

Young People and Parents Talking about Type 1 Diabetes

We are Caroline and Ella, and we are doing a project on what it is like for young people like you to manage their type 1 diabetes.

We are really interested in how you talk to your parents about your type 1 diabetes management.

What will I be asked to do?



We would like you to fill out a questionnaire about what it is like to live with type 1 diabetes.

We will ask you about your type 1 diabetes and what it is like for you to live with and learn to manage your type 1 diabetes.

You will also answer some questions on what your parents do to manage your type 1 diabetes and how they help you.



How long will it take?

Probably about 30 minutes but you can take your time and you can take as many breaks as you want to. We recommend that you do the survey all in the same day.

Why do we want this information?

We want to know what it's like to learn about managing diabetes, how your parents help you and how you and your parents talk about all this. Then, we can help young people living with type 1 diabetes just like you and their families in the future.

What will happen to my answers?



You will not be writing your name anywhere on the questionnaire so no one will know what you have answered. Your answers will be kept locked up safely so that no one else can see them. We will be writing a project about what you tell us but we will not mention your name in the project. There are no right or wrong answers; we are just really interested about what it is like to have type 1 diabetes.

Can one of my parents stay with me while I fill in my answers?

Yes, of course, but if you want to you can also fill in your answers by yourself.

What should I do if I do not want to take part?

That is fine. We will respect your wishes. We won't mind at all.

If you have any questions you want to ask us before you fill in your answers, you can ask your parents if it would be ok for you to contact us. We would be very happy to answer any questions you have.

Our contact details are:

Ella, phone: (01) 7006328, e-mail: isabella.tuohy2@mail.dcu.ie

or

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