

"Living Life Well with Diabetes"

Diabetes Ireland Health Awareness Exhibition & Education Event

Sunday, November 5th, 2023 from 2 pm - 5 pm at the Limerick Strand Hotel

Type 2 Session

Type 2 diabetes: What Care Should I expect Now and in the Future? 2pm

Dr Eoin Noctor Consultant Endocrinologist University Hospital Limerick

Type 1 Session

Type 1 Diabetes Management and All it Entails 2pm

Dr Tomás Griffin Consultant Endocrinologist University Hospital Limerick

Paediatric Diabetes

Using Technology to Improve Your (Child's) Life with Diabetes 2pm

Dr Orla Neylon Consultant Paediatric Endocrinologist University Hospital Limerick

Evidence-based eating advice for your Type 2 diabetes 3pm

Ms Tonya O'Neill Senior Community Diabetes Dietitian HSE

Impact of Living with Type 1 Diabetes on Emotional Wellbeing 3pm

Dr Sonya Deschênes Lecturer/Assistant Professor University College Dublin

Supporting Families Living with Type 1 Diabetes 3pm

Dr Muiriosa Connolly Clinical Psychologist University Hospital Limerick

Caring for Your Feet 4pm

Ms Louise McHugh Senior Podiatrist Diabetes Ireland

Panel Discussion: Living well with Type 1 Diabetes plus "Living Life Well with Diabetes" 50-year medal awards 4 pm

Ken Barclay, Dr Tomás Griffin, Dr Sonya Deschênes Chaired by Dr Kate Gajewska Diabetes Ireland

At the Health and Wellbeing Event & Exhibition you will be able to avail of the following:

- Type 2 Diabetes Risk Assessment
- Weight & Waist Circumference Assessment
- Blood Pressure check provided by Croí
- CPR Demonstrations provided by the Order of Malta Ambulance Corps

12 - 4pm



Enjoy entertainment dedicated to children with

Bernardo the Magician Balloons, Magic and Music Party