

## Diabetes Ireland Health Awareness Exhibition & Education Event

Sunday, November 5th, 2023 from 2 pm - 5 pm at the Limerick Strand Hotel

### Type 2 Session

#### Type 2 diabetes: What Care Should I expect Now and in the Future?

2pm

Dr Eoin Noctor

Consultant Endocrinologist  
University Hospital Limerick

### Type 1 Session

#### Type 1 Diabetes Management and All it Entails

2pm

Dr Tomás Griffin

Consultant Endocrinologist  
University Hospital Limerick

### Paediatric Diabetes

#### Using Technology to Improve Your (Child's) Life with Diabetes

2pm

Dr Orla Neylon

Consultant Paediatric  
Endocrinologist  
University Hospital Limerick

#### Evidence-based eating advice for your Type 2 diabetes

3pm

Ms Tonya O'Neill

Senior Community Diabetes  
Dietitian  
HSE

#### Impact of Living with Type 1 Diabetes on Emotional Wellbeing

3pm

Dr Sonya Deschênes

Lecturer/Assistant Professor  
University College Dublin

#### Supporting Families Living with Type 1 Diabetes

3pm

Dr Muiriosa Connolly

Clinical Psychologist  
University Hospital Limerick

#### Caring for Your Feet

4pm

Ms Louise McHugh

Senior Podiatrist  
Diabetes Ireland

#### Panel Discussion: Living well with Type 1 Diabetes plus “Living Life Well with Diabetes” 50-year medal awards

4 pm

Ken Barclay, Dr Tomás Griffin, Dr Sonya Deschênes

Chaired by Dr Kate Gajewska Diabetes Ireland

## At the Health and Wellbeing Event & Exhibition you will be able to avail of the following:

12 - 4pm

- Type 2 Diabetes Risk Assessment
- Weight & Waist Circumference Assessment
- Blood Pressure check provided by Croí
- CPR Demonstrations provided by the Order of Malta Ambulance Corps
- Insulin injection techniques workshop - **Registration Required**

## Enjoy entertainment dedicated to children with

**Bernardo the Magician**  
**Balloons, Magic and Music Party**

