

ARE YOU?

- Between the ages of 18-30
- Living with 2 or more ongoing physical or mental health conditions?
- Taking multiple medications

WHAT'S INVOLVED?

A 30 minute interview over Microsoft Teams

CONTACT RESEARCHER

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RESEARCHERS FROM NUI GALWAY WOULD LIKE TO KNOW:

- 1) Personal perspective on managing multiple ongoing health conditions.
- 2) Personal perspective on taking medications



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