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*School of Psychology Ethics Committee (PEC)*

**Student Name:** Bróna Lavery

**Project Title:** The impact of emotion regulation on eating behaviour and self-management in patients with type 2 diabetes: The role of sleep quality as mediator

**Supervisor:** Dr Sinead Smyth

Dear Bróna,

Thank you for submitting your revised ethics application.

Based on the information you have provided, your research project has now been approved by the DCU Research Ethics Committee, under delegated authority to the *School of Psychology Ethics Committee (PEC)*. Once in receipt of this notice, you are free to commence your research.

For references purposes, your approval code is: ***DCUPEC\_2021\_150***

Please quote this reference number in all correspondence regarding your project. This reference number should also be included on all participant documentation (e.g. PLS, consent form, debriefing sheet).

You should note that ethics approval has been granted for the specific research project as detailed in your application. Should any amendments be made to the research project, the changes must be approved, in advance. The only exception to this is in cases where there is a small change to participant numbers.

Yours sincerely,

Dr. Louise Hopper  
*Chair, PEC*

19<sup>th</sup> January 2022

**Note:** The PEC complies and retains a full list of all ethics applications approved by it, under delegated authority from REC. This list is then forwarded, on an annual basis, to the REC and, when requested, to the DCU Risk and Compliance Officer.