Diabetes Ireland Annual Report

Diabetes | Ireland

Diabetes Ireland

2020

Foreword

During 2020, Diabetes Ireland was hugely affected in its ability to provide its full range of services to the diabetes community by Covid 19.

At the time of the first lockdown in March, the directors took appropriate measures in keeping with Covid 19 Government requirements and closed its offices and care centres and severely reducing the working hours of all staff. Unfortunately, this coincided with a significant reduction in income that necessitated applying for the governments wage subsidy scheme for staff.

During this period, despite the COVID lockdown and closure requirement, Diabetes Ireland staff in recognising the need and importance of helping and supporting people with diabetes and their families worked tirelessly to keep our lines of communication (helpline and online platforms) open and for this we are very appreciative of their outstanding commitment to our community.

Following a call for support in June 2020, fantastic fundraising support from our members, the wider diabetes community, our corporate partners, and government charity supports, we were able to open our Care Centres on a partial basis and fully reopen them in September 2020.

Another specific focus was to engage virtually with members and the wider diabetes community and to enable this, new developments included the hosting of online education webinars and the delivery of our CODE programme virtually to people with Type 2 diabetes. This had an added impact in growing Diabetes Ireland's online presence in 2020.

At a national and local level, through our board, staff, and advocacy group, we continued to advocate for more diabetes resources availing of the opportunity presented by a general election and subsequently re-establishing the Cross-Party Parliamentary Committee on Diabetes with the aim to seek sustained investment in supporting people living with diabetes and promote a more strategic approach to addressing long-term improvements.

Following our advocacy efforts, the HSE sensibly accepted our view that having a single preferred glucose strip for home blood glucose monitoring was flawed. This ensured that people with diabetes continue to have sufficient choice and flexibility in the choice of blood glucose monitor (see page 14).

The end of 2020 also marked the end of our partnership with the HSE in relation to the provision of podiatry and gestational diabetes services in certain parts of the country. However, we are delighted to see that the services will continue under the full responsibility of the HSE ensuring that thousands of people with diabetes will continue to receive these services. Diabetes Ireland was involved in the development of these services from 2010.

Diabetes Ireland is financed by a mix of statutory, corporate, and voluntary donations. In the 12-month period to 30 June 2020, the organisation made a small surplus of €77,145.

Whilst Covid 19 severely impacted our ability to provide our full range of services, our goal is to ensure our services continue and expand to meet the needs of people with diabetes. Our board of directors, staff and volunteers will strive to ensure our recovery is swift, but we can only continue the work of

Diabetes Ireland with the ongoing support of people with diabetes, their families, and our corporate partners.

There are many ways to support Diabetes Ireland and today more than ever we need the 225,000 strong community to support the charity and help it get back on its feet. While there are many ways to support Diabetes Ireland, one way is to become and stay a member so we can mutually support each other.

Our goal is to support, educate, motivate, and empower people with diabetes and their families and to advocate for optimum health care for all those with diabetes in Ireland. The charity needs your personal support to do that. Saying that, we cannot express enough our appreciation of the ongoing support we receive from our current volunteers, fundraisers, healthcare professionals, members, employees, corporate supporters and the HSE for helping us help our community. We must all continue to work together for people with diabetes in Ireland so that we can all live a long and healthy life.

Kieran O'Leary

CEO

Professor Hilary Hoey Chairperson

Hilary Hoer

rson

Contents

About Diabetes Ireland	4
Support and Education Service Highlights	5
Education & Support	10
Diabetes Awareness in the Community	13
Direct Patient Care Services	15
Direct Patient Care Partnership Services	16
Diabetes Advocacy	17
Diabetes Research	19
Structure, Governance and Management	21
Finance & Fundraising	22
Statement of Accounts 2019/2020	24
Director's responsibilities statement	30
Independent Auditors' Report	31
Financial Statement 2019/20	34
Acknowledgements	54

Diabetes Ireland is fully compliant with the Charities Regulatory Authority. Diabetes Ireland is committed to achieving the standards contained within the Statement for Guiding Principles of Fundraising.

About Diabetes Ireland

Founded in 1967, Diabetes Ireland is the national charity dedicated to helping people with diabetes. It achieves this by providing support, education and motivation to all people affected by diabetes. The charity also raises public awareness of diabetes and its symptoms and funds research into finding a cure for diabetes. Our Vision, Mission and Aims are:

Our Vision

"To ensure everyone with diabetes has the support and confidence to live a long and healthy life".

Our Mission

"To provide a quality service in improving the lives of people affected by diabetes and working with others to prevent and cure diabetes".

Our Aims

- To provide support, education, and motivation to people with diabetes, their families, and friends.
- To raise awareness of diabetes in the community and foster programs for early detection and prevention of diabetes.
- To support and encourage advances in diabetes care and research.

Our Board

Every member of our board freely donates their time, their skills, and their experience to help support the diabetes community through our work.

Directors

Professor Gerald Tomkin (President)
Professor Hilary Hoey (Chairperson)
Ms Colette McLoughlin (Treasurer)
Mr Daniel McDaid (Secretary)
Mr Gerard Gallagher

Mr Philip Kavanagh Mr Phil Miesle Ms Barbara Scott

Mr Patrick Power
Mr Cormac Gollogly

CEO Mr Kieran O'Leary

Support and Education Service Highlights

With increasing prevalence of diabetes and pre-diabetes, Diabetes Ireland actively looks to improve access to peer support, education, and information.

Diabetes Ireland supports people with diabetes through a wide range of services including:

- face-to-face contact
- literature provision
- helpline and website support

Inherent in any supportive interaction is promotion of health and for many people with diabetes, this means the provision of diabetes education.

Covid 19 had, and continues to have, a major impact on us all as individuals, families, and communities in 2020. Like many other charities Diabetes Ireland was affected hugely and the Board of Directors had to make some very tough decisions which impacted on the charity's ability to provide services to the diabetes community in the period.

At the time of the first lockdown in March 2020, the directors had to take measures which included closing the offices and care centres and severely reducing the working hours of our administration, care centre and health promotion staff. The charity also saw a significant reduction in its income that necessitated applying for the governments wage subsidy scheme for staff.

During 2020, despite the COVID lockdown and closure requirement, Diabetes Ireland staff in recognising the need and importance of helping and supporting people with diabetes and their families worked tirelessly to keep our lines of communication open including the helpline and online communication streams. Staff also developed "Virtual CODE" which was piloted in 2020 with strong outcomes.

Some of our 2020 service highlights were:

Reaching Out

Over 237,000 people reached out to Diabetes Ireland seeking information and support via www.diabetes.ie and our Helpline. Of most concern to callers was the impact of Covid 19 on individual diabetes management. We developed a Covid 19 & Diabetes Management section on www.diabetes.ie and staff manned the helpline right through the lockdowns to ensure help was available. The helpline saw a 78% increase in calls in 2020 and a further 22,000 people received ongoing updates via our social media channels.



Type 2 Structured Education Programme went virtual

Following a successful Type 2 Diabetes Tele-education pilot in July and August 2020 which highlighted the importance of peer-to-peer learning in any education programme, Diabetes Ireland developed a virtual CODE programme in late 2020. Feedback from 3 pilot programmes was extremely positive with participants enjoying the easy access from home. Diabetes Ireland plan to deliver 28 virtual CODE programmes in 2021. To



register for CODE visit https://www.diabetes.ie/living-with-diabetes/living-with-type-2/diabetes-ireland-education-programme/

Virtual Education Webinars launched

To ensure we could continue to provide people with practical information around the challenges during these difficult times, we launched a series of 5 education webinars all of which were extremely well attended with very positive feedback from attendees. Some of these webinars were specifically for people with Type 1 diabetes or Type 2 diabetes while others were aimed at everyone living with diabetes and their families.



Teachers Training Programme

Over 400 teachers attended a virtual training programme on managing Type 1 diabetes during school hours in 2020.



Providing Free PPE for our community healthcare diabetes specialists

In partnership with Novo Nordisk, Diabetes Ireland helped to ensure that community-based diabetes healthcare professionals could continue to safely provide much needed appointments to people with diabetes ensuring that risk exposure was very much reduced for everyone by providing free PPE each month.



Matt Cooper Speaks Out

Matt Cooper celebrated World Diabetes Day with us and urged people living with Type 2 diabetes in Covid times to closely monitor their health and to contact a healthcare professional with any health concerns they may have.



General Election Doorstep Campaign

Our Diabetes Advocacy Group launched a doorstep campaign encouraging everyone living with diabetes to engage with election candidates seeking their support to address the health needs of the diabetes community. In late 2020, the Cross-Party Parliamentary Group on diabetes was restarted with Cormac Devlin TD as Chairperson with a view to highlighting the need for improved diabetes services nationwide to the Minister for Health and his Department, the HSE Officials and other stakeholders. Diabetes Ireland will continue to support this group in 2021.



A single preferred glucose strip for testing....No Thank You!!

In the strongest terms possible, Diabetes Ireland said "No" to the HSE's view that a single preferred glucose test strip for home blood glucose testing was suitable for all people with diabetes. Diabetes Ireland highlighted that this would have a detrimental effect on the maintenance of good diabetes management and that for effective long-term management both clinician and a person with diabetes should be able to access the most suitable blood glucose meter on the market for them in a joint decision-making process.



Diabetes Ireland also highlighted that this would allow sufficient choice, flexibility, visibility, dexterity, and other enhanced features to be considered in the decision-making process between the clinician and the individual. The HSE published its guidelines in February 2020 and Diabetes Ireland was delighted to see that its view was accepted and today there continues to be choice of blood glucose strip for everyone. Although, the HSE proposed a preferred list of blood glucose strips, it has still allowed access for people to continue using their current blood glucose strip and only change if they wish to, in consultation with their clinician. However, for those newly diagnosed who require a blood glucose meter, clinicians are being asked to work with individuals to select from the preferred list but retain the ability to prescribe from outside of the preferred list based on clinical need.

Care Centres Reopen in June 2020

Following a call for fundraising support in June 2020, fantastic support from our members and the wider diabetes community, enabled us to reopen our Care Centres on a partial basis in June 2020

and fully reopen them in September 2020. Our podiatry services continue to flourish with over 5,000 clients of which 78% live daily with diabetes attending. In both Care Centres, there is also access to the National Diabetes Retinopathy Screening programme for people with diabetes living in the Northside of Dublin and in Cork City.



Some of our 2020 service highlights in Numbers:

Diabetes Helpline

5,650 people contacted our Diabetes Helpline in 2020, an increase of 78% on the previous year.

- 74% of helpline callers sought general information on diabetes
- 5% sought specific information on diet,
- 7% on personal advocacy issues such as insurance, school, work and HSE services
- 13% sought information on upcoming events and other issues.

Care Centres

- 5,170 people attend our podiatry (footcare) services, 78% of whom live with diabetes.
- Our Diabetes Ireland/HSE High Risk Footcare Service provided 13,943 appointments in 2020.
- Each day around 100 people with diabetes attend their Diabetic RetinaScreen appointment in our Care Centres.

Website & Social Media

232,000 visitors accessed www.diabetes.ie, .

- 30,000 accessed our Covid & Diabetes Management Section.
- 5,088 visitors completed our Type 2 Diabetes Risk Assessment online with over 2,970 (58%) classified as either high or moderate risk.
- 11,346 visitors accessed our "Sugar Smart" microsite which offer simple tips in reducing over consumption of free sugars in a variety of daily lifestyle.
- 22,000 followers on our range of social media platforms.

Health Promotion & Events

- 118 people with Type 2 diabetes attended 6 CODE education programmes. A new virtual programme was also developed in 2020 for full rollout in 2021.
- 4,980 visitors to <u>www.diabetes.ie</u> completed "Diabetes Smart", our online interactive educational programme. The Diabetes Smart programme is based on the principals of CODE for use by GPs and people at risk and/or diagnosed with Type 2 diabetes.
- 28 health promotion/screening events were held.
- 5 Education Webinars for people living with diabetes and their families all of which were very well attended were held in late 2020.
- 200 teachers attended our 1-day virtual education conference on managing Type 1 diabetes
- An initiative to provide PPE to community-based Diabetes Nurse Specialists was launched.

Education & Support

People who avail of our services and attend our many events find them informative and helpful. There are an estimated 225,840 people with Type 1 or Type 2 diabetes in Ireland. Access to easy, clear, and concise information is paramount to help people manage their condition on a daily basis. Our services are there for everyone with diabetes or prediabetes who require support at their time of need.

Covid 19 had, and continues to have, a major impact on us all as individuals, families, and communities in 2020. Like many other charities Diabetes Ireland was affected hugely and the Board of Directors had to make some very tough decisions which impacted on the charity's ability to provide many of its services to the diabetes community in the period.

Throughout the period, Diabetes Ireland continued to support people with diabetes by ensuring that our diabetes helpline, online and social media channels remained open with direct telephone access to our diabetes health professionals for all those who personally contact us for up-to-date information on COVID 19 and practical diabetes management information in the absence of public service diabetes services. In June, we reopened our Care Centres on a partial basis and our staff returned to normal working hours.

2020

In July 2020, Diabetes Ireland launched a pilot structured tele-education programme. This was an online/telephone education module using our interactive programme "Diabetes Smart" and consisting of 3 calls with a Diabetes Ireland healthcare professional educator. 40 participants from the CODE waiting list agreed to take part. The results were 68% of participants engaged in 2 or more calls, 8% of participants did not engage after initial agreement to participate, 28% engaged for 1 call only. Feedback was positive in that participants needs were met but at a broader level it did not offer any peer-to-peer learning. Following the pilot, Diabetes Ireland focussed on developing CODE as a virtual group programme.

In late 2020, a further 32 participants took part in one of three virtual CODE programmes. Feedback was extremely positive with a much younger age profile. Adjustments to the programme were made based on the feedback making it ready for full delivery in 2021.

In late 2020, we also launched a series of education webinars for people living with diabetes and their families. We held 5 webinars all of which were extremely well attended with very

positive feedback from attendees. Some of these webinars were specifically for people with Type 1 diabetes or Type 2 diabetes while others were for everyone living with diabetes. The aim of the webinars is to provide people with practical information around the challenges of living with diabetes during these difficult times.

5,650 people contacted our Diabetes Helpline in 2020, an increase of 78% on the previous year. 74% of callers sought general information on diabetes and Covid 19, 5% sought specific information on diet, 7% on personal advocacy issues such as insurance, school, work and HSE services and the remaining 13% sought information on upcoming events and other issues.

Three issues of our magazine "Diabetes Ireland" were issued quarterly to 5,000 families in 2020. Four issues of Diabetes & Cardiology Professional were issued to 5,000 healthcare professionals in 2020.

We updated and reprinted our "Living with Type 1 Diabetes" and our "Tips for College Life" booklets in 2020. These leaflets are available on www.diabetes.ie as downloads.

4,980 visitors, an increase of 20% on the previous year, to www.diabetes.ie completed "Diabetes Smart", our online interactive educational programme. The Diabetes Smart programme is based on the principals of CODE for use by GPs and people at risk and/or diagnosed with Type 2 diabetes. With the onset of Covid 19, and the postponement of all HSE led structured diabetes education, individuals nationwide were recommended to complete "Diabetes Smart" during 2020.

We delivered our Carers Education Programme virtually to 31 professional carers/staff working in 4 elderly residential care facilities. The programme promotes the benefits of healthy food choices in modifying risk factors for people at risk of developing, or with, Type 2 diabetes.

In conjunction with Cork University Hospital diabetes paediatric team, we held a one day virtual education day for 200 teachers on managing Type 1 diabetes in school. We also provided 4 <u>smaller education sessions</u> for a further 230 teachers.

In Cork, a virtual Santa Claus visit was held for local children with Type 1 diabetes and their families.

In June 2020, with support from Novo Nordisk, Diabetes Ireland launched a new initiative to provide PPE to community-based Diabetes Nurse Specialists who support GPs in the provision of services to people with diabetes. Through this initiative we were able to ensure that diabetes healthcare professionals could continue to safely provide much needed appointments to people with diabetes ensuring that risk exposure is very much reduced for everyone.



Diabetes Awareness in the Community

The prevalence of both Type 1 and Type 2 diabetes in Ireland is increasing with an estimated 12,000 – 14,000 newly diagnosed each year. The majority of these are diagnosed with Type 2 diabetes due to our sedentary lifestyles. Having a healthy lifestyle, being active and maintaining a healthy weight can help reduce one's risk of developing Type 2 diabetes. Increased awareness of Type 2 diabetes, its symptoms and risk factors and early detection for those at high risk are vital to supporting people into taking the first steps to improving their health and avoiding the onset of Type 2 diabetes.

2020

In 2020, 232,000 visitors accessed www.diabetes.ie.

11,346 people, an increase of 17% on the previous year, accessed our "Sugar Smart" microsite which offers simple tips in reducing over consumption of free sugars in a variety of daily lifestyle settings.

14,991 people, an increase of 30% on the previous year, accessed the online Type 2 Diabetes Risk Assessment test on www.diabetes.ie with 5,088 completing it. Based on being low, moderate or at high risk of having undiagnosed Type 2 diabetes, they were signposted to take appropriate action. Over 2,970 (58%) were classified as either at high or moderate risk of developing Type 2 diabetes.

At 31 December 2020, Diabetes Ireland's Facebook friends stood at 14,462 (13,210) in 2019, twitter followers was 4,852 (4,492) in 2019, Instagram followers was 2,554 (1,416) in 2019 and linked in followers was 1,081 (908) in 2019. There was a positive increase in our social media followers across all platforms in 2020.

Due to Covid 19, we were unable to undertake any public health promotion/screening events in 2020. However, we held 7 health promotion/screening events in workplace settings. Two of these were face to face events completed pre-March 2020 where 3 people were referred to their GP for further screening for Type 2 diabetes. The remaining 5 where events were held virtually with a total of 185 people attending the 7 events.

Our health promotion team delivered a total of 28 presentations to various groups during 2020. 13 of these were face to face and were held pre-March 2020 while the remaining 15 were delivered virtually to a total of 680 attendees.

We completed 8 radio interviews in the period reaching an audience of 746,000 people. All interviews were broadly concerning living with, and understanding, diabetes as a serious health issue and Covid 19.

To celebrate World Diabetes Day, with support from Novo Nordisk, Diabetes Ireland teamed up with Today FM presenter Matt Cooper to urge people living with Type 2 diabetes in these Covid 19 times to closely monitor their health and to contact a healthcare professional to discuss any symptoms or issues they may be concerned about to ensure they receive timely intervention and treatment.

In conjunction with the University of Limerick Masters dietetic students, we launched a new resource to help people with diabetes make healthier choices when selecting yoghurts. See https://www.diabetes.ie/are-you-at-risk-free-diabetes-test/get-sugar-smart/be-sugar-smart-with-yoghurts/.

In partnership with Sanofi Pasteur and Merck Sharpe Dohme Ire (MSD), Diabetes Ireland promoted the importance of pneumococcal and influenza vaccination for the diabetes community.

Direct Patient Care Services

Diabetes Ireland provides direct diabetes care services in its Care Centres in Dublin and Cork. These services are in the areas of podiatry (footcare) and counselling. Our intention is to provide access to services that are difficult to access via the public health service to help individuals maintain good diabetes control and a high quality of life. The HSE's Diabetic Retinopathy Screening programme is also based in both centres. In 2020, our Care Centres were closed from March to June 2020 when they reopened on a reduced service basis. The Centres are now opened 5 days per week serving the local diabetes populations.

2020

On 31 December 2020, our podiatry service in Dublin had a client base of just under 3,425 individuals who regularly attend for footcare appointments to ensure they do not develop foot ulcers which can lead to lower limb amputation if not treated effectively and in a timely manner. 79% of the clients who attend the service had diabetes with the remainder primarily consisting of client family members and people with arthritis and other conditions who were referred to the service. Due to Covid 19, the service was closed from March 2020 to June 2020 when it reopened.

On 31 December 2020, our podiatry service in Cork had a client base of just under 1,745 clients who regularly attend for footcare appointments to ensure they do not develop foot ulcers which can lead to lower limb amputation if not treated effectively and in a timely manner. 76% of the clients who attend the service had diabetes with the remainder primarily consisting of client family members and people with arthritis and other conditions who were referred to the service. Due to Covid 19, the service was closed from March 2020 to June 2020 when it reopened

Our counselling service also resumed in June 2020 as an online service making it possible for people from any geographical area to access the service. The service also provides face to face sessions in our Cork Care Centre and appointments are available on request.

In both Care Centres, there is also access to the National Diabetes Retinopathy Screening programme for people with diabetes living in the Northside of Dublin and in Cork City.

Direct Patient Care Partnership Services

Cognisant of the current economic environment and the under resourcing of diabetes services nationwide, Diabetes Ireland also looks for opportunities to partner with the HSE and other stakeholders to provide access to vital services for people with diabetes. We achieve this through the employment of healthcare professionals in various parts of the country who provide direct care services to people with diabetes.

2020

With the support of the HSE, Diabetes Ireland employed 13 Podiatrists providing vital high risk foot care services in Cork, Kerry, Waterford, Wexford, Carlow/Kilkenny, Meath, Louth, Cavan, and Monaghan.

In 2020, the High Risk Footcare service provided 13,943 appointments. This is less than the previous year as Covid 19 impacted on access to services.

Diabetes Ireland also continued to support Gestational Diabetes services in Cork University Maternity Hospital through the employment of a dietitian. A total of 793 women diagnosed with gestational diabetes attended the service in 2020, all of whom were monitored and treated for the duration of their pregnancies

Diabetes Ireland employs 2 Diabetes Nurse Specialists and 1 Senior Dietitian to deliver its CODE programme and health promotion initiatives nationwide.

Diabetes Advocacy

Diabetes Ireland leads the way in advocating for more resources for diabetes services nationally. Diabetes Ireland is represented on both the HSE National Clinical Programmes for both adults and children's diabetes services. Diabetes Ireland also has an Advocacy Committee consisting of people living with Type 1 diabetes and Type 2 diabetes, parents of children with diabetes and advocacy staff. Our overall aim is to see improved public services, better and quicker access to new diabetes technology and medications and better recognition of diabetes by the Government and its public officials. Work is continuously ongoing to achieve improvements which will benefit the diabetes community.

2020

The Diabetes Ireland Advocacy Committee took the opportunity of the General Election in February 2020 to highlight the lack of resources in current HSE diabetes services. The committee initiated a doorstep campaign asking our community to engage with election candidates seeking their support to start addressing the many needs of the diabetes community.

In February 2020, Diabetes Ireland responded to a review of the HSE's Medicines Management Programme (MMP) into defining a preferred glucose strip for home blood glucose testing. The MMP which aims to promote safe, effective, and cost-effective prescribing on behalf of the HSE had indicated its view that it was in the process of defining a single preferred glucose strip for home blood glucose testing for all people with Diabetes Ireland.

Alarmed, by the potential impact of this on our diabetes community, our Directors and Advocacy Committee working together sent a submission to the MMP stating that Diabetes Ireland was not in favour of having one single preferred blood glucose strip for all as it would have a detrimental effect on the maintenance of good diabetes management and that for effective long term management both clinician and a person with diabetes should be able to access the most suitable blood glucose meter on the market for them in a joint decision making process.

Diabetes Ireland also highlighted that this would allow sufficient choice, flexibility, visibility, dexterity, and other enhanced features to be considered in the decision-making process between the clinician and the individual. The MMP published its guidelines and Diabetes Ireland was delighted to see that its view was accepted and there continues to be choice of blood glucose strip for everyone. Although, the MMP has proposed a preferred list of blood glucose strips, it has still allowed access for people to continue using their current blood glucose strip and only change if they wish to, in consultation with their clinician. However, for those newly diagnosed who require a blood glucose meter, clinicians are

being asked to work with individuals to select from the preferred list but retain the ability to prescribe from outside of the preferred list based on clinical need.

In late 2020, the Cross-Party Parliamentary Group on diabetes was restarted with Cormac Devlin TD as Chairperson with a view to highlighting the need for improved diabetes services nationwide to the Minister for Health and his Department, the HSE Officials and other stakeholders. Diabetes Ireland will continue to support this group in 2021.

Through the HSE National Clinical Programme for Diabetes, work on delivering a National Diabetes Patient Register was stopped due to Covid 19. This is a longstanding priority for the diabetes community, and we hope to see this work begin again in 2021.

Building work on the development of a new diabetes centre in Sligo University Hospital progressed significantly in 2020. After many years of advocating by the Sligo branch of Diabetes Ireland and local diabetes healthcare staff, this is a fantastic achievement, and we hope to see the opening of the centre in 2021.

Diabetes Ireland also provided advocacy support to 7% of callers to its helpline in 2020. These were in the areas of insurance cover, work, and school related discrimination issues.

Following Diabetes Ireland advocacy for the development of an HSE annual national audit of Type 1 diabetes services nationwide, work on this continued in 2020. This would provide current information on standards of care being delivered to people with Type 1 diabetes nationwide and allow the HSE to identify where extra resources are required to ensure everyone regardless of geographical location can receive high quality support and care to help them manage their condition effectively. Diabetes Ireland is represented on the oversight committee for this development and will continue to support it in 2021.

Locally, many of our patient advocates worked tirelessly to highlight deficiencies in local diabetes services and advocated for extra resources.

Work on a new school's policy protocol on the management of children with Type 1 diabetes was delayed by Covid 19. Publication of the protocol is expected in 2021. This will help implement a best practice framework to meet the care needs of primary school children with Type 1 diabetes during school hours.

Diabetes Ireland working through the various committees mentioned above will continue to advocate for the improvement of diabetes services nationally, for the publication and implementation of all outstanding HSE Guidelines and Policies and access to new medications and technologies that will improve diabetes control for many people with diabetes.

Diabetes Research

Diabetes Ireland Research Alliance was set up in 2008 as a subsidiary of Diabetes Ireland, the national charity supporting people with diabetes in Ireland. Diabetes Ireland Research Alliance has the specific aim of promoting, supporting, and funding research related to the causes, prevention, and cure of diabetes

Its objectives are:

- To conduct, promote, support and fund research related to the causes, prevention, and cure of diabetes, and into improvements in the management of the condition and its complications; and to publish and disseminate the useful results of any such research.
- To prioritise and progressively increase funding for research in Ireland.
- To advance the understanding of diabetes through research.

During the calendar year 1st July 2019 to 30th June 2020, Diabetes Ireland Research Alliance continued to be a strong advocate promoting Irish diabetes research ensuring that Irish Researchers were offered the best possible opportunities to find a cure for diabetes and its complications, to minimise the development of diabetes and its complications where possible and support people living with diabetes to retain their optimal health while waiting on a cure. Diabetes Ireland Research Alliance worked with multidisciplinary research teams, academic students and professional clinicians all working towards improved outcomes for people with diabetes. Through the support of its committee, Diabetes Ireland Research Alliance collaborated in research study applications, provided guidance on expert panels, secured funding for new projects, fast-tracked recruitment processes when appropriate in an endeavor to move Irish diabetes research forward and put funding towards both an Irish based and a UK based research project.

JDRF Partnership

Internationally, Diabetes Ireland Research Alliance partners with Juvenile Diabetes Research Foundation (JDRF), the leading charitable organisation in funding research into finding a cure for Type 1 diabetes, to help garner support from the diabetes community for its ongoing diabetes research work. Diabetes Ireland Research Alliance and JDRF aim to:

- Encourage high-quality type 1 diabetes research in Ireland
- Promote Ireland as a JDRF base for international lead research into finding a cure.
- Raise the profile of both organisations in the Republic of Ireland
- Build a sustainable relationship with Irish-based scientists and researchers
- Raise funds for type 1 diabetes research in Ireland and the UK.

In conjunction with the Health Research Board, Diabetes Ireland Research Alliance continued to fund a project called "Towards novel anti-infectives with enhanced wound-healing for diabetic foot; CO-releasing star-shaped microbicidal polymers". This research led by Dr Deirdre Fitzgerald-Hughes; Royal College of Surgeon's in Ireland was officially launched in November 2018. Dr Fitzgerald-Hayes and team will develop and evaluate, in a laboratory setting, a new class of medication delivered directly to a foot wound. This new compound has the potential to effectively deliver enhanced properties to treat and heal infected wounds with diabetes. Total funding to deliver this project over the next 2 years to mid-2021 is €170,000.

See www.diabetes.ie/research/dira-annual-report/ for more information.

Structure, Governance and Management

The governing body of the charity is the Board of Directors which can consist of at least 3 and not more than 10 individuals. In 2020, the Board of Directors consisted of 10 members and met 7 times. The Board oversees the business and affairs of the Charity. The Board and committees all include a mix of individuals with Type 1 or Type 2 diabetes, healthcare professionals and a mix of gender, skills, geography, and experience.

Other committees in place are:

- A Management and Finance Committee which assists in the development of policy, maintains financial accountability to meet the costs of the organisation's activity programme and assists the CEO in the day-to-day management of the organisation.
- The Board delegates day—to-day management of the charity to the Chief Executive who is supported by the Management, Finance and Audit Committee which met 8 times in 2019. The Chief Executive also attends Board of Directors meetings.
- An Audit Committee to provide oversight of the financial reporting process, the audit process, internal financial controls, and compliance with relevant legislation.
- Quality & Safety Committee to develop, deliver, implement, and evaluate a comprehensive quality and safety programme for Diabetes Ireland HSE supported services and care centres.
- Diabetes Ireland Advocacy Committee which works to see improved public services, better and quicker access to new diabetes technology and medications and better recognition of diabetes by the Government and its public officials.
- Local Volunteer Support Committees which co-ordinate activities at local level and provide a support network for people of all ages with diabetes and their families.

All Directors and other committee members give their time freely and receive no benefits from the charity other than travel expenses.

Finance & Fundraising

Diabetes Ireland is financed by a mix of statutory, corporate, and voluntary donations. In the 12-month period to 30 June 2019, the organisation made a small surplus of €77,145.

The latest available annual audited accounts to 30 June 2020 (on pages 22-33) show income of €2,091,819 for the 12-month period and expenditure for the same period of €2,014,674 giving a surplus of €77,145 for the period. The balance sheet showed a reserve of €1,116,750 on 30 June 2020.

Statutory funding from the Health Service Executive accounted for 56% of total income. This funding enabled the charity to directly employ **26** healthcare professionals (podiatrists, nurses, and dietitians) to deliver services to the diabetes community nationwide while the balance was raised through a range of fundraising initiatives and corporate support.

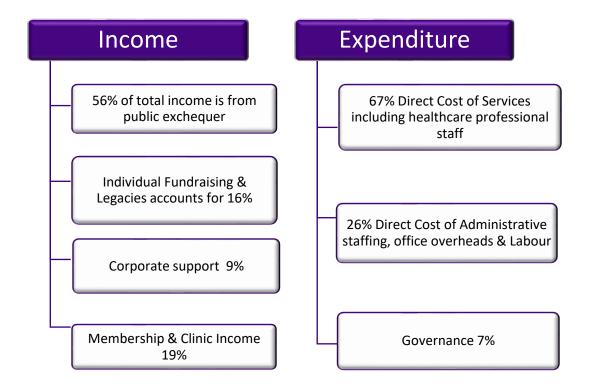
The end of 2020 marked the end of our partnership with the HSE in relation to the provision of podiatry and gestational diabetes services in certain parts of the country. This will severely impact on our future income. However, our expenditure will also reduce in line with the reduction of HSE grant funding.

The remaining 44% of income was generated via corporate and community fundraising, membership, personal donations, services income, and legacies. The total of legacy bequests in the period totalled €5,463.

Diabetes Ireland is very much appreciative of everyone who raised vital funds to help us maintain our services during the year.

Expenditure is split between direct costs of services which are attributable to the provision of our services and include all salaries of non-administrative staff and costs associated with the provision of our services and direct costs of administration which include administrative and fundraising staff costs plus general office overhead costs.

In 2020, Diabetes Ireland will continue to strive to maintain its services to meet the needs of the diabetes community in Ireland.



Statement of Accounts 2020

Diabetes Federation of Ireland

Director's Report for the year ended 30 June 2020

The directors present their report and the audited financial statements for the year ended 30 June 2020.

The Company is a registered charity and hence the report and results are presented in a form which complies with the requirements of the Companies Acts 2014 and the Statement of Recommended Practice (SORP) applicable to charities in the UK & Republic of Ireland (Revised in 2015) the organisation has implemented its recommendations where relevant in these accounts. The main activities of the organisation are charitable.

Objectives and activities

Diabetes Federation of Ireland has been the national charity dedicated to helping people with diabetes. We achieve this by providing support, education, and motivation to everyone affected by Diabetes. Diabetes Ireland also raises public awareness of Diabetes, its symptoms, and funds research into finding cure for diabetes and optimal care.

A cure for diabetes and optimal care.

Directors and Secretary

The Directors who served during the year and up to the date of signature of the financial statements were:

Michael Joy (Resigned 10 November 2019)

Philip Miesle Cormac Gollogy Collette McLoughlin Philip Kavanagh Gerard Gallagher Daniel McDaid Hilary Hoey Patrick Power **Gerald Henry Tomkin**

(Appointed 10

Barbara Scott November 2019)

The secretary who served throughout the year was Daniel McDaid

Structure, governance, and management Governing Document

The organisation is a charitable company limited by guarantee, incorporated on 29 November 1968. The company does not have a share capital and consequently the liability of members is limited, subject to an undertaking by each member to contribute to the net assets or liabilities of the company on winding up such amounts as may be required not exceeding €1.00.

The company's constitution establishes the objects and powers of the charitable company and is governed under its constitution and managed by a Board of Directors.

The Governance Code

Diabetes Federation of Ireland has a responsibility to provide and follow a code of good practice when it comes to how our organisation is run. In 2016, Diabetes Federation of Ireland obtained full compliance with the Code of Practice for Good Governance of Community, Voluntary and Charitable Organisations in Ireland. The Governance Code is based on five main principles and Diabetes Federation of Ireland is committed to adhering to these principles.

The company has been granted charitable status under Sections 207 and 208 of the Taxes Consolidation Act 1997, Charity No CHY 6906.

Directors and responsibilities

The directors of the company are also charity trustees for the purposes of charity law.

The board is committed to achieving high standards of governance. Board members do not receive any remuneration in respect of their services to the charity. Expenses are reimbursed where claimed. There have been no contracts or arrangements entered during the financial year in which a Board member was materially interested, or which were significant in relation to the charity's activities.

Board Members Induction Training

Most board members are already familiar with the practical work of the charity having been involved with the charity for a number of years. Additionally, new members are encouraged to familiarise themselves with the charity and the context within which it operates.

- The obligations of Board Members
- The main documents which set out the operational framework for the charity including the Memorandum and Articles.
- Resourcing and the current financial position as set out in the latest published accounts
- Future plans and objectives

Risk management/Principal risks and uncertainties

The Directors have identified that the key risks and uncertainties the charity faces relate to the risk of a decrease in the level of fundraising and the potential increase in compliance requirements in accordance with company, health and safety, taxation, and other legislation. The impact of Covid 19 and notification of the loss of two HSE Service Level Agreements will seriously reduce the charity income for the next financial year. Controls to minimise the impact of this will be put in place by the board.

The charity mitigates these risk factors as follows: (i) the charity continually monitors the level of activity, prepares, and monitors its budgets targets and projections (ii) the charity closely monitors emerging changes to regulations and legislations on an ongoing basis.

Internal control risks are minimised by the implementation of procedures for authorisation of all transactions and projects. Procedures are in place to ensure compliance with health and safety of staff, volunteers, and clients.

Organisational Structure

Diabetes Federation of Ireland has a Board of Directors who meet regularly and are responsible for the strategic direction and policy of the charity. At present the Board has ten members from a variety of professional backgrounds relevant to the work of the charity.

Related Parties/Wider Network

Diabetes Ireland Research Alliance is a connected charity of Diabetes Federation of Ireland. The Diabetes Research Alliance has the specific aim of promoting, supporting, and funding research related to causes, prevention, management, and cure of diabetes.

Mission Statement

Since 1967, Diabetes Federation of Ireland has been the national charity dedicated to helping people with diabetes. We achieve this by providing support, education, and motivation to everyone affected by diabetes. Diabetes Ireland also raises public awareness of diabetes, its symptoms, and funds research into finding a cure for diabetes and optimal care.

Objectives and activities

To provide an organisation for the benefit and service of people with diabetes and others interested in diabetes and associated diseases and to promote the study of the causes and treatment thereof and diffusion of information concerning the same.

Our Services:

- Patient support via our telephone helpline 01 842 8118.
- Up to date information via our website, social media platforms, literature, and our members magazine. "Diabetes Ireland" which is published three times annually.
- Support for children with diabetes and their families through our Sweetpea Kidz Club for children aged 2-10 years, teenage activities, family weekends and parent support groups.
- Direct health education for people with diabetes through conferences and our community-based structured education programmes.
- Advocacy and liaison with clinics, services, the HSE and the Department of Health and Children.
- Insurance services: negotiated private motor insurance rates, travel, mortgage protection and other insurance advice.
- Anti-discrimination activity.
- Professional support via major annual multi-disciplinary conferences, practice support packs and our Diabetes & Cardiology Professional magazine.

- Co-ordinating national and regional local diabetes awareness campaigns about the symptoms and risk factors for diabetes.
- Health promotion initiatives including school's awareness, workplace awareness, early detection and prevention initiatives, and diabetes screening.
- Funding Irish and international research via our subsidiary charity 'Diabetes Ireland Research Alliance.

Achievements and Performance

For the first eight months of the period the charity continued to perform well continuing to offer excellent support and services to people with diabetes and their families. However, the latter part of the period proved extremely difficult as the impact of Covid 19 took its toll. Like many other organisations, the charity had to take measures during lockdown which included closing its offices and care centres and severely reducing the working hours of our administration staff who to their credit continued to keep our very busy helpline and online platforms open so we could continue to support our diabetes community.

The charity saw a significant reduction in income later in the period that necessitated applying for the governments wage subsidy scheme for staff. However, following a lot of fundraising support from our members, the wider diabetes community, and our corporate partners, we re-opened our Care Centres in June on a partial basis and maintained reduced staffing levels in our offices with staff also working from home.

The full impact of Covid 19 on the charity is still unknown but the board is continuously monitoring the situation to minimise the impact and take appropriate action as necessary.

Financial Results

The surplus for the year after providing for depreciation amounted to €77,145 (2019 - €426,886).

At the end of the year, the company has assets of €1,601,848 (2019 - €1,567,075) and liabilities of €485,098 (2019 - €527,470). The net assets of the company have increased by €77,145.

Financial and Operation Review

Principal Funding Sources

The principal funding sources of the charity are currently through a variety of sources:

- Memberships
- Statutory funding
- Fundraising
- Services and clinic income
- Merchandise income

Statement of Guiding Principles for Fundraising

Diabetes Ireland is committed to complying with the Statement of Guiding Principles for Fundraising. The Statement of Guiding Principles for Fundraising is a guide to best practice developed by a steering group set up in response to the Charities Act 2009.

Investment Policy

It is the policy of the charity that funds not immediately required for operational purposes are invested in interest bearing deposit accounts in major financial institutions in Ireland that are subject to the statutory regulatory regime.

Reserves Policy

Unrestricted funds represent amounts which are expendable at the discretion of the directors and committee in furtherance of the objectives of the charity and which have not been designated for other purposes. Such funds may be held in order to finance working capital or capital expenditure.

Restricted funds represent grant income and donations received which are subject to specific conditions imposed by the donors or grant making institutions. They are not available for the general purpose of the charity.

Funds held as Custodian Trustee on behalf of others

The charity or its trustees do not hold any funds or other assets by way of a custodian arrangement.

Auditor

UHY Farrelly Dawe White Limited were appointed in the year to fill a casual vacancy. In accordance with the company's articles, a resolution proposing that UHY Farrelly Dawe White Limited be reappointed as auditor of the company will be put at a General Meeting.

Post Reporting Date Events

There have been no significant events affecting the company since the year-end. The ongoing impact of Covid 19 is detailed above under heading Achievements and Performance.

Accounting Records

To ensure that adequate accounting records are kept in accordance with sections 281 to 285 of the Companies Act 2014, the directors have employed appropriately qualified accounting personnel and have maintained appropriate computerised accounting systems. The accounting records are located at the company's office at 19 Northwood House, Northwood Business Campus, Santry, Dublin 9.

Disclosure of information to auditor

Each of the Directors has confirmed that there is no information of which they are aware which is relevant to the audit, but of which the auditor is unaware. They have further confirmed that they have taken appropriate steps to identify such relevant information and to establish that the auditor is aware of such information.

The Directors' report was approved by the Board of Directors.

Daniel McDaid

Damy Al Dall

Director

Dated:29.01.21

Hilary Hoer

Hilary Hoey Director

Dated:.....29.01.21

Directors' Responsibilities Statement

The directors are responsible for preparing the Directors' Report and the financial statements in accordance with applicable Irish law and regulations.

Irish company law requires the directors to prepare financial statements for each financial year. Under the law the directors have elected to prepare the financial statements in accordance with the Companies Act 2014 and SORP FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" issued by the Financial Reporting Council. Under company law, the directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the assets, liabilities, and financial position of the company as at the financial year end date and of the surplus or deficit of the company for the financial year and otherwise comply with the Companies Act 2014.

In preparing these financial statements, the directors are required to:

- select suitable accounting policies for the company financial statements and then apply them consistently;
- make judgements and accounting estimates that are reasonable and prudent;
- state whether the financial statements have been prepared in accordance with applicable accounting standards, identify those standards, and note the effect and the reasons for any material departure from those standards; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for ensuring that the company keeps or causes to be kept adequate accounting records which correctly explain and record the transactions of the company, enable at any time the assets, liabilities, financial position and surplus or deficit of the company to be determined with reasonable accuracy and enable them to ensure that the financial statements and Directors' Report comply with the Companies Act 2014 and enable the financial statements to be audited. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the directors are aware:

- there is no relevant audit information (information needed by the company's auditor in connection with preparing the auditor's report) of which the company's auditor is unaware, and
- the directors have taken all the steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the company's auditor is aware of that information.

Signed on behalf of the board

Hilary Hoer

Hilary Hoey

Director

Date: 29.01.21

Daniel McDaid
Director

Date: 29.01.21

Independent Auditor's Report

Opinion

We have audited the financial statements of Diabetes Federation of Ireland (the 'charity') for the year ended 30 June 2020 which comprise the statement of financial activities, the balance sheet, the statement of cash flows and the notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is the Companies Act 2014, including Financial Reporting Standard 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland.

In our opinion, the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 30 June 2020 and of its incoming resources and application of resources, for the year then ended;
- have been properly prepared in accordance with FRS102 The Financial Reporting Standard applicable in the UK and Republic of Ireland; and
- have been prepared in accordance with the requirements of the Companies Act 2014.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (Ireland) (ISAs (Ireland)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the Ireland, including the Ethical Standard issued by the Irish Auditing and Accounting Supervisory Authority (IAASA), and the provisions available for small entities, in the circumstances set out in note 25 to the financial statements, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

We have nothing to report in respect of the following matters in relation to which the ISAs (Ireland) require us to report to you where:

the Directors' use of the going concern basis of accounting in the preparation of the financial statements is not appropriate; or

the Directors have not disclosed in the financial statements any identified material uncertainties that may cast significant doubt about the charity's ability to continue to adopt the going concern basis of accounting for a period of at least twelve months from the date when the financial statements are authorised for issue.

Other information

The Directors are responsible for the other information. The other information comprises the information included in the annual report, other than the financial statements and our auditor's report thereon. Our opinion on the financial statements does not cover the other information and we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements, or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2014

In our opinion, based on the work undertaken in the course of our audit:

the information given in the Directors' Report, which includes the directors' report prepared for the purposes of

company law, for the financial year for which the financial statements are prepared is consistent with the financial statements; and

the directors' report included within the Directors' report has been prepared in accordance with applicable legal requirements.

We have obtained all the information and explanations which we consider necessary for the purposes of our audit.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charity and its environment obtained in the course of the audit, we have not identified material misstatements in the directors' report included within the Directors' report.

We have nothing to report in respect of our obligation under the Companies Act 2014 to report to you if, in our opinion, the disclosures of directors' remuneration and transactions specified by sections 305 to 312 of the Act are not made.

Responsibilities of Directors

As explained more fully in the statement of Directors' responsibilities, the Directors are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the Directors determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the Directors are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the Directors either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (Ireland) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

A further description of our responsibilities for the audit of the financial statements is located on the IAASA's website at: http://www.iaasa.ie/Publications/Auditing-standards/International-Standards-on-Auditing-for-use-in-Ire/International-Standards-on-Auditing-(Ireland)/ISA-700-(Ireland). This description forms part of our auditor's report.

Use of report

This report is made solely to the charitable company's members, as a body, in accordance with section 391 of the Companies Act 2014. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Richard Berney for and on behalf of UHY Farrelly Dawe White Limited

Chartered Certified Accountants Statutory Auditor Unit 4A Fingal Bay Business Park Balbriggan Co.Dublin

Statement of Financial Activities

Including Income & Expenditure Account

for the year ended 30 June 2020

		Unrestricted funds	Restricted funds	Total	Total
		2020	2020	2020	2019
	Notes	€	€	€	€
Income and endowments from:					
Donations and legacies	5	522,535	-	522,535	1,067,543
Charitable activities	5	118,958	1,155,599	1,274,557	1,188,792
Other activities	5	291,168	-	291,168	354,662
Other income	5	3,559		3,559	
Total income		936,220	1,155,599	2,091,819	2,610,997
Expenditure on:					
Charitable activities	6	750,113	1,264,561	2,014,674	2,184,111
Net incoming/(outgoing) resources before transfers		186,107	(108,962)	77,145	426,886
Transfers between funds		(108,962)	108,962	-	-
Net income for the year/ Net movement in funds		77,145		77,145	426,886
Fund balances at 1 July 2019		1,039,605		1,039,605	612,719
Fund balances at 30 June 2020		1,116,750	-	1,116,750	1,039,605

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

Statement of Financial Activities

Balance Sheet

for the year ended 30 June 2020

		202	2020		2019	
	Notes	€	€	€		€
Fixed assets						
Tangible assets	9		552,845		569,691	
Investments	10		1,213		1,213	
			554,058		570,904	
Current assets						
Stocks	11	10,526		13,797		
Debtors	12	86,630		88,121		
Cash at bank and in hand		950,634		894,253		
		1,047,790		996,171		
Creditors: amounts falling due within one year	13	(349,284)		(375,112)		
Net current assets			698,506		621,059	
Total assets less current liabilities			1,252,564		1,191,963	
Creditors: amounts falling due after more than one year	14		(135,814)		(152,358)	
Net assets			1,116,750		1,039,605	
Income funds						
Unrestricted funds			1,116,750		1,039,605	
			1,116,750		1,039,605	
					-	

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Directors on 29.01.21.

Damy Al Dall

Daniel McDaid

Director

Company Registration No. 27655

Hilary Hoer

Hilary Hoey

Director

Statement of Cash Flows

for the year ended 30 June 2020

		2020)	2019	
	Notes	€	€	€	€
Cash flows from operating activities					
Cash generated from operations	23		81,245		329,191
Investing activities					
Purchase of tangible fixed assets		(14,897)		(3,279)	
Proceeds on disposal of subsidiaries		-		1,213	
Proceeds on disposal of other investments		-		(1,213)	
					
Net cash used in investing activities			(14,897)		(3,279)
Financing activities					
Repayment of borrowings		6,000		(17,182)	
Repayment of bank loans		(16,544)		(15,919)	
Net cash used in financing activities			(10,544)		(33,101)
-					
Net increase in cash and cash equivalents			55,804		292,811
Cash and cash equivalents at beginning of year			894,253		601,442
Cash and cash equivalents at end of year			950,057		894,253
Relating to:					<u></u>
Cash at bank and in hand			950,634		894,253
Bank overdrafts included in creditors payable			,		054,233
within one year			(577)		-

Notes to the Financial Statements

for the year ended 30 June 2020

1 Accounting policies

Charity Information

Diabetes Federation of Ireland is a company limited by guarantee incorporated in the Republic of Ireland. The registered office is 19 Northwood House, Northwood Business Campus, Santry, Dublin 9.

1.1 Accounting convention

The financial statements are prepared in accordance with the Companies Act 2014 and FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" issued by the Financial Reporting Council. The company has applied the recommendations contained in Charities SORP (FRS 102) effective 1 January 2015.

The financial statements are prepared in euro, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest €.

The financial statements have been prepared on the going concern basis and in accordance with the historical cost convention, modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the Directors have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the Directors continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are general funds that represent amounts which are expendable at the discretion of Directors in furtherance of the objectives of the charity and which have not been designated for other purposes. Such funds may be held in order to finance working capital or capital expenditure.

Designated funds are unrestricted funds earmarked by the Management Committee for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds represent grants, donations and income received which can only be used for particular purposes specified by the donors or sponsorship programmes binding on the directors. Such purposes are within the overall aims of the company.

Endowment funds represent those assets which must be held permanently by the charity, principally investments. Income arising on the endowment funds can be used in accordance with the objects of the charity and is included as unrestricted income

1.4 Incoming resources

Grants from Public Sector Bodies/Government agencies and other sundry sources are credited to the statement of financial activities upon recognition of the associated expense for which the grant was originally received. At the completion of the entire grant period, a full report deciding the outcome of the research is completed and submitted to the grant provider in compliance with the grant conditions where applicable.

Revenue from the sale of goods is recognised where the significant risks and rewards of ownership have transferred to the buyer, usually on despatch of goods; the amount of revenue can be measured reliably; it is probable that the associated economic benefits will flow to the entity and the costs incurred or to be incurred in respect of the transactions can be measured reliably.

Income also consists of donations and other funds generated by voluntary activities. These are included in the financial statements when received into the company's bank account. Incoming resources have been included in the financial statements only when realised.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

Deferred Income is accounted for when income has been received by the organisation and the conditions attached for recognition of same have not been satisfied or funds have been received for future periods.

1.5 Resources Expended

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be full recovered, and is report as part of the expenditure it relates;

- Costs of generating funds comprise the costs associated with attracting voluntary income and the costs of trading for fundraising purposes.
- Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.
- Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the audit fees and costs linked to the strategic management of the charity.
- All costs are allocated between the expenditure categories of the SOFA on a basis designed to reflect the
 use of the resource. Costs relating to a particular activity are allocated directly, others are apportioned on
 an appropriate basis.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Freehold land and buildings 2% Straight line Fixtures, fittings, and equipment 15% Straight line The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in net income/(expenditure) for the year.

1.7 Fixed asset investments

Fixed asset investments are initially measured at cost and subsequently measured at cost less any accumulated impairment losses. The investments are assessed for impairment at each reporting date and any impairment losses or reversals of impairment losses are recognised immediately in net income/(expenditure) for the year.

1.8 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.9 Stocks

Inventories are valued at the lower of cost and net realisable value. Inventories are determined on a first-in first-out basis. Cost comprises expenditure incurred in the normal course of business in bringing inventories to their present location and condition. Full provision is made for obsolete and slow moving items. Net realisable value comprises actual or estimated selling price (net of trade discounts) less all further costs to completion or to be incurred in marketing and selling.

Net realisable value is the estimated selling price less all estimated costs of completion and costs to be incurred in marketing, selling and distribution.

1.10 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.11 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.12 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.13 Retirement benefits

The company does not operate a defined contribution pension scheme or a defined benefit pension scheme for its employees. The company facilitates a PRSA scheme for the employees who wish to contribute to same.

1.14 Foreign exchange

Transactions in currencies other than pounds sterling are recorded at the rates of exchange prevailing at the dates of the transactions. At each reporting end date, monetary assets and liabilities that are denominated in foreign currencies are retranslated at the rates prevailing on the reporting end date. Gains and losses arising on translation are included in net income/(expenditure for the period.

1.15 Taxation

No charge to current or deferred taxation arises as the charity has been granted charitable status under Sections 207 and 208 of the Taxes Consolidation Act 1997, Charity No CHY 6909.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the Directors are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

Key sources of estimation uncertainty

Establishing useful economic lives for depreciation purposes of tangible fixed assets

Long-lived assets, consisting primarily of tangible fixed assets, comprise a significant portion of the total assets. The annual depreciation charge depends primarily on the estimated useful economic lives of each type of asset and estimates of residual values. The trustees regularly review these asset useful economic lives and change them as necessary to reflect current thinking on remaining lives in light of prospective economic utilisation and physical condition of the assets concerned. Changes in asset useful lives can have a significant impact on depreciation and amortisation charges for the period. Detail of the useful economic lives is included in the accounting policies.

3 Departure from Companies Act 2014 Presentation

The directors have elected to present a Statement of Financial Activities instead of a Profit and Loss Account in these financial statements as this company is a not-for-profit entity.

4 Operating Surplus

				Č	·
	Operating surplus is stated after charging:				
	Depreciation of property, plant, and equipment			31,743	28,084
	Auditors Remuneration			4,902	4,903
5	luceure				
5	Income	Unrestricted	Restricted	Total	Total
		funds	funds	Total	Total
		2020	2020	2020	2019
		2020 €	2020	2020 €	2019
	the section of the section of the section	ŧ	ŧ	ŧ	£
	Income from Donations, Gifts & Legacies				
	Donations and grants	-	-	-	-
	Sponsorship	197,419	-	197,419	188,510
	Bequests	5,463	-	5,463	493,823
	Fundraising	319,653	-	319,653	385,210
		522,535	-	522,535	1,067,543
	Income from Charitable Activities				
	Grants - HSE South	-	614,319	614,319	560,372

2020

€

2019

€

	Grants - HSE South East	-	67,883	67,883	-
	Grants - HSE North East	-	432,797	432,797	447,109
	Grants - HSE West	-	40,600	40,600	27,193
	General Income	118,958	<u>-</u>	118,958	154,118
		118,958	1,155,599	1,274,557	1,188,792
	Income from Charitable Activities				
	Clinic/Merchandising	269,483	-	269,483	322,748
	Other Income	25,244		25,244	31,914
		294,727	-	294,727	354,662
	Investment Income				
	Other Income	-	-	-	-
		-	-	-	-
	Total Income and Endowments	936,220	1,155,599	2,091,819	2,610,997
6	Expenditure				
		Unrestricted	Restricted	Total	Total
		funds	funds		
		2020	2020	2020	2019
		€	€	€	€
	Raising Funds	90,063	-	90,063	29,878
	<u>Charitable Activities</u>				
	Charitable Activities	513,335	1,264,561	1,777,896	2,002,943
	Governance Costs	146,715		146,715	151,290
		660,050	1,264,561	1,924,611	2,154,233
	Total Expenditure	750,113	1,264,561	2,014,674	2,184,111

7 Employees

Number of employees

The average monthly number of employees during the year was:

	2020	2019
	Number	Number
Administration staff	10	12
Administration staff	10	12
Professional staff	25	25
	35	37
Employment costs	2020	2019
	€	€
Wages and salaries	1,369,947	1,405,817
COVID 19 Subsidy - TWSS scheme	(81,254)	-
Social security costs	138,796	152,035
Other pension costs	31,193	19,060
	1,458,682	1,576,912
The number of employees whose annual remuneration was €60,000 or more were:		
	2020	2019
	Number	Number
staff salaries fall between €50,001 and €60,000	1	2
staff salaries fall between €60,001 and €70,000	-	1
staff salaries fall between €70,001 and €80,000	-	1
staff salaries fall between €80,001 and €90,000	1	-
staff salaries fall between €90,001 and €100,000	-	-
staff salaries fall between €100,000 and €105,000		1

8 Key Management Compensation

Key management includes all members of Company Management. The compensation paid or payable to key management for employee services is shown below

	2020	2019
	€	€
Salaries and other short-term benefits	80,509	173,275

9 Tangible fixed assets

		Fixtures, fittings, and equipment	Total
	€	€	€
Cost			
At 1 July 2019	592,059	217,456	809,515
Additions		14,897	14,897
At 30 June 2020	592,059	232,353	824,412
Depreciation and impairment			
At 1 July 2019	75,696	164,128	239,824
Depreciation charged in the year	11,841	19,902 ———	31,743
At 30 June 2020	87,537	184,030	271,567
Carrying amount			
At 30 June 2020	504,522	48,323	552,845
At 30 June 2019	516,363	53,328	569,691

10 Fixed asset investment

	Prize Bonds €
Cost or valuation	
At 1 July 2019 & 30 June 2020	1,213
Carrying amount	
At 30 June 2020	1,213
At 30 June 2019	1,213

11 Stocks

	2020	2019
	€	€
Finished goods and goods for resale	10,526	13,797

The replacement cost of inventory did not differ significantly from the figures shown.

12 Debtors

Amounts falling due within one year:	2020 €	2019 €
Trade debtors	71,388	73,584
Other debtors	1,377	(88)
Prepayments and accrued income	13,865	14,625
	86,630	88,121

13 Creditors: amounts falling due within one year

		2020	2019
	Notes	€	€
Bank loans and overdrafts	15	25,006	24,429
Other borrowings		6,527	527
Other taxation and social security		561	40,518
Deferred income	16	278,124	279,312
Trade creditors		17,682	25,406
Other creditors		16,464	-
Accruals and deferred income		4,920	4,920
		349.284	375.112

The Board confirms that the organisation held an active tax clearance.

Diabetes Federation of Ireland is compliant with relevant Circulars, including Circular 44/2006 "Tax Clearance Procedures Grants, Subsidies and Similar Type Payments".

14 Creditors: amounts falling due within one year

		2020	2019
	Notes	€	€
Bank loans	15	135,814	152,358
15 Loans and overdrafts			

	2020 €	2019 €
Bank overdrafts	577	-
Bank loans	160,243	176,787
Loans from related parties	6,527	527
	167,347	177,314

Payable within one year Payable after one year	31,533 135,814	24,956 152,358
Amounts included above which fall due after five years:		
Payable by instalments	38,098	54,642

Allied Irish Bank holds a charge in the form of a mortgage debenture over the premises of the organisation at Units 11 & 19 Northwood House, Northwood Business Campus, Santry, Dublin 9.

16 Deferred income

	2020	2019
	€	€
Arising from government grants	248,828	279,312
Other deferred income	29,296	-
	278,124	279,312

The following is information in relation to the government grants information per Department of Public Expenditure and Reform Circular 13/2014.

Name of Grantor	Name of Grant	Purpose of Grant	Amount €
Dept. of Health -	Primary Care	The provision of diabetes support services	
HSE South CHO4		in Ireland	572,315
Key Funding Sources			
Income Deferred as at 01/07/2019			230,258
Cash Received			539,190
Income Deferred as at 30/06/2020			(197,133)
Income Recognised			572,315

Name of Grantor Dept. of Health - HSE North East CHO8	Name of Grant NE Podiatry Funding	Purpose of Grant The provision of diabetes support services in Ireland	Amount € 224,570
Key Funding Sources Income Deferred as at 01/07/2019 Cash Received Income Deferred as at 30/06/2020 Income Recognised			49,054 223,164 (47,648) 224,570
Name of Grantor Dept. of Health - HSE North East CHO9	Name of Grant Code Programme Funding	Purpose of Grant The provision of diabetes support services in Ireland	Amount € 168,227
Key Funding Sources Income Deferred as at 01/07/2019 Cash Received Income Deferred as at 30/06/2020			- 168,227 -
Income Recognised			168,277
Name of Grantor Dept. of Health - HSE North East CHO9	Name of Grant Health Promotion	Purpose of Grant The provision of diabetes support services in Ireland	Amount € 40,000
Key Funding Sources Income Deferred as at 01/07/2019 Cash Received Income Deferred as at 30/06/2020			- 40,000 -
Income Recognised			40,000
Name of Grantor Dept. of Health - HSE South East CHO5	Name of Grant Core Funding paymen	Purpose of Grant t The provision of diabetes support services in Ireland	Amount € 67,887
Key Funding Sources Income Deferred as at 01/07/2019			-
Cash Received Page 48			71,934

Income Deferred as at 30/06/2020			(4,047)
Income Recognised			67,887
Name of Grantor Dept. of Health -	Name of Grant Core Funding paymen	Purpose of Grant t The provision of diabetes support services	Amount €
HSE West CHO1	01 7	in Ireland	40,600
Key Funding Sources Income Deferred as at 01/07/2019			-
Cash Received Income Deferred as at 30/06/2020			40,600
Income Recognised			40,600
Name of Grantor Dept. of Health -	Name of Grant Office contribution	Purpose of Grant The provision of diabetes support services	Amount €
HSE South CHO4	and Locum	in Ireland	42,000
Voy Franking Courses			
Key Funding Sources Income Deferred as at 01/07/2019 Cash Received			-
Income Deferred as at 30/06/2020			42,000 <u>-</u>
Income Recognised			42,000

17 Status

The liability of the members is limited.

Every member of the company undertakes to contribute to the assets of the company in the event of its being wound up while they are members, or within one year thereafter, for the payment of the debts and liabilities of the company contracted before they ceased to be members, and of the costs, charges and expenses of winding up, and for the adjustment of the rights of the contributors among themselves, such amount as may be required, not exceeding €1.

18 Financial commitments, guarantees and contingent liabilities

The company had no material contingent liabilities at the year-ended 30 June 2020.

19. Capital commitments

The company had no material capital commitments at the year-ended 30 June 2020.

Page | 49

20 Events after the reporting date

The ongoing impact of Covid 19 has resulted in a significant reduction in income that necessitated applying for the governments wage subsidy scheme for staff.

The continuing cycle of lockdowns has resulted in the charity taking measures during lockdown which included closing its offices and care centres and severely reducing the working hours of our administration staff.

The full impact of Covid 19 on the charity is still unknown but the board is continuously monitoring the situation to minimise the impact and take appropriate action as necessary.

21 Related party transaction

Transactions with related parties

During the year the charity entered into the following transactions with related parties:

Diabetes Ireland Research Alliance

Diabetes Ireland Research Alliance (DIRA) and Diabetes Federation of Ireland (DFI) are related due to common directors. During the year, DFI raised donations totaling €7,926 (2019: €11,327) on behalf of DIRA. DFI is also responsible for the administration of DIRA.

At the year-end, there was a balance owed to DIRA from DFI of €6,527 (2019: €527).

22 Reconciliation of funds

	Opening Balance	Income	Expenditure	Transfer of funds	Closing Balance
	€	€	€	€	€
Restricted funds	-	1,155,599	(1,264,561)	108,962	-
Unrestricted funds	1,039,605	936,220	(750,113)	(108,962)	1,116,750
	1,039,605	2,091,819	(2,014,674)	-	1,116,750

23 Cash generated from operations	2020 €	2019 €
Surplus for the year	77,145	426,886
Adjustments for: Depreciation and impairment of tangible fixed assets	31,743	28,084
Movements in working capital: Decrease/(increase) in stocks Decrease/(increase) in debtors	3,271 1,491	(3,797) (1,442)

(Decrease) in creditors	(31,217)	(4,809)
(Decrease) in deferred income	(1,188)	(115,731)
Cash generated from operations	81,245	329,191

24 Analysis of changes in net funds

	At 1 July 2019	Cash flows	At 30 June 2020
	€	€	€
Cash at bank and in hand	894,253	56,381	950,634
Bank overdrafts	-	(577)	(577)
	894,253	55,804	950,057
Loans falling due within one year	(24,956)	(6,000)	(30,956)
Loans falling due after more than one year	(152,358)	16,544	(135,814)
	716,939	66,348	783,287

25 Provisions Available to Small Entities

In common with many other businesses of our size and nature, we use our auditors to assist with the preparation of the financial statements.

26 Approval of the financial statements

The financial statements were approved and authorised for issue by the board of directors on 29.01.21.

DIABETES FEDERATION OF IRELAND MANAGEMENT INFORMATION

FOR THE YEAR ENDED 30 JUNE 2020

Schedule 1 - Income

	2020	2019
Images	€	€
Income		
Recurring Income Clinic Income	269,483	322,748
General Income	118,958	154,118
Sponsorship	197,419	188,510
Fundraising Income	319,653	385,210
Committed Income - HSE	1,155,599	1,034,674
Lottery Funding and other income	25,244	31,914
	2,086,356	2,117,174
Non- Recurring Income		
Bequests/Legacies	5,463	493,823
	5,463	493,823
Total Income	2,091,819	2,610,997
	2020	2019
	€	€
Direct costs	195,465	241,902
Wages and salaries	1,084,781	1,158,107
COVID 19 Subsidy - TWSS scheme	(50,050)	-
Social welfare costs	111,517	125,050
Staff defined contribution pension costs	12,176	14,599
	1,353,889	1,539,658
Administration Expenses		
Wages and salaries	285,166	247,710
Page 52		

COVID 19 Subsidy - TWSS scheme	(31,204)	-
Social welfare costs	27,279	26,985
Staff defined contribution pension costs	19,017	4,461
Staff Training	2,375	199
Recruitment costs	6,598	10,466
Rent payable	19,624	19,623
Insurance	20,394	21,721
Light and heat	10,590	10,066
Repairs and maintenance	22,483	20,416
Printing, postage, and stationery	113,041	123,759
Advertising	13,604	22,002
Telephone	12,086	14,123
Computer costs	27,008	21,675
Travelling and entertainment	9,528	3,849
Legal and professional	-	-
Bank charges	8,039	9,022
Bad debts	20	(7)
General expenses	2,162	1,186
Branch expenditure	18,722	17,616
Leases	15,014	14,501
Management agent expenses	9,250	11,291
Subscriptions	5,459	2,293
Research payments	-	-
Auditor's remuneration	4,902	4,903
Depreciation of property, plant, and equipment	31,743	28,084
	652,900	635,944
Finance		
Other interest	7,885	8,509
Total Expenditure	2,014,674	2,184,111

Acknowledgements

Diabetes Ireland would acknowledge and sincerely thank;

- its staff, volunteers, and healthcare professionals for their continuing support
- corporate partners for their support and assistance with our various initiatives and services
- members, supporters, and donors for their help in raising vital funds to enable us to continue our work
- the Health Service Executive for their financial support which enables us to provide many direct, and much needed, services.



CORPORATE PARTNERS































CHY 6906

Head Office, Dublin

19 Northwood House, Northwood Business Campus, Santry, Dublin 9, DO9 DH30

Phone: 01 842 8118

Email: info@diabetes.ie

Southern Regional Office, Cork

Enterprise House, 36 Mary Street, Cork, T12 H6NH

Phone: 021 4274229

Email: corkcarecentre@diabetes.ie

Western Regional Office, Sligo

1 Wine Street, Sligo, F91 RFK1

Phone: 071 9146001 Email: wro@diabetes.ie

Diabetes Ireland Annual Report

Diabetes | Ireland

Diabetes Ireland