



THINGS YOU NEED TO KNOW ABOUT

FLU VACCINATION



Flu can be severe and is unpredictable¹



Vaccination reduces the risks of flu complications¹

People living with diabetes are



more likely to be hospitalised with flu^{2,3}

Vaccination is recommended for people at risk



People over 65, pregnant women and people with chronic medical conditions¹

If you are aged 65+, you may be up to 10 times more likely to have a heart attack the week after being diagnosed with flu⁴

Speak to your Doctor, Nurse or Pharmacist if you would like more information on the flu and measures to prevent catching it.



Sources :

- <https://www.hse.ie/eng/health/immunisation/pubinfo/flu-vaccination/about-the-vaccine/>
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