

There are **three streams available** at this conference. See agenda below.

## Paediatric

Chair for this session  
**Prof Hilary Hoey**

## Type 1 Diabetes

Chair for this session  
**Dr Kate Gajewska**

## Type 2 Diabetes

Chair for this session  
**Kieran O'Leary**

**2.00pm**

Opening Welcome to the  
Living Well with Diabetes Virtual Conference 2022

**2.05pm - 2.35pm and Q&A**

All about food: raising  
a child and adolescent  
with type 1 diabetes

**Lorraine Kelly,  
Dietitian**

Living with type 1  
diabetes: all about food

**Dr Cathy Breen,  
Dietitian**

Nutrition and Type 2  
Diabetes, Guidance on goal  
getting, practical tips on  
healthy eating and reading  
food labels

**Anne Marie O'Connor,  
Dietitian**

**2.55pm - 3.25pm and Q&A**

Diabetes and  
technology - what  
really impacts quality  
of life for children and  
adolescents

**Prof. Katharine  
Barnard, Psychologist**

Coping, thriving,  
accepting - mental  
health and diabetes

**Dr Austin Bailey,  
Psychologist**

Check it up. Screening for  
diabetes complications  
and why it matters  
(eyes, kidneys, feet,  
heart)

**Una O'Neill,  
Integrated Care Diabetes  
Nurse Specialist**

**3.45pm - 4.15pm and Q&A**

The challenges of  
adolescence and  
transition. What to  
expect and how to  
survive

**Aisling Egan,  
Diabetes Nurse  
Specialist**

The biggest challenge of  
T1D management - ladies  
and gentlemen,  
**EXERCISE!**

**Dr. Dessi Zaharieva,  
Exercise Physiologist,  
person with T1D**

Treating Type 2 diabetes  
- what are my options?

**Dr Tommy Kyaw Tun,  
Consultant  
Endocrinologist**

Each presentation is followed by a 15-minute Q&A session and short break