

Come Make A
Splash With Us!!!

Diabetes
Ireland

At Our Second
Annual Type 1 Adventure
Weekend



*Avon RÍ
Blessington Lakes
Co. Wicklow*

September 8th / 9th / 10th 2017



1. Do you want an opportunity as a family to meet other families who go through the same experiences and understand the daily routine of living with type 1 diabetes?
2. Do you want an opportunity for your children to meet other children with Type 1 diabetes and have fun?
3. Do you want an opportunity as parents to learn more about the condition through our education workshops?

If the answer to these questions are yes....

Sign up to this fun filled weekend in Avon Ri, Blessington, Co.Wicklow where the children can learn how to zip rope, kayak, sail, windsurf, Segway and much more!!

Avon Ri Lakeshore Resort and Adventure Centre is a leisure and corporate resort purposely-built in a holiday village style spread over nine acres of breath-taking lakeshore land, situated on the outskirts of the historical town of Blessington, overlooking the magnificent Blessington Lakes in County West Wicklow at the foot of the Wicklow mountains.

When: 8th- 10th September 2017. Friday evening to Sunday 2pm

Where: Avon Ri Lakeshore Resort, Blessington, Co. Wicklow



Accommodation

Excellent Townhouses which can sleep up to 6 persons with 2x Double & 1 x Twin room and three bathrooms. Fully equipped for self-catering, the townhouses include a kitchen with all the appliances. Rates are inclusive of Gas & Electricity, linen and towels.



Activities

Extensive range of water and land activities with a professional team of instructors on hand to set up and co-ordinate all levels of participation in all activities. Diabetes Ireland volunteers will also supervise activities.

Activities for all children (5-14 years) on Saturday from 10am-5pm (lunch at 1pm) and Sunday morning 10am-1pm.

Parent Workshops

Saturday 10.30am-12.30pm: "Effective usage of Continuous Glucose Monitoring Data: Who Benefits?"

"Diabetes management in schools- the best practice and challenges"

Sunday 10.30am-12.30pm: "Living with diabetes through the years- a patients perspective"

"Parent empowerment to manage the challenges of diabetes in children and adolescence"

Price/Cost for Weekend

€450 for the whole family weekend including accommodation, activities (5-14 years) and leisure facilities, and kids disco Saturday Night. (Note: Guests have full use of indoor Leisure Facilities which include Swimming Pool, Jacuzzi, Sauna, and Gym.

Payment

Please print information in BLOCK CAPITALS

Family Name: _____

Parents/Guardians: _____

Address: _____

Children(s) name(s) with
Diabetes _____

Siblings without diabetes _____

Mobile _____ Home _____

E-mail _____

Ability to swim (children) _____

Insulin Regime _____

Other medical issues _____

Payment

I enclose a bank draft / cheque with the appropriate amount **€450**

Credit / Debit Card Details

Name on Card: _____

Card Number: _____

Expiry Date: ___ / ___ / ___

Security numbers on back of card: _____

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