabetes Federation of Ireland (trading as "Diabetes Ireland") is the national charity dedicated to helping people with diabetes. It achieves this by providing support, education and motivation to all people affected by diabetes. The charity also raises public awareness of diabetes and its symptoms, fosters programmes for the early detection and prevention of diabetes complications and supports advances in diabetes care and research that will improve standards of care and quality of life for people with diabetes.

Mission statement

To provide a quality service in improving the lives of people affected by diabetes and working with others to prevent and cure diabetes.

Objectives and activities

- To provide support, education, and motivation to people with diabetes, their families, and friends.
- To raise awareness of diabetes in the community and foster programmes for early detection and prevention of diabetes complications and its burden.
- To support and encourage advances in diabetes care and research that improves quality of life and standards of care.

Our services

- Provide support and information to people with diabetes and their families via our Diabetes Helpline (01 842 8118) Mon-Fri 9am to 5pm.
- Provide information via our website (www.diabetes.ie), social media, literature, and our magazine, "Diabetes Ireland" which is delivered directly to members.
- Deliver regular "Diabetes education" webinars and online programmes with practical information around the challenges of living with diabetes.
- Deliver our Type 2 diabetes structured education programme (CODE) to people living with Type 2 diabetes.
- Provide preventative podiatry (footcare) services in our care centres in Dublin and Cork. The HSE's Diabetic Retinopathy Screening programme is also based in both centres.
- Advocate and influence public policy for improvements in public diabetes services nationwide and quicker access to new medications and technology that will help people with diabetes to improve daily management of their condition.
- Provide advice on all aspects of insurance cover including mortgage protection, private motor insurance and anti-discrimination advice.
- Deliver a wide range of health promotion initiatives to increase awareness of diabetes including school's awareness, workplace awareness, early detection and prevention initiatives.
- Provide diabetes awareness and prevention education for public and private service providers caring for people with diabetes in residential and Day Care settings.
- Provide peer support, education and events for children with diabetes and their families such as teenage activities, family picnics, parties and weekends and parent support workshops.
- Provide professional support to healthcare professionals via annual multi-disciplinary conferences, practice support packs and our Diabetes & Cardiology Professional magazine.
- Promote, support and fund research that encourage advances in diabetes care and research to improve quality of life and standard of care.

DIABETES FEDERATION OF IRELAND

DIRECTORS' REPORT (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2024

2. Structure, Governance and Management

Directors and Secretary

The directors who served during the year and up to the date of signature of the financial statements were:

Philip Miesle	
Cormac Gollogly	
Collette McLoughlin	
Gerard Gallagher	(Resigned 20 September 2023)
Daniel McDaid	
Hilary Hoey	
Patrick Power	
Gerald Henry Tomkin (RIP)	(Resigned 12 July 2023)
Barbara Scott	
Marie Ronan	

The secretary who served throughout the year was Daniel McDaid

Governing document

The organisation is a charitable company limited by guarantee, incorporated on 29 November 1968. The company does not have a share capital and consequently the liability of members is limited, subject to an undertaking by each member to contribute to the net assets or liabilities of the company on winding up such amounts as may be required not exceeding €1.00.

The company's constitution establishes the objects and powers of the charitable company and is governed under its constitution and managed by a board of directors.

The Governance Code

Diabetes Federation of Ireland has a responsibility to provide and follow a code of good practice when it comes to how our organisation is run. In 2016, Diabetes Federation of Ireland obtained full compliance with the Code of Practice for Good Governance of Community, Voluntary and Charitable Organisations in Ireland. The Governance Code is based on five main principles and Diabetes Federation of Ireland is committed to adhering to these principles.

The company has been granted charitable status under Sections 207 and 208 of the Taxes Consolidation Act 1997, Charity No CHY 6906.

Directors and responsibilities

The directors of the company are also charity trustees for the purposes of charity law.

The board is committed to achieving high standards of governance. Board members do not receive any remuneration in respect of their services to the charity. Expenses are reimbursed where claimed. There have been no contracts or arrangements entered during the financial year in which a Board member was materially interested, or which were significant in relation to the charity's activities.

Board members induction training

Most board members are already familiar with the practical work of the charity having been involved with the charity for a number of years. Additionally, new members are encouraged to familiarise themselves with the charity and the context within which it operates.

- The obligations of board members.
- The main documents which set out the operational framework for the charity including its constitution.
- Resourcing and the current financial position as set out in the latest published accounts.
- Future plans and objectives.

DIABETES FEDERATION OF IRELAND

DIRECTORS' REPORT (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2024

Risk management/Principal risks and uncertainties

The directors have identified that the key risks and uncertainties the charity faces relate to the risk of a decrease in the level of fundraising and the potential increase in compliance requirements in accordance with company, health and safety, taxation, and other legislation.

The directors closely monitored the income and expenditure for the year and successfully put plans in place to avoid a more significant loss in the period. The directors have forecast a breakeven budget for the next financial year.

The charity mitigates these risk factors as follows: (i) the charity continually monitors the level of activity, prepares and monitors its budgets targets and projections (ii) the charity closely monitors emerging changes to regulations and legislations on an ongoing basis.

Internal control risks are minimised by the implementation of procedures for authorisation of all transactions and projects. Procedures are in place to ensure compliance with health and safety of staff, volunteers, and clients.

Organisational structure

Diabetes Federation of Ireland has a board of directors who meet regularly and are responsible for the strategic direction and policy of the charity. At present the board has eight members from a variety of professional backgrounds relevant to the work of the charity.

Related parties and wider network

Diabetes Ireland Research Alliance is a connected charity of Diabetes Federation of Ireland. The Diabetes Ireland Research Alliance has the specific aim of promoting, supporting and funding research related to causes, prevention, management and cure of diabetes. Diabetes Ireland Research Alliance ceased trading in June 2023 and voluntary strike off processes are now complete. The work and remaining funds of Diabetes Ireland Research Alliance were transferred to Diabetes Federation of Ireland and a new Diabetes Research sub-committee was formed under the auspices of the board.

3. Achievement and Performance

Being Ireland's national charity solely dedicated to helping people with diabetes and their families brings enormous responsibility and makes reaching our mission to provide quality services and improve the quality of life for people living with diabetes extremely important.

The period was extremely busy for the charity as it once again looked to embrace in-person events for the diabetes community with the relaunching of events such as the Diabetes Health Awareness Exhibition, Teen Activity Day, Family weekend, summer picnics and Christmas parties plus DICE (our annual healthcare professional conference).

We continued our virtual education programmes delivering our CODE programme and education webinars for people with diabetes and their families. We also continued to support thousands of people through our helpline, monthly ezines, members magazine and via our various social media platforms. Work on the development of our Emotional Wellbeing Programmes also began and in addition we embarked on the redevelopment of our website.

New awareness campaigns were successfully delivered, encouraging people with diabetes to request a test to assess their heart failure risk, the relaunch of our TEST campaign to raise awareness of Type 1 diabetes symptoms and our Back-to-School awareness campaign to support and prepare students with Type 1 diabetes for heading back to school.

Perhaps, the most significant initiative undertaken was our first ever survey highlighting the lived experience of people with diabetes in Ireland. The results from the survey of over 500 people living with diabetes, parents and carers provided very valuable information to help us define their needs and our efforts to improve the delivery of public services, better and quicker access to good quality of care, diabetes technology and medications for everyone.

DIABETES FEDERATION OF IRELAND

DIRECTORS' REPORT (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2024

Advocacy was once again a main priority of Diabetes Ireland. We continue to seek better recognition of diabetes by the Government and its public officials and we work continuously to achieve improvements that will benefit the diabetes community. Diabetes Ireland launched its 2024 pre-budget submission in the summer of 2023 which proposed the setting up of a taskforce to develop a 10-year National Diabetes Strategy and also improved access to continuous glucose monitoring (CGM).

The establishment of a diabetes taskforce to develop a 10-year National Diabetes Strategy will provide vision, leadership, and direction for optimum care of people with diabetes and their families. It will enable the HSE recruit the necessary staff to improve the health and quality of life of people living with diabetes and reduce the long-term costs to the health service of avoidable diabetes complications. We are extremely hopeful that we will see this come to fruition in the near future.

Acceptance of HIQA recommendations by the Minister for Health following a review of the evidence in relation to CGM systems and to inform decision-making by the HSE as to whether reimbursement for CGM systems in the Irish healthcare system should be extended to additional adult populations with Type 1 diabetes was warmly welcomed in December 2023. The most notable recommendation being the removal, after 5 years of advocacy, of the age barrier for Freestyle Libre, giving access to the system for all people with Type 1 diabetes based on clinical need. Access to CGM is still a continuing issue for people with Type 2 diabetes and we will continue to advocate on this issue going forward.

Both our Diabetes Ireland care centres in Cork and Dublin continue to be extremely busy with high numbers attending and being successfully treated in each centre. As well as providing podiatry, diabetic retina screening and counselling services, the centres are also a fantastic resource for people seeking support and information on the many facets of diabetes, both for those who have been recently diagnosed and for those who have been living years with the condition and need some additional support to manage their condition more effectively.

In the period, Diabetes Ireland continued to provide its services to the diabetes community ensuring that thousands of people continued to receive education, support, and motivation to maintain good management of their condition.

Diabetes Ireland also finished bank loan repayments for its head office premises in Santry, Dublin ensuring strong equity in the charity and also providing a permanent home for the first time in the life of the charity.

4. Financial and Operations Review

Financial results

The surplus for the year after providing for depreciation amounted to €35,032 (2023: Deficit €72,546).

At the end of the year, the company has assets of €1,599,443 (2023: €1,717,628) and liabilities of €116,523 (2023: €269,740). The net assets of the company have increased by €35,032.

Principal funding sources

The principal funding sources of the charity are currently through a variety of sources:

- Memberships
- Statutory funding
- Fundraising
- Services and clinic income
- Merchandise income

Statement of Guiding Principles for Fundraising

Diabetes Federation of Ireland is committed to complying with the Statement of Guiding Principles for Fundraising. The Statement of Guiding Principles for Fundraising is a guide to best practice developed by a steering group set up in response to the Charities Act 2009.

Investment policy

It is the policy of the charity that funds not immediately required for operational purposes are invested in interest bearing deposit accounts in major financial institutions in Ireland that are subject to the statutory regulatory regime.

DIABETES FEDERATION OF IRELAND

DIRECTORS' REPORT (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2024

Reserves policy

Unrestricted funds represent amounts which are expendable at the discretion of the directors and committee in furtherance of the objectives of the charity and which have not been designated for other purposes. Such funds may be held in order to finance working capital or capital expenditure.

Restricted funds represent grant income and donations received which are subject to specific conditions imposed by the donors or grant making institutions. They are not available for the general purpose of the charity.

Funds held as custodian trustee on behalf of others

The charity or its trustees do not hold any funds or other assets by way of a custodian arrangement.

Auditor

In accordance with the company's constitution, a resolution proposing that UHY Farrelly Dawe White Limited be reappointed as auditor of the company will be put at a General Meeting.

Post reporting date events

There have been no significant events affecting the company since the year end.

Accounting records

To ensure that adequate accounting records are kept in accordance with sections 281 to 285 of the Companies Act 2014, the directors have employed appropriately qualified accounting personnel and have maintained appropriate computerised accounting systems. The accounting records are located at the company's office at 19 Northwood House, Northwood Business Campus, Santry, Dublin 9.

Disclosure of information to auditor

Each of the directors in office at the date of approval of this annual report confirms that:

- so far as the director is aware, there is no relevant audit information of which the company's auditor is unaware, and
- the director has taken all the steps that he / she ought to have taken as a director in order to make himself / herself aware of any relevant audit information and to establish that the company's auditor is aware of that information.

This confirmation is given and should be interpreted in accordance with the provisions of section 330 of the Companies Act 2014.

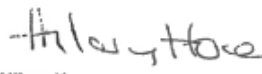
The directors' report was approved by the Board of Directors.



Daniel McDaid

Director

Dated: 21 October 2024



Hilary Hoey

Director

Dated: 21 October 2024

DIABETES FEDERATION OF IRELAND

STATEMENT OF DIRECTORS' RESPONSIBILITIES

FOR THE YEAR ENDED 30 JUNE 2024

The directors are responsible for preparing the Directors' Report and the financial statements in accordance with applicable Irish law and regulations.

Irish company law requires the directors to prepare financial statements for each financial year. Under the law the directors have elected to prepare the financial statements in accordance with the Companies and Act 2014 and Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland". Under company law, the directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the assets, liabilities and financial position of the company as at the financial year end date and of the surplus or deficit of the company for the financial year and otherwise comply with the Companies Act 2014.

In preparing these financial statements, the directors are required to:

- select suitable accounting policies for the company financial statements and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether the financial statements have been prepared in accordance with applicable accounting standards, identify those standards, and note the effect and the reasons for any material departure from those standards; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for ensuring that the company keeps or causes to be kept adequate accounting records which correctly explain and record the transactions of the company, enable at any time the assets, liabilities, financial position and surplus or deficit of the company to be determined with reasonable accuracy and enable them to ensure that the financial statements and Directors' Report comply with the Companies Act 2014 and enable the financial statements to be audited. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the directors are aware:

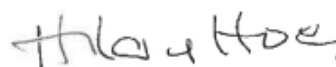
- there is no relevant audit information (information needed by the company's auditor in connection with preparing the auditor's report) of which the company's auditor is unaware, and
- the directors have taken all the steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the company's auditor is aware of that information.

Signed on behalf of the board


Daniel McDaid

Director

Dated: 21 October 2024



Hilary Hoey

Director

Dated: 21 October 2024

DIABETES FEDERATION OF IRELAND

INDEPENDENT AUDITOR'S REPORT

TO THE MEMBERS OF DIABETES FEDERATION OF IRELAND

Opinion

We have audited the financial statements of Diabetes Federation of Ireland ('the charity') for the year ended 30 June 2024, which comprise the statement of financial activities, the balance sheet, the statement of cash flows and notes to the financial statements, including the summary of significant accounting policies set out in note 1. The financial reporting framework that has been applied in their preparation is Irish Law and Financial Reporting Standard 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland* issued in the United Kingdom by the Financial Reporting Council, as modified by the Charities SORP (FRS 102).

In our opinion the financial statements:

- give a true and fair view of the assets, liabilities and financial position of the charity as at 30 June 2024 and of its surplus for the year then ended;
- have been properly prepared in accordance with FRS 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland*, as modified by the Charities SORP (FRS 102); and
- have been properly prepared in accordance with the requirements of the Companies Act 2014.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (Ireland) (ISAs (Ireland)) and applicable law. Our responsibilities under those standards are described below in the *Auditor's responsibilities for the audit of the financial statements* section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of financial statements in Ireland, including the Ethical Standard for Auditors (Ireland) issued by the Irish Auditing and Accounting Supervisory Authority (IAASA), and the provisions available for small entities, in the circumstances set out in note 27 to the financial statements, and we have fulfilled our other ethical responsibilities in accordance with these requirements.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the directors' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from the date when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the directors with respect to going concern are described in the relevant sections of this report.

However, because not all future events or conditions can be predicted, this statement is not a guarantee as to the company's ability to continue as a going concern.

Other information

The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. The directors are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and we do not express any form of assurance conclusion thereon.

Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

DIABETES FEDERATION OF IRELAND

INDEPENDENT AUDITOR'S REPORT (CONTINUED)

TO THE MEMBERS OF DIABETES FEDERATION OF IRELAND

Opinions on other matters prescribed by the Companies Act 2014

Based solely on the work undertaken in the course of the audit, we report that in our opinion:

- the information given in directors' report, which for the purposes of company law, is consistent with the financial statements; and
- the directors' report has been prepared in accordance with applicable legal requirements.

We have obtained all the information and explanations which we consider necessary for the purposes of our audit.

In our opinion the accounting records of the company were sufficient to permit the financial statements to be readily and properly audited, and the financial statements are in agreement with the accounting records.

Matters on which we are required to report by exception

Based on the knowledge and understanding of the company and its environment obtained in the course of the audit, we have not identified any material misstatements in the directors' report.

We have nothing to report in respect of our obligation under the Companies Act 2014 to report to you if, in our opinion, the disclosures of directors' remuneration and transactions specified by sections 305 to 312 of the Act are not made.

Responsibilities of directors for the financial statements

As explained more fully in the statement of directors' responsibilities, the directors are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the directors determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error. In preparing the financial statements, the directors are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the directors either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (Ireland) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

A further description of our responsibilities for the audit of the financial statements is located on the IAASA's website at: <https://iaasa.ie/publications/description-of-the-auditors-responsibilities-for-the-audit-of-the-financial-statements/>. This description forms part of our auditor's report.

DIABETES FEDERATION OF IRELAND

INDEPENDENT AUDITOR'S REPORT (CONTINUED)

TO THE MEMBERS OF DIABETES FEDERATION OF IRELAND

The purpose of our audit work and to whom we owe our responsibilities

This report is made solely to the company's members, as a body, in accordance with section 381 of the Companies Act 2014. Our audit work has been undertaken so that we might state to the company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company and the company's members, as a body, for our audit work, for this report, or for the opinions we have formed.



Thomas McDonagh

For and on behalf of UHY Farrelly Dawe White Limited

Chartered Certified Accountants

Statutory Auditor

Unit 4A

Fingal Bay Business Park

Belbriggan

Co. Dublin

Ireland

21-10-2024

DIABETES FEDERATION OF IRELAND

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 30 JUNE 2024

		Unrestricted funds 2024	Restricted funds 2024	Total Unrestricted funds 2024	Restricted funds 2023	Total
	Notes	€	€	€	€	€
Income from:						
Donations and legacies	3	753,145	-	753,145	633,739	633,739
Charitable activities	3	90,478	289,044	379,522	61,774	333,279
Other activities	3	435,605	-	435,605	421,577	421,577
Other income	3	4,408	45,600	50,008	6,374	6,374
Total income		1,283,636	334,644	1,618,280	1,123,464	1,394,969
Expenditure on:						
Charitable activities and other costs	4	1,294,155	289,093	1,583,248	1,197,194	1,467,515
Net (outgoing)/incoming resources before transfers		(10,519)	45,551	35,032	(73,730)	1,184
Transfers between funds		-	-	-	1,184	(1,184)
Net movement in funds		(10,519)	45,551	35,032	(72,546)	-
Reconciliation of funds						
Fund balances at 1 July 2023		1,447,888	-	1,447,888	1,520,434	-
Fund balances at 30 June 2024	20	1,437,369	45,551	1,482,920	1,447,888	-

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

DIABETES FEDERATION OF IRELAND

BALANCE SHEET

AS AT 30 JUNE 2024

	Notes	2024 €	€	2023 €	€
Fixed assets					
Tangible assets	10	493,913		510,505	
Investments	11	1,213		1,213	
		<u>495,126</u>		<u>511,718</u>	
Current assets					
Stocks	12	8,264		10,211	
Debtors	13	92,579		60,425	
Cash at bank and in hand		1,003,474		1,135,274	
		<u>1,104,317</u>		<u>1,205,910</u>	
Creditors: amounts falling due within one year	14	(116,523)		(189,479)	
Net current assets		<u>987,794</u>		<u>1,016,431</u>	
Total assets less current liabilities		<u>1,482,920</u>		<u>1,528,149</u>	
Creditors: amounts falling due after more than one year	16	-		(80,261)	
Net assets		<u>1,482,920</u>		<u>1,447,888</u>	
Income funds					
Restricted funds	20	45,551		-	
Unrestricted funds	20	1,437,369		1,447,888	
		<u>1,482,920</u>		<u>1,447,888</u>	

The financial statements were approved by the Directors on 21 October 2024

Danny McDaid
Daniel McDaid
Director

Hilary Hoey
Hilary Hoey
Director

Company Registration No. 27655

DIABETES FEDERATION OF IRELAND

STATEMENT OF CASH FLOWS

FOR THE YEAR ENDED 30 JUNE 2024

	Notes	2024 €	€	2023 €	€
Cash flows from operating activities					
Cash (absorbed by)/generated from operations	25		(17,767)		34,732
Investing activities					
Purchase of tangible fixed assets		(9,343)		(10,904)	
Net cash used in investing activities			(9,343)		(10,904)
Financing activities					
Repayment of bank loans		(104,690)		(19,606)	
Net cash used in financing activities			(104,690)		(19,606)
Net (decrease)/increase in cash and cash equivalents			(131,800)		4,222
Cash and cash equivalents at beginning of year			1,135,274		1,131,052
Cash and cash equivalents at end of year			<u>1,003,474</u>		<u>1,135,274</u>

DIABETES FEDERATION OF IRELAND

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 30 JUNE 2024

1 Accounting policies

Charity information

Diabetes Federation of Ireland is a company limited by guarantee incorporated in the Republic of Ireland. The registered office is 19 Northwood House, Northwood Business Campus, Santry, Dublin 9.

1.1 Accounting convention

The financial statements are prepared in accordance with the Companies Act 2014 and FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" issued by the Financial Reporting Council. The company has applied the recommendations contained in Charities SORP (FRS 102). The company is a public benefit entity.

The financial statements are prepared in euros, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest €.

The financial statements have been prepared on the going concern basis and in accordance with the historical cost convention, modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the directors have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the directors continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are general funds that represent amounts which are expendable at the discretion of Directors in furtherance of the objectives of the charity and which have not been designated for other purposes. Such funds may be held in order to finance working capital or capital expenditure.

Designated funds are unrestricted funds earmarked by the Management Committee for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds represent grants, donations and income received which can only be used for particular purposes specified by the donors or sponsorship programmes binding on the directors. Such purposes are within the overall aims of the company.

Endowment funds represent those assets which must be held permanently by the charity, principally investments. Income arising on the endowment funds can be used in accordance with the objects of the charity and is included as unrestricted income.

1.4 Incoming resources

Grants from Public Sector Bodies/Government agencies and other sundry sources are credited to the statement of financial activities upon recognition of the associated expense for which the grant was originally received. At the completion of the entire grant period, a full report detailing the outcome of the research is completed and submitted to the grant provider in compliance with the grant conditions where applicable.

Revenue from the sale of goods is recognised where the significant risks and rewards of ownership have transferred to the buyer, usually on despatch of goods; the amount of revenue can be measured reliably; it is probable that the associated economic benefits will flow to the entity and the costs incurred or to be incurred in respect of the transactions can be measured reliably.

Income also consists of donations and other funds generated by voluntary activities. These are included in the financial statements when received into the company's bank account. Incoming resources have been included in the financial statements only when realised.

DIABETES FEDERATION OF IRELAND

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2024

1 Accounting policies

(Continued)

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

Deferred Income is accounted for when income has been received by the organisation and the conditions attached for recognition of same have not been satisfied or funds have been received for future periods.

1.5 Resources expended

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be full recovered, and is report as part of the expenditure it relates;

- Costs of generating funds comprise the costs associated with attracting voluntary income and the costs of trading for fundraising purposes.
- Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.
- Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the audit fees and costs linked to the strategic management of the charity. Governance costs are allocated at a rate of 7% of total expenditure.
- All costs are allocated between the expenditure categories of the SOFA on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly, others are apportioned on an appropriate basis.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Land and buildings freehold	2% Straight line
Fixtures, fittings and equipment	15% Straight line

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Fixed asset investments

Fixed asset investments are initially measured at cost and subsequently measured at cost less any accumulated impairment losses. The investments are assessed for impairment at each reporting date and any impairment losses or reversals of impairment losses are recognised immediately in net income/ (expenditure) for the year.

DIABETES FEDERATION OF IRELAND

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2024

1 Accounting policies (Continued)

1.8 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.9 Stocks

Inventories are valued at the lower of cost and net realisable value. Inventories are determined on a first-in first-out basis. Cost comprises expenditure incurred in the normal course of business in bringing inventories to their present location and condition. Full provision is made for obsolete and slow moving items. Net realisable value comprises actual or estimated selling price (net of trade discounts) less all further costs to completion or to be incurred in marketing and selling.

Net realisable value is the estimated selling price less all estimated costs of completion and costs to be incurred in marketing, selling and distribution.

1.10 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.11 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

DIABETES FEDERATION OF IRELAND

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2024

1 Accounting policies

(Continued)

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.12 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.13 Retirement benefits

The company does not operate a defined contribution pension scheme or a defined benefit pension scheme for its employees. Diabetes Federation of Ireland facilitates a PRSA scheme, matching up to 5% of Gross salary for the employees who wish to contribute.

1.14 Foreign exchange

Transactions in currencies other than euros are recorded at the rates of exchange prevailing at the dates of the transactions. At each reporting end date, monetary assets and liabilities that are denominated in foreign currencies are retranslated at the rates prevailing on the reporting end date. Gains and losses arising on translation in the period are included in profit or loss.

1.15 Taxation

No charge to current or deferred taxation arises as the charity has been granted charitable status under Sections 207 and 208 of the Taxes Consolidation Act 1997, Charity No CHY 6909.

The Board confirms that the organisation held an active tax clearance.

Diabetes Federation of Ireland is compliant with relevant Circulars, including Circular 44/2006 "Tax Clearance Procedures Grants, Subsidies and Similar Type Payments".

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the directors are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

Key sources of estimation uncertainty

Establishing useful economic lives for depreciation purposes of tangible fixed assets

Long-lived assets, consisting primarily of tangible fixed assets, comprise a significant portion of the total assets. The annual depreciation charge depends primarily on the estimated useful economic lives of each type of asset and estimates of residual values. The trustees regularly review these asset useful economic lives and change them as necessary to reflect current thinking on remaining lives in light of prospective economic utilisation and physical condition of the assets concerned. Changes in asset useful lives can have a significant impact on depreciation and amortisation charges for the period. Detail of the useful economic lives is included in the accounting policies.

DIABETES FEDERATION OF IRELAND

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2024

3	Income	Unrestricted	Restricted	Total	Total
		funds	funds		
		2024	2024	2024	2023
		€	€	€	€
	Income from donations, gifts & legacies				
	Sponsorship	304,677	-	304,677	307,688
	Bequests	79,706	-	79,706	7,461
	Fundraising	368,762	-	368,762	318,590
		<u>753,145</u>	<u>-</u>	<u>753,145</u>	<u>633,739</u>
	Income from charitable activities				
	Grants - HSE South (CHO04)	-	30,000	30,000	30,000
	Grants - HSE North East (CHO09)		236,898	236,898	219,359
	Grants - HSE West (CHO01)	-	22,146	22,146	22,146
	Other HSE funding - Helpline contribution	28,000	-	28,000	
	General Income	62,478	-	62,478	61,774
		<u>90,478</u>	<u>289,044</u>	<u>379,522</u>	<u>333,279</u>
	Income from other charitable activities				
	Clinic/Merchandising	429,305	-	429,305	391,132
	Other activities - workshops & awareness	6,300	-	6,300	30,445
		<u>435,605</u>	<u>-</u>	<u>435,605</u>	<u>421,577</u>
	Other income	<u>4,408</u>	<u>45,600</u>	<u>50,008</u>	<u>6,374</u>
		<u>440,013</u>	<u>45,600</u>	<u>485,613</u>	<u>427,951</u>
	Total income	<u>1,283,636</u>	<u>334,644</u>	<u>1,618,280</u>	<u>1,394,969</u>
4	Expenditure	Unrestricted	Restricted	Total	Total
		funds	funds		
		2024	2024	2024	2023
		€	€	€	€
	Raising funds	48,363	-	48,363	49,244
	Charitable activities	1,134,958	289,093	1,424,051	1,315,545
	Governance costs	110,834	-	110,834	102,726
	Total expenditure	<u>1,294,155</u>	<u>289,093</u>	<u>1,583,248</u>	<u>1,467,515</u>

DIABETES FEDERATION OF IRELAND

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2024

5 Operating Surplus

	2024	2023
	€	€
Operating surplus/(deficit) is stated after charging:		
Depreciation of property, plant and equipment	25,935	27,970
Auditor's remuneration	6,765	5,535
	<u> </u>	<u> </u>

6 Directors

None of the directors (or any persons connected with them) received any remuneration or benefits from the charity during the year.

No out of pocket expenses were reimbursed to directors during the year (2023: €Nil).

7 Employees

Number of employees

The average monthly number of employees during the year was:

	2024	2023
	Number	Number
Administration and marketing staff	9	9
Health professional staff	11	10
	<u> </u>	<u> </u>
	20	19
	<u> </u>	<u> </u>

Employment costs

	2024	2023
	€	€
Wages and salaries	861,981	815,064
Social security costs	92,928	88,054
Pension costs	22,815	24,681
	<u> </u>	<u> </u>
	977,724	927,799
	<u> </u>	<u> </u>

DIABETES FEDERATION OF IRELAND

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2024

7 Employees (Continued)

The number of employees whose gross remuneration (excluding pension contribution) was €50,000 or more were:

	2024 Number	2023 Number
Staff salaries fall between €50,001 and €60,000	4	2
Staff salaries fall between €60,001 and €70,000	2	1
Staff salaries fall between €70,001 and €80,000	1	1
Staff salaries fall between €80,001 and €90,000	-	-
Staff salaries fall between €90,001 and €100,000	-	-
Staff salaries fall between €100,001 and €110,000	-	-
Staff salaries fall between €110,001 and €120,000	1	1

8 Key Management Compensation

Key management includes all members of company management. The compensation paid or payable to key management for employee services is shown below

	2024 €	2023 €
CEO salary, pension contribution and other short-term benefits	121,060	119,102

9 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

10 Tangible fixed assets

	Land and buildings freehold €	Fixtures, fittings and equipment €	Total €
Cost			
At 1 July 2023	594,273	281,779	876,052
Additions	-	9,343	9,343
At 30 June 2024	594,273	291,122	885,395
Depreciation and impairment			
At 1 July 2023	123,104	242,443	365,547
Depreciation charged in the year	11,885	14,050	25,935
At 30 June 2024	134,989	256,493	391,482
Carrying amount			
At 30 June 2024	459,284	34,629	493,913
At 30 June 2023	471,169	39,336	510,505

DIABETES FEDERATION OF IRELAND

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2024

11 Fixed asset investments

	Prize Bonds €
Cost or valuation	
At 1 July 2023 & 30 June 2024	1,213
Carrying amount	
At 30 June 2024	1,213
At 30 June 2023	1,213

12 Stocks

	2024 €	2023 €
Finished goods and goods for resale	8,264	10,211

The replacement cost of inventory did not differ significantly from the figures shown.

Consumables and inventory held for demonstration are not carried at value.

13 Debtors

	2024 €	2023 €
Amounts falling due within one year:		
Trade debtors	58,623	17,191
Other debtors	-	20,754
Prepayments	33,956	22,480
	92,579	60,425

14 Creditors: amounts falling due within one year

	Notes	2024 €	2023 €
Bank loans	15	-	24,429
Other taxation and social security		23,631	24,934
Deferred income	18	61,884	97,550
Trade creditors		21,337	33,646
Other creditors		4,459	3,708
Accruals		5,212	5,212
		116,523	189,479

DIABETES FEDERATION OF IRELAND

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2024

15 Loans and overdrafts

	2024 €	2023 €
Bank loans	-	104,690
Payable within one year	-	24,429
Payable after one year	-	80,261

Allied Irish Bank holds a charge in the form of a mortgage debenture over the premises of the organisation at Units 11 & 19 Northwood House, Northwood Business Campus, Santry, Dublin 9.

16 Creditors: amounts falling due after more than one year

	Notes	2024 €	2023 €
Bank loans	15	-	80,261

17 Retirement benefit schemes

	2024 €	2023 €
Employer contributions to PRSA scheme		
Charge for the year in respect of contributions to PRSA scheme	22,815	24,681

Diabetes Federation of Ireland facilitates a PRSA scheme, matching up to 5% of Gross salary for the employees who wish to contribute.

DIABETES FEDERATION OF IRELAND

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2024

18 Deferred income

	2024	2023
	€	€
Arising from government grants	61,884	77,117
Other deferred income	-	20,433
	<u>61,884</u>	<u>97,550</u>

The following is information in relation to the government grants information per Department of Public Expenditure and Reform Circular 13/2014.

Name of Grantor	Name of Grant	Purpose of Grant	Amount €
HSE CHO 9	Education Programme Funding	The provision of diabetes support services in Ireland	195,635
			31,043
			181,666
			(15,811)
			<u>196,898</u>

Income recognised

Name of Grantor	Name of Grant	Purpose of Grant	Amount €
HSE CHO 9	Health Promotion	The provision of diabetes support services in Ireland	40,000
			20,000
			40,000
			(20,000)
			<u>40,000</u>

Income recognised

Name of Grantor	Name of Grant	Purpose of Grant	Amount €
HSE CHO 1	Core Funding Payment	The provision of diabetes support services in CHO1/2	22,146
			11,073
			22,146
			(11,073)
			<u>22,146</u>

Income recognised

DIABETES FEDERATION OF IRELAND

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2024

18 Deferred income (Continued)

Name of Grantor	Name of Grant	Purpose of Grant	Amount €
HSE CHO 4	Education Programme Funding	Support for local diabetes resource centre in CHO 4	30,000
Income deferred as at 01/07/2023			15,000
Cash received			30,000
Income deferred as at 30/06/2024			(15,000)
Income recognised			30,000

Name of Grantor	Name of Grant	Purpose of Grant	Amount €
HSE CHO 9	Support costs	Contribution towards Diabetes Ireland Helpline costs	28,000
Income deferred as at 01/07/2023			-
Cash received			28,000
Income deferred as at 30/06/2024			-
Income recognised			28,000

19 Analysis of net assets between funds

	Unrestricted funds 2024 €	Restricted funds 2024 €	Total 2024 €
At 30 June 2024:			
Tangible assets	493,913	-	493,913
Investments	1,213	-	1,213
Current assets/(liabilities)	942,243	45,551	987,794
	<u>1,437,369</u>	<u>45,551</u>	<u>1,482,920</u>
	Unrestricted funds 2023 €	Restricted funds 2023 €	Total 2023 €
At 30 June 2023:			
Tangible assets	510,505	-	510,505
Investments	1,213	-	1,213
Current assets/(liabilities)	1,016,431	-	1,016,431
Long term liabilities	(80,261)	-	(80,261)
	<u>1,447,888</u>	<u>-</u>	<u>1,447,888</u>

DIABETES FEDERATION OF IRELAND

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 30 JUNE 2024

20 Reconciliation of funds

	Opening Balance €	Income €	Expenditure €	Transfer of funds €	Closing Balance €
Restricted funds	-	334,644	(289,093)		45,551
Unrestricted funds	1,447,888	1,283,636	(1,294,155)		1,437,369
	<u>1,447,888</u>	<u>1,618,280</u>	<u>(1,583,248)</u>	<u>-</u>	<u>1,482,920</u>

Unrestricted funds:

The general reserve represents the free funds of the charity which are not designated for particular purposes.

Restricted funds:

Restricted funds at year end primarily relate to funds transferred from Diabetes Ireland Research Alliance in the amount of €45,600 ringfenced for research activities.

21 Status

The liability of the members is limited.

Every member of the company undertakes to contribute to the assets of the company in the event of its being wound up while they are members, or within one year thereafter, for the payment of the debts and liabilities of the company contracted before they ceased to be members, and of the costs, charges and expenses of winding up, and for the adjustment of the rights of the contributors among themselves, such amount as may be required, not exceeding €1.

22 Related party transactions

Transactions with related parties

Diabetes Ireland Research Alliance (DIRA) was regarded as subsidiary of Diabetes Federation of Ireland (T/A "Diabetes Ireland").

During the year, the charity entered into the following transactions with related parties:

Diabetes Federation of Ireland collected donations totalling €Nil (2023: €12,953) on behalf of DIRA.

Diabetes Federation of Ireland was also responsible for the administration of DIRA. Diabetes Ireland Research Alliance ceased trading in June 2023 and was dissolved on 2 April 2024 by Voluntary Strike Off procedure. Remaining funds held by Diabetes Ireland Research Alliance in the amount of €45,600 were transferred to Diabetes Federation of Ireland and ringfenced for research activities.

DIABETES FEDERATION OF IRELAND

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2024

23 Events after the reporting date

There have been no significant events affecting the charity since the year end.

24 Financial commitments, guarantees and contingent liabilities

The company has entered into operating lease agreements for the rental of office equipment. The future financial commitments for the remainder of these agreements is €Nil (2023:€12,079)

The company had no material contingent liabilities at the year ended 30 June 2024.

25 Cash generated from operations	2024 €	2023 €
Surplus/(deficit) for the year	35,032	(72,546)
Adjustments for:		
Depreciation and impairment of tangible fixed assets	25,935	27,970
Movements in working capital:		
Decrease in stocks	1,947	682
(Increase)/decrease in debtors	(32,154)	29,641
(Decrease)/increase in creditors	(12,861)	24,979
(Decrease)/increase in deferred income	(35,666)	24,006
Cash (absorbed by)/generated from operations	(17,767)	34,732

26 Analysis of changes in net funds

	At 1 July 2023 €	Cash flows €	At 30 June 2024 €
Cash at bank and in hand	1,135,274	(131,800)	1,003,474
Loans falling due within one year	(24,429)	24,429	-
Loans falling due after more than one year	(80,261)	80,261	-
	1,030,584	(27,110)	1,003,474

27 Non-audit services provided by auditor

In common with many charities of our size and nature, we use our auditors to assist with the preparation of the financial statements.

28 Approval of the financial statements

The financial statements were approved and authorised for issue by the board of directors on 21 October 2024.

DIABETES FEDERATION OF IRELAND
MANAGEMENT INFORMATION
FOR THE YEAR ENDED 30 JUNE 2024

DIABETES FEDERATION OF IRELAND

Schedule 1 - Income

FOR THE YEAR ENDED 30 JUNE 2024

	2024	2023
	€	€
Income		
Recurring Income		
Clinic Income	429,305	391,132
General Income	62,478	61,774
Sponsorship	304,677	307,688
Fundraising Income	368,762	318,590
Committed Income - HSE	317,044	271,505
Lottery funding and other income	56,308	36,819
	<u>1,538,574</u>	<u>1,387,508</u>
Non- Recurring Income		
Bequests/Legacies	79,706	7,461
	<u>79,706</u>	<u>7,461</u>
Total Income	<u><u>1,618,280</u></u>	<u><u>1,394,969</u></u>

DIABETES FEDERATION OF IRELAND

EXPENDITURE

FOR THE YEAR ENDED 30 JUNE 2024

	2024 €	2023 €
Direct Costs		
Direct costs	230,373	163,944
Wages and salaries	556,046	532,042
Social welfare costs	60,324	58,000
Staff pension costs	6,976	10,162
	<u>853,719</u>	<u>764,148</u>
Administration Expenses		
Wages and salaries	305,935	283,022
Social welfare costs	32,604	30,054
Staff pension costs	15,839	14,519
Staff training	332	-
Recruitment costs	2,066	6,960
Rent payable	17,164	17,199
Insurance	17,628	17,219
Light and heat	17,644	17,305
Repairs and maintenance	28,800	32,773
Printing, postage and stationery	122,875	104,253
Advertising	1,784	649
Telephone	16,323	12,569
Computer costs	36,840	35,818
Travelling and entertainment	3,781	7,243
Legal and professional	2,110	4,475
Bank charges	9,799	8,739
Bad debts	598	(570)
General expenses	498	6,977
Branch expenditure	26,940	36,613
Leases	15,329	15,397
Management agent expenses	10,423	7,227
Subscriptions	1,281	6,598
Research payments	-	-
Auditor's remuneration	6,765	5,535
Depreciation of property, plant and equipment	25,935	27,970
	<u>719,293</u>	<u>698,544</u>
Finance		
Loan interest	<u>10,236</u>	<u>4,823</u>
Total Expenditure	<u>1,583,248</u>	<u>1,467,515</u>



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