



Diabetes



Ireland

ANNUAL REPORT

2015



Foreword

Our vision is to ensure everyone with diabetes has the support and confidence to live a long and healthy life. In 2015, we launched a new 5 year plan “Changing Lives 2016-2020” with the focus being on prevention, both in the prevention of complications in our community and in preventing the development of diabetes in the general population.

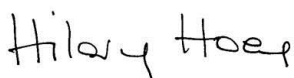
To support this, in 2015, we expanded services at our Care Centre to provide counselling and hearing test services. We also employed a further podiatrist in our centre to ensure that we can continue to provide rapid access to our members requiring foot care treatment. We also increased the number of podiatrists working in our “high risk” footcare service as it continues to see increasing numbers accessing the services. Daily support services including our helpline and online services also saw increased traffic in 2015.

In terms of advocacy, two huge developments took place. Firstly, we now have a strategy for all children and young people with Type 1 Diabetes which when fully implemented will improve access and quality of care for children with Type 1 diabetes nationwide. Our aim is to see an implementation plan finalised and the necessary resources made available as soon as possible. In October, the Type 2 Diabetes Cycle of Care initiative was launched which will see many members with a GMS card receive two diabetes review appointments each year. Our aim is to see this initiative expanded to include all people with Type 2 diabetes.

We continued to reach out with our health promotion and awareness activities, targeting high risk groups and this will be a more prominent feature of our future plans. We also plan to focus more on Type 1 diabetes in terms of increasing our children and family events and initiatives.

Financially, we achieved a break even budget in 2015 and we plan to do the same in 2016. Funding from the Government allowed us to directly employ 19 healthcare professionals who were able to provide much needed services in the area of foot care, nursing and dietetics. We also achieved full compliance with the Charities Regulatory Authority.

There are many ways to support Diabetes Ireland, so please join us. Our goal is to support, educate and motivate the diabetes community. In doing that, we cannot express enough our appreciation of the ongoing support we receive from our volunteers, fundraisers, healthcare professionals, corporate supporters and the HSE for helping us help our community. We must all continue to work together for the Diabetes Community in Ireland so we can all live a long and healthy life.



Professor Hilary Hoey
Chairperson



Kieran O'Leary
CEO

Contents

About Diabetes Ireland	4
CODE 2015	6
Children and Family Events	9
Partnering for Direct Patient Care and Support	11
Diabetes Research	13
Structure, Governance and Management	14
Finance & Fundraising	15
Statement of Directors Responsibilities for the Members Financial Statements	21
Independent Auditors Report to the Members of Diabetes Ireland	22
Financial Statements 2015	24
Acknowledgements	35

Diabetes Ireland is fully compliant with the Charities Regulatory Authority. Diabetes Ireland is committed to achieving the standards contained within the Statement for Guiding Principles of Fundraising.

About Diabetes Ireland

Founded in 1967, Diabetes Ireland is the national charity dedicated to helping people with diabetes. It achieves this by providing support, education and motivation to all people affected by diabetes. The charity also raises public awareness of diabetes and its symptoms and funds research into finding a cure for diabetes.

Our Vision, Mission and Aims are:

Our Vision

“To ensure everyone with diabetes has the support and confidence to live a long and healthy life”.

Our Mission

“To provide a quality service in improving the lives of people affected by diabetes and working with others to prevent and cure diabetes”.

Our Aims

- To provide support, education and motivation to people with diabetes, their families, and friends;
- To raise awareness of diabetes in the community and foster programs for early detection and prevention of diabetes;
- To support and encourage advances in diabetes care and research.

Our Board

Every member of our board freely donates their time, their skills and their experience to help support the diabetes community through our work.

Directors

Professor Gerald Tomkin	(Honorary President)
Professor Hilary Hoey	(Chairperson)
Mr Patrick Power	(Hon. Treasurer)
Mr Daniel McDaid	(Honorary Secretary)

National Council Members

Mr Norman Dolan
Mr Gerard Gallagher
Mr Philip Kavanagh
Mr Phil Miesle
Mr Dan Murphy
Mr John Verling

CEO Mr Kieran O’Leary

Support and Education Services

With increasing prevalence of diabetes and pre-diabetes, Diabetes Ireland actively looks to improve access to peer support, education and information.

Diabetes Ireland supports people with diabetes thorough a wide range of services including:

- face-to-face contact
- literature provision
- helpline and website support

Inherent in any supportive interaction is promotion of health and for many people with diabetes, this means the provision of diabetes education.

Some of our 2015 highlights were:

More than 188,400 directly availed of our services
4,344 people rang our national lo-call helpline and 1,452 email enquiries were received by our helpline desk.
There were 156,150 visitors to www.diabetes.ie . Our monthly magazine is issued to 6,000 people.
On 31 December 2015, our Facebook events page had 6,603 likes and our twitter page had 2,946 followers.
9,000 people attended our Diabetes Care Centre in Santry in 2015.
Through our local volunteer branch network, a total of 1,253 people attended 24 public education meetings to share their experiences and hear from a range of diabetes healthcare professionals on all aspects of effectively living with diabetes on a daily basis.
A total of 513 people with Type 2 diabetes attended 42 CODE education programmes nationwide.
68 children with Type 1 diabetes plus siblings took part in our the Diabetes Junior Cup event while 81 teenagers attended the National Teen Activity Day
In November, our new 5 year strategy “Changing Lives” 2016-2020 was launched.



Community Orientated Diabetes Education (CODE) is a structured diabetes programme for people with Type 2 diabetes delivered as three consecutive weekly sessions, a telephone contact at 10 weeks and a six monthly session. Developed by Diabetes Ireland and delivered throughout the country by appropriately trained professionals, CODE is supported by the HSE.

2015

42 CODE programmes were attended by 513 people living with Type 2 diabetes at various locations around the 26 counties. In some areas, demand was such that multiple programmes were held during the year (See figure 1) .

An evening programme was held with no difference in attendance profile but was well received.

Over a tenth (11%) of attendees reported paying for their own diabetes care – the remainder had a GP visit or medical card. Over one third (37%) received their full diabetes care at community level.

Almost a third of attendees (58%) were in the 50-70 age group with a further 11% less than 50 years. The average age was 63 years.

As with other years, those completing the programme, reported being more empowered to manage their diabetes, better quality of life, having improved diabetes knowledge. Some participants had lost weight and some had improved glycaemic markers and cholesterol levels.

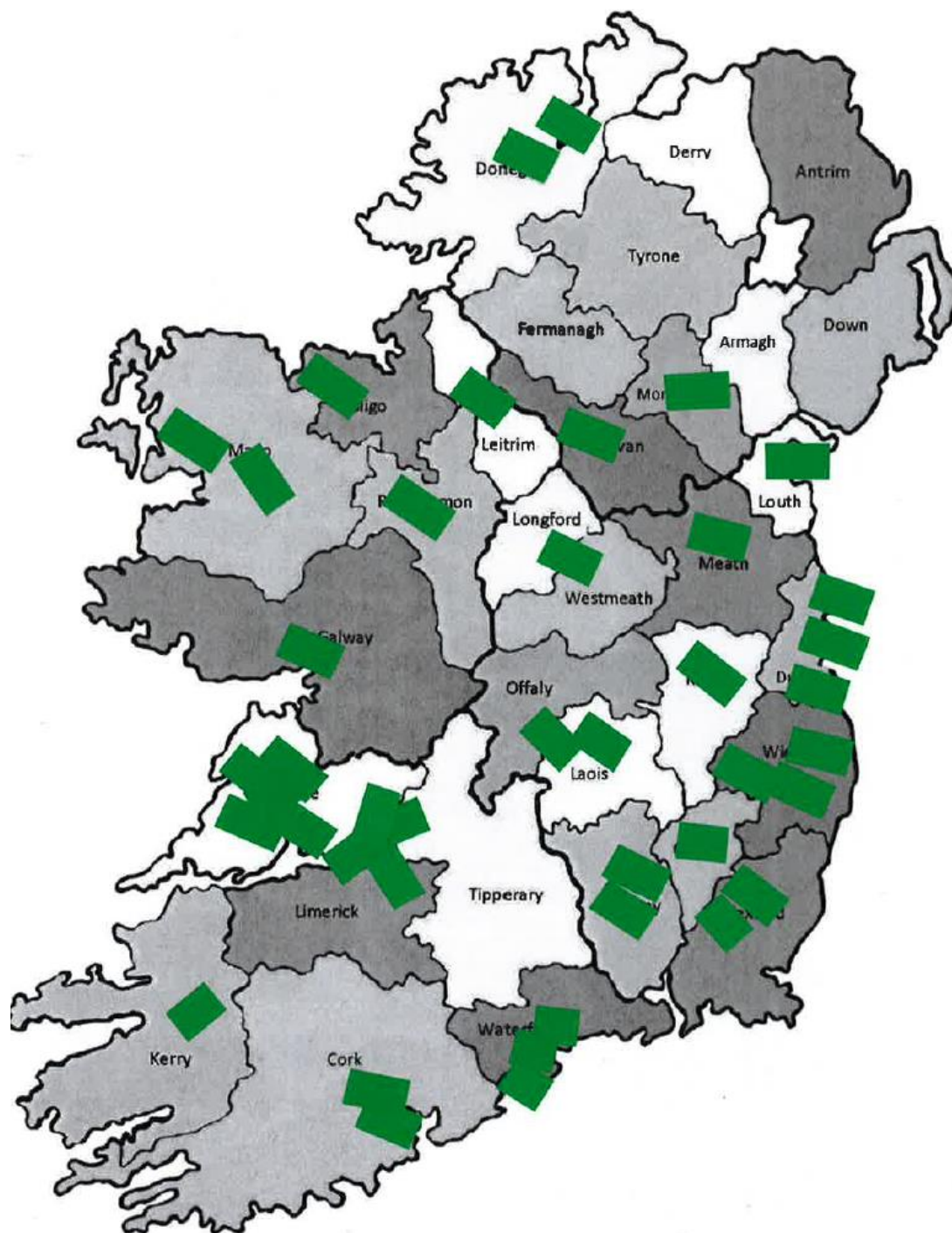
Future Years

During 2016, we expect to deliver 40 CODE programmes to 500 people living with Type 2 diabetes with the aim of delivering a CODE programme to meet demand in all areas not well serviced with other structured education programmes

An online educational module based on the principals of CODE will be launched for use by GPs and people at risk and/or diagnosed with Type 2 diabetes.

Based on the common questions asked at CODE, a “Living Well with Type 2 Diabetes” booklet will be developed and be made available to all GP’s for use with their clients.

Figure 1 – CODE locations for 2015



Education & Support

People who attend our many events find them informative and helpful. There are an estimated 225,840 people with Type 1 or Type 2 diabetes in Ireland. Access to easy, clear and concise information is paramount to help people manage their condition on a daily basis. Our services are there for everyone with diabetes who require support at their time of need.

2015

We held 24 public education meetings covering a range of diabetes related topics. A number of these were new roundtable workshops where attendees were able to ask direct questions to healthcare professionals.
We extended our Diabetes Care Centre services in Dublin to include counselling and hearing test services as well as eye, feet and dietetic support services. In 2015, 9,000 people accessed the Centre for services.
Our volunteer support groups continued to help local people with diabetes & their families
Four issues of our magazine "Diabetes Ireland" were issued quarterly to 6,000 families in 2015.
4,344 people rang our Diabetes Helpline seeking information, with 56 % of those receiving written educational literature to their home address. 74% of callers sought general information on diabetes, 3% sought specific information on diet and the remaining 23% sought information on upcoming events, insurance and other issues. 1,452 people contacted Diabetes Ireland by email also seeking this type of information.
Over 250 healthcare professionals attended our 2 study days and 4 issues of Diabetes & Cardiology Professional were issued to 5,000 healthcare professionals in 2015.
We developed and delivered a carers programme to promote the benefits of healthy food choices in modifying risk factors for people with intellectual disabilities at risk of developing, and with, Type 2 diabetes.

Future Years

In 2016, we will open a further Diabetes Care Centre in Cork.
We will launch a new online Type 2 diabetes interactive education module in June 2016.
We plan to launch a new Type 1 signs & symptoms leaflet as part of a National Awareness programme.
With Novartis, we plan to hold further "Roundtable" Workshops in 2016. We also plan to hold a Diabetes Health & Wellbeing Exhibition in November 2016.
We will continue to deliver our services as effectively as we can within our available resources.

We will produce and disseminate new Type 1 and Type 2 patient booklets for use by healthcare professionals. We will also work with stakeholders to tackle the epidemic of obesity and pre-diabetes.

Children and Family Events

There are an estimated 3,000 children and adolescents with Type 1 diabetes in Ireland. Despite recent investment in paediatric diabetes manpower in Cork, Donegal and Limerick, Current diabetes paediatric services continue to be under resourced, unstructured and uncoordinated with the standard of care a child with Type 1 diabetes receives depending on the geographic location of the family and the tenacity of his/her parents in trying to obtain the best medical care for their child.

2015

Our Sweetpea Children's Club held its family weekend, summer picnic and Christmas party with many new families attending these events.
The Donegal Support Group held its annual family support weekend event.
Our Parent Support Groups continued to grow throughout the country, all providing vital local support to families.
National Teen Activity Day saw 81 teenagers from 10-16 years at our various outdoor activity centres on 10 July.
In conjunction with Cork University Hospital diabetes paediatric team, we held an education day for 100 teachers on managing children with Type 1 diabetes in school.
The Cork Time to Talk Teen Support Group continued to meet regularly in 2015.
68 children with Type 1 diabetes and their siblings between the ages of 4-14 years took part in our Diabetes Junior Soccer Cup tournament.

Future Years

In 2016, we will launch a GP awareness initiative to reduce the incidence of Diabetic Ketoacidosis and late diagnosis. This will also include a public awareness campaign on the signs and symptoms of Type 1 diabetes.
Lack of consistency of services and access to appropriate care including structured education for families must be improved.
With the number of children being diagnosed with Type 1 diabetes increasing, we need to expand our family support weekends and offer more opportunities for families to access peer support.
We need to update our Schools Resource Pack to meet the needs of children with Type 1 diabetes during school hours.

Diabetes Awareness in the Community

The prevalence of Type 2 diabetes in Ireland is increasing rapidly due to our sedentary lifestyles. Having a healthy lifestyle, being active and maintaining a healthy weight can help reduce one's risk of developing Type 2 diabetes. Increased awareness of Type 2 diabetes, its symptoms and risk factors and early detection for those at high risk are vital to supporting people into taking the first steps to improving their health and avoiding the onset of Type 2 diabetes.

2015

In November 2015, we launched our new "Sugar Smart" initiative which offers simple tips in reducing over consumption of free sugars in a variety of daily lifestyle settings. Between 10 November and 31 December, 9,121 people accessed the microsite. Our Sugar Smart advert received over 1 million impressions on facebook.

During 2015, 9,720 people completed the online Type 2 Diabetes Risk Assessment test on www.diabetes.ie to assess their personal risk. Based on being low, moderate or at high risk of having undiagnosed Type 2 diabetes, they were signposted to take appropriate action.

5,383 people accessed our health promotion and screening services of which 389 were referred to their GP for further screening for Type 2 diabetes.

We held 98 health promotion/screening events in 2015. 19 of these were held in workplace settings with the remainder held in community and public settings such as shopping centres, local festivals etc.. 18 events were held in pharmacies with support from Merck Sharpe Dohme Ire Ltd. (MSD)

We also completed 58 radio interviews reaching over 4.1m listeners nationwide and had 3 TV appearances reaching a further 640,000 people. All interviews were broadly concerning living with, and understanding, diabetes as a serious health issue.

Future Years

In 2016, we plan to launch an online educational module on healthy eating and exercise.

The "Sugar Smart" microsite will be extended in 2016.

Further health promotion/screening events will be undertaken. In partnership with MSD, a further 20 pharmacy screening days will be undertaken in 2016.

Partnering for Direct Patient Care & Support

Cognisant of the current economic environment and the under resourcing of diabetes services nationwide, Diabetes Ireland has partnered with the HSE and other stakeholders to provide access to vital services for people with diabetes through the employment of healthcare professionals in various parts of the country.

2015

We have 9 Senior Podiatrists and 1 Basic Grade Podiatrist providing vital high risk foot care services in Cork, Kerry, Waterford, Wexford, Carlow/Kilkenny, Meath, Louth, Cavan and Monaghan.

In 2015, the High Risk Footcare service provided 17,876 appointments catering for 7,429 patients.

Diabetes Ireland also continued to support Gestational Diabetes services in Cork University and Maternity Hospital and Kerry General Hospital through the employment of 2 diabetes nurse specialists and a dietitian. In these hospitals, a total of 570 women were diagnosed with gestational diabetes in 2015, all of whom were monitored and treated for the duration of their pregnancies.

Diabetes Ireland employs 2 Diabetes Nurse Specialists and 2 Senior Dietitians to deliver its CODE programme and health promotion initiatives nationwide.

In our Dublin Care Centre, a further Senior Podiatrist was employed for our footcare service. Counselling and Hearing test services were also introduced in the Centre. There is also access to the National Diabetes Retinopathy programme for people with diabetes living in the Northside of Dublin.

With other stakeholders, we continued to assist in the delivery of the 1 year Health Promotion Cardiovascular & Diabetes National Certificate Programme in University College Galway.

Future Years

We plan to open a new Care Centre in Cork offering similar services and providing access for people with diabetes in Munster.

Increase patient attendance for our Care Centre services.

Secure the funding to maintain these direct patient services and to open further Diabetes Ireland Care Centres.

Diabetes Advocacy

Diabetes Ireland leads the way in advocating for more resources for diabetes services nationally. In 2015, the focus was to see posts identified in HSE Service plans across a range of diabetes services filled and to advocate for the publication of HSE Model of Care strategy documents.

2015

The Paediatric Diabetes Nurse Specialist post in Letterkenny Hospital was one of a number of paediatric diabetes posts filled by the HSE during 2015 following our advocacy efforts, specifically those of our Donegal Branch.

The HSE Model of Care for All Children and Young People with Type 1 Diabetes was launched. This will help improve access and quality of care for children with Type 1 diabetes nationwide.

The launch of the Type 2 Diabetes Cycle of Care Initiative in October 2015 was welcomed by Diabetes Ireland as it will impact positively on people with Type 2 diabetes eligible for the initiative.

We successfully advocated for fulfilment of HSE Community Diabetes Nurse Specialist posts and podiatry posts.

Future Years

Ensure the Consultant Paediatric Endocrinologist posts in Limerick and Galway are filled.

Advocate for implementation of the HSE Model of Care for All Children and Young People with Type 1 Diabetes recommendations.

Seek to update the Schools Resource Pack for the management of children with Type 1 diabetes.

Look to expand the eligibility criteria for the Type 2 Diabetes Cycle of Care initiative so that it is open to all people with Type 2 diabetes.

We will advocate for fulfilment of other diabetes posts identified in HSE Service Plans and seek further staff resources for diabetes service nationwide.

We will advocate for publication of HSE Models of Care Strategy documents for Adult Type 1 Diabetes and Young Adult Transition services.

Diabetes Research

Diabetes Ireland Research Alliance was set up in 2008 as a subsidiary of Diabetes Ireland, the national charity supporting people with diabetes in Ireland. Diabetes Ireland Research Alliance has the specific aim of promoting, supporting and funding research related to the causes, prevention and cure of diabetes

Its objectives are:

- To conduct, promote, support and fund research related to the causes, prevention and cure of diabetes, and into improvements in the management of the condition and its complications; and to publish and disseminate the useful results of any such research.
- To prioritise and progressively increase funding for research in Ireland
- To advance the understanding of diabetes through research

JDRF Partnership

Internationally, Diabetes Ireland Research Alliance partners with Juvenile Diabetes Research Foundation (JDRF), the leading charitable organisation in funding research into finding a cure for Type 1 diabetes, to help garner support from the diabetes community for its ongoing diabetes research work. Diabetes Ireland Research Alliance and JDRF aim to:

- Encourage high-quality type 1 diabetes research in Ireland
- Promote Ireland as a JDRF base for international lead research into finding a cure.
- Raise the profile of both organisations in the Republic of Ireland
- Build a sustainable relationship with Irish-based scientists and researchers
- Raise funds for type 1 diabetes research in Ireland and the UK.

During 2015 Diabetes Ireland Research Alliance supported the JDRF funded project “**Nano Versus Micro Encapsulation for Islet Transplantation**” which is a potential new way to give people new insulin producing beta cells, to replace the ones that have been destroyed by the immune system.

Plans for 2016 include funding one new Irish based diabetes research project.

Further information on these projects is available on www.diabetes.ie and www.diabetesresearch.ie



Structure, Governance and Management

The governing body of the charity is the Board of Directors which can consist of at least 3 and not more than 7 individuals. In 2015, the Board of Directors consisted of 4 members. The Board is supported by a National Council, which acts as an advisory body in dealing effectively with the business of the charity.

The National Council consists of two members from each province which meets at least 3 times a year. The Board and committees all include a mix of individuals with Type 1 or Type 2 diabetes, healthcare professionals and a mix of gender, skills, geography and experience.

Other committees in place are:

- A Management and Finance Committee which assists in the development of policy, maintains financial accountability to meet the costs of the organisation's activity programme and assists the CEO in the day to day management of the organisation.

The Board delegates day-to-day management of the charity to the Chief Executive who is supported by the Management & Finance Committee which meets 9 times per year. The Chief Executive also attends Board of Directors and National Council meetings.

- Professional Services Committee, consisting of representatives from diabetes related healthcare professional bodies, which informs the Board on professional healthcare policy and related matters.
- Quality & Safety Committee to develop, deliver, implement and evaluate a comprehensive quality and safety programme for Diabetes Ireland HSE supported services and care centres.
- Branch Committees which co-ordinate activities at local level and provide a support network for people of all ages with diabetes and their families.

All Directors, National Council and other committee members give their time freely and receive no benefits from the charity other than travel expenses.

Finance & Fundraising

Diabetes Ireland is financed by a mix of statutory, corporate and voluntary donations. In the 12 month period to 30 June 2015, the organisation made a small profit of €16,691.

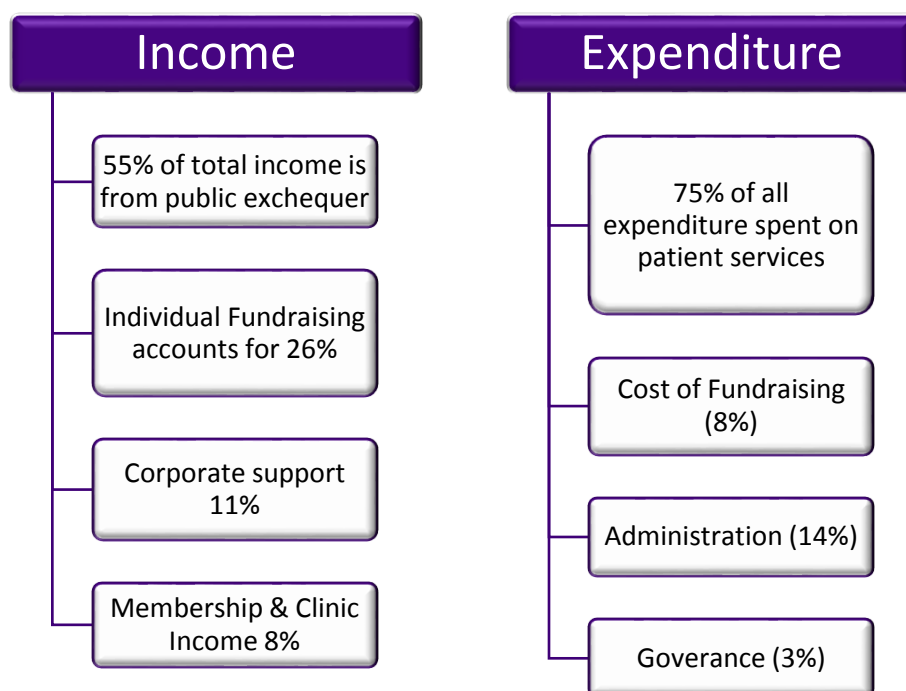
The latest available annual audited accounts to 30th June 2015 (on pages 24 – 34) show income of €1,867,608 for the 12 month period and expenditure for the same period of €1,853,058 giving an operating profit of €14,550 for the period. When bank interest was added, the overall profit rose to €16,691. The balance sheet shows a reserve of €607,674 at 30th June 2015.

Statutory funding from the Health Service Executive accounted for 55% of total income. This funding enabled the charity to directly employ 19 healthcare professionals (podiatrists, nurses and dietitians) to deliver services to the diabetes community nationwide while the balance was raised through a range of fundraising initiatives and corporate support.

During 2015, Diabetes Ireland was delighted to be chosen as one of 5 charities supported by the GAA as charity of the year which included a donation of €20,000. We held our “Lap the Lake” walk which took place around the Blessington Lakes in Co. Wicklow which attracted 125 participants while once again we were nominated as a benefiting charity for the Tour De Kilkenny. Other fundraising initiatives included the “It Makes Cents” coin collection, our Camino de Santiago trek along with many TEAM Diabetes Ireland members which generated over €68,000. Many other people with diabetes held their own fundraising events generating a further €20,000 for a range of projects and services of the fundraisers choice.

Diabetes Ireland is very much appreciative of everyone who raised vital funds to help us maintain our services during the year.

In 2016, Diabetes Ireland will continue to strive to maintain its services to meet the needs of the diabetes community in Ireland. The Board has taken steps to deliver a break even budget in 2016.



Statement of Accounts 2015

Diabetes Federation of Ireland

(A Company Limited by Guarantee and not having a Share Capital)

Director's Report for the year ended 30 June 2015

The directors present their report and the audited financial statements for the year ended 30 June 2015.

The Company is a registered charity and hence the report and results are presented in a form which complies with the requirements of the Companies Acts 2014 and although not obliged to comply with the Statement of Recommended Practice (SORP) as issued by the Charity Commissioners for England and Wales in October 2005 (updated in 2008) the organisation has implemented its recommendations where relevant in these accounts. The main activities of the organisation are charitable.

Structure, governance and management

Governing Document

The organisation is a charitable company limited by guarantee, incorporated under the Companies Acts 2014 on 29 November 1968. The company does not have a share capital and consequently the liability of members is limited, subject to an undertaking by each member to contribute to the net assets or liabilities of the company on winding up such amounts as may be required not exceeding €12.70.

The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association and managed by a Board of Directors.

The Governance Code

Diabetes Federation of Ireland has a responsibility to provide and follow a code of good practice when it comes to how our organisation is run. Following a complete review of our policies and procedures, we have submitted our application seeking full compliance with the Code of Practice for Good Governance of Community, Voluntary and Charitable Organisations in Ireland. The Governance Code is based on five main principles and Diabetes Federation of Ireland is committed to adhering to these principles.

The company has been granted charitable status under Sections 207 and 208 of the Taxes Consolidation Act 1997, Charity No CHY 6906.

Directors and responsibilities

The directors of the company are also charity trustees for the purposes of charity law.

The board is committed to achieving high standards of governance. Board members do not receive any remuneration in respect of their services to the charity. Expenses are reimbursed where claimed.

There have been no contracts or arrangements entered into during the financial year in which a Board member was materially interested or which were significant in relation to the charity's activities.

The present membership of the board is listed on page 4.

Board Members Induction Training

Most board members are already familiar with the practical work of the charity having been involved with the charity for a number of years. Additionally, new members are encouraged to familiarise themselves with the charity and the context within which it operates.

- The obligations of Board Members
- The main documents which set out the operational framework for the charity including the Memorandum and Articles.
- Resourcing and the current financial position as set out in the latest published accounts
- Future plans and objectives

Risk management/Principal risks and uncertainties

The Directors have identified that the key risks and uncertainties the charity faces relate to the risk of a decrease in the level of donations and the potential increase in compliance requirements in accordance with company, health and safety, taxation and other legislation;

The charity mitigates these risk factors as follows: (i) the charity continually monitors the level of activity, prepares and monitors its budgets targets and projections (ii) the charity closely monitors emerging changing to regulations and legislations on an ongoing basis.

Internal control risks are minimised by the implementation of procedures for authorisation of all transactions and projects. Procedures are in place to ensure compliance with health and safety of staff, volunteers and clients.

Organisational Structure

Diabetes Federation of Ireland has a Board of Directors who meet regularly and are responsible for the strategic direction and policy of the charity. At present the Board has four members from a variety of professional backgrounds relevant to the work of the charity. The board is supported by a National Council which acts as an advisory board in dealing effectively with the business of the charity.

Related Parties/Wider Network

Diabetes Ireland Research Alliance is a subsidiary charity of Diabetes Federation of Ireland. The Diabetes Research Alliance has the specific aim of promoting, supporting and funding research related to causes, prevention and cure of diabetes.

Mission Statement

Since 1967, Diabetes Federation of Ireland has been the national charity dedicated to helping people with diabetes. We achieve this by providing support, education and motivation to everyone affected by diabetes. Diabetes Federation of Ireland also raises public awareness of diabetes and its symptoms and funds research into finding a cure for diabetes.

Our Services:

- Patient support via our telephone lo-call helpline (1850 909 909) and local volunteer groups.
- Access to a wide range of diabetes information leaflets and our quarterly magazine “Diabetes Ireland”, online support and information via our website and social media.
- Support for children with diabetes and their parents through our Sweetpea Kids Club; adolescent adventure activities and parent support groups.
- Access to direct professional healthcare podiatry, dietetic, counselling, and hearing test services at our Diabetes Care Centre.
- Access to community based health education through conferences and our community based structured education programmes.
- Educating the wider community about Type 1 and Type 2 symptoms and risk factors.
- Providing diabetes health promotion initiatives in schools, workplaces and other community settings; Type 2 diabetes screening.
- Financial services: negotiated motor, dental and health insurance rates.
- Advocacy and liaison with: clinics, services, the HSE and the Department of Health and Children.
- Anti-discrimination activity
- Professional support via major annual multi-disciplinary conferences, quarterly magazine “Diabetes & Cardiology Professional”.
- Funding Irish and international research via our subsidiary charity “Diabetes Ireland Research Alliance”.

Achievements and Performance

As well as maintaining our current services, work on phase 1 of developing an online education module which will enable people with Type 2 diabetes access the knowledge and education they require to manage their condition as effectively as they can is nearing completion with plans to launch phase 1 of the module in early 2016. Phase 2 will begin in 2016.

A project to reduce the incidence of diabetes ketoacidosis (DKA) in young children on first presentation of Type 1 diabetes by encouraging GP’s to consider Type 1 diabetes as a potential diagnosis when a child presents feeling generally unwell and secondly to raise awareness among the general population of Type 1 diabetes signs and symptoms will be launched in 2016.

A programme to promote the benefits of healthy food choices to carers of people with intellectual disabilities will also be launched in late 2015.

Of course, funding high quality research will continue to be a focus. As well as issuing a funding call for new diabetes research proposals, we have joined with the Irish Cancer Society, The Alzheimer Society of Ireland and the Irish Heart Foundation in a unique call for research proposals to identify ways to reduce the risk of cancer, dementia, diabetes, heart disease and stroke. As partners, we are in search of proposals that will focus on known common risk factors that could be tackled through behavioural and lifestyle changes. The unique collaboration reflects the shared commitment of all four charities to address the issue of risk reduction for chronic conditions.

Financial Review

Principal Funding Sources

The principal funding source of the charity is currently through a variety of sources:

- Memberships
- Statutory funding
- Fundraising
- Services and clinic income
- Merchandise income

Statement of Guiding Principles for Fundraising

Diabetes Ireland is committed to complying with the Statement of Guiding Principles for Fundraising. The Statement of Guiding Principles for Fundraising is a guide to best practice developed by a steering group set up in response to the Charities Act 2009.

Investment Policy

It is the policy of the charity that funds not immediately required for operational purposes are invested in interest bearing deposit accounts in major financial institutions in Ireland that are subject to the statutory regulatory regime.

Reserves Policy

Unrestricted funds represent amounts which are expendable at the discretion of the directors and committee in furtherance of the objectives of the charity and which have not been designated for other purposes. Such funds may be held in order to finance working capital or capital expenditure.

Restricted funds represent grant income and donations received which are subject to specific conditions imposed by the donors or grant making institutions. They are not available for the general purpose of the charity.

Plans for Future Periods/Future Developments

Due to the volume of clients attending the Santry Care Centre, the Directors has sanctioned the employment of a further Podiatrist and the development of a counselling service. The Directors also committed to opening a second Care Centre in Cork in early 2016. A new five year strategy "Changing Lives" 2016-2020 will also be published in November 2015.

Important events since the year end

There have been no significant events affecting the company since the year end.

Funds held as Custodian Trustee on behalf of others

The charity or its trustees do not hold any funds or other assets by way of a custodian arrangement.

Books of Accounts

The measures taken by the directors to ensure compliance with the requirements of Section 281 of the Companies Act 2014, regarding proper books of account are the implementation of necessary policies and procedures for recording transactions, the employment of competent accounting personnel and appropriate expertise and the provision of adequate resources to the financial function. The books of account of the company are maintained at the Registered Office.

Auditors

The auditor's, McCloskey & Co, have indicated their willingness to continue in office in accordance with the provisions of Section 380 of the Companies Acts 2014.

This report was approved by the Board on 15 Nov 2015 and signed on its behalf by


Director


Director

Statement of Directors' Responsibilities for the Members' Financial Statements

(A Company Limited by Guarantee and not having a Share Capital)

The directors are responsible for preparing the Annual Report and the financial statements in accordance with applicable Irish law and Generally Accepted Accounting Practice in Ireland including the accounting standards issued by the Accounting Standards Board and promulgated by Chartered Accountants Ireland.

Irish company law requires the directors to prepare financial statements for each financial period which give a true and fair view of the state of affairs of the company and of the surplus or deficit of the company for that period.

In preparing those financial statements, the directors are required to:


- select suitable accounting policies and then apply them consistently
- make judgements and estimates that are reasonable and prudent
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements

The directors confirm that they have complied with the above requirements in preparing the financial statements.

The directors are responsible for keeping proper books of account which disclose with reasonable accuracy at any time the financial position of the company and to enable them to ensure the financial statements are prepared in accordance with accounting standards generally accepted in Ireland and with Irish statute comprising the Companies Acts 1963 to 2012 and all Regulations to be construed as one with those Acts. They are responsible for ensuring that the company otherwise complies with the provisions of those Acts relating to financial statements in so far as they are applicable to the company.

They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Signed on behalf of the board of directors:


Director


Director

Independent Auditors' Report to the Members of Diabetes Ireland

(A Company Limited by Guarantee and not having a Share Capital)

We have audited the financial statements of Diabetes Federation of Ireland for the year ended 30 June 2015 which comprise the income and expenditure account, the balance sheet, the cash flow statement and the related notes. The financial reporting framework that has been applied in their preparation is Irish Law and accounting standards issued by the Financial Reporting Council and promulgated by Chartered Accountants Ireland (Generally Accepted Accounting Practice in Ireland).

This report is made solely to the company's members, as a body, in accordance with Section 193 of the Companies Act, 2014. Our audit work has been undertaken so that we might state to the company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company and the company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Respective responsibilities of directors and auditors

As explained more fully in the Director's Responsibilities Statement set out on page 6, the directors are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view. Our responsibility is to audit and express an opinion on the financial statements in accordance with applicable law and International Standards on Auditing (UK and Ireland). Those standards require us to comply with the Auditing Practices Board's (APB's) Ethical Standards for Auditors, including "APB Ethical Standard-Provisions Available for Small Entities (Revised)", in the circumstances set out in note 14 to the financial statements.

Scope of the audit of the financial statements

An audit involves obtaining evidence about the amounts and disclosures in the financial statements sufficient to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or error. This includes an assessment of: whether the accounting policies are appropriate to the company's circumstances and have been consistently applied and adequately disclosed; the reasonableness of significant accounting estimates made by the directors/trustees; and the overall presentation of the financial statements.

In addition, we read all the financial and non-financial information in the annual report to identify material inconsistencies with the audited financial statements and to identify any information that is apparently materially incorrect based on, or materially inconsistent with, the knowledge acquired by us in the course of performing the audit. If we become aware of any apparent material misstatements or inconsistencies we consider the implications for our report.

Opinion

In our opinion the financial statements:

- give a true and fair view, in accordance with Generally Accepted Accounting Practice in Ireland, of the state of the company's affairs as at 30 June 2015 and of its profit and cash flows for the year then ended;
- and have been properly prepared in accordance with the Companies Act 2014.

Matters on which we are required to report by the Companies Act 2014

- We have obtained all the information and explanations, which we consider necessary for the purposes of our audit.
- In our opinion proper books of account have been kept by the company
- The financial statements are in agreement with the books of account
- In our opinion the information given in the director's report is consistent with the financial statements.

Matters on which we are required to report by exception

We have nothing to report in respect of the provisions in the Companies Act 2014, which require us to report to you if, in our opinion the disclosures of director's remuneration and transactions specified by law are not made

Thomas E. McCloskey

Date: 15 November 2015

For and behalf of:

McCloskey & Co

Chartered Accountants & Registered Auditor

Apex Business Centre

Blackthorn Road

Sandyford

Dublin 18


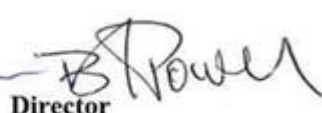
Financial Statements 2015

Statement of financial activities (including income and expenditure) Year ended 30th June 2015

	Unrestricted Funds	Restricted Funds	Total 2015	Total 2014
	€	€	€	€
<u>Incoming Resources</u>				
<i>Incoming resources from generated funds</i>				
Voluntary Income:				
Donations and grants	135,020	-	135,020	130,113
Sponsorship	197,003	-	197,003	243,385
<i>Activities for generating funds</i>				
Merchandising income	55,113	-	55,113	42,641
Investment income	2,141	-	2,141	2,192
<i>Incoming resources from charitable activities</i>				
Grants	-	1,034,208	1,034,208	1,022,010
Gifts/Donations & Bequests	8,984		8,984	2,690
Fundraising	368,499		368,499	342,777
Services/Support	66,110		66,110	27,790
Other income	2,670		2,670	
Total Incoming Resources	835,540	1,034,208	1,869,748	1,813,598
<u>Resources Expended</u>				
<i>Direct Charitable expenditure</i>				
Programme costs (including support)	621,063	1,027,563	1,648,626	1,586,383
<i>Costs of generating funds</i>				
Fundraising Costs	109,511	-	109,511	122,645
Merchandising	28,937	-	28,937	20,239
Governance Costs	65,984	-	65,984	3,690
Total Resources Expended	825,495	1,027,563	1,853,058	1,732,957
<i>Net incoming/outgoing resources</i>	10,045	6,645	16,690	80,641

	Unrestricted Funds	Restricted Funds	Total 2015	Total 2014
	€	€	€	€
Transfers between funds	-	-	-	-
Net incoming resources before				
Other recognised gains and losses	10,045	6,645	16,690	80,641
Other recognised gains/losses				
Gains on revaluation of fixed assets for	-	-	-	-
Charity's own use gains/losses on defined				
Benefit pension schemes	-	-	-	-
Net movement in funds	10,045	6,645	16,690	80,641
Reconciliation of Funds				
Total funds brought forward	243,585	347,399	590,984	510,344
Total funds carried forward	253,630	354,044	607,674	590,985

A separate Statement of Total Recognised Gains and Losses is not required, as all gains or losses have been reflected above.



 Director Director

Date: 15/11/2015

Balance sheet as at 30 June 2015

	Notes	2015 €	2014 €
Fixed assets			
Tangible assets	9	486,358	508,526
Financial assets	10	<u>1,213</u>	<u>1,213</u>
		487,571	509,739
Current assets			
Debtors	11	72,471	116,796
Cash at bank and in hand		<u>695,405</u>	<u>563,231</u>
		767,876	680,027
Creditors: amounts falling due within one year	12	<u>435,706</u>	<u>(373,790)</u>
Net current assets		<u>332,170</u>	<u>306,237</u>
Total assets less current liabilities		819,741	815,976
Creditors: amounts falling due after more than one year	13	<u>(212,067)</u>	<u>(224,991)</u>
Net assets		<u>607,674</u>	<u>590,985</u>
Reserves			
Unrestricted funds		253,630	347,399
Restricted funds	14	<u>354,044</u>	<u>243,586</u>
		<u>607,674</u>	<u>590,985</u>

The financial statements were approved by the Board on the 15/11/2015

And signed on its behalf by: Leonard O'Connor and Pat Power



 Director Director

Cash flow statement for the year ended 30 June 2015

		2015	2014
	Notes	€	€
Reconciliation of operating loss to net cash outflow from operating activities			
Operating profit		26,053	90,265
Depreciation		24,018	23,786
Decrease in debtors		44,325	16,862
Increase in creditors		82,332	(104,682)
Net cash outflow from operating activities		176,728	(26,231)
Cash flow statement			
Net cash outflow from operating activities		176,728	26,231
Returns on investments and servicing of finance	16	(22,288)	(22,237)
Capital expenditure	16	<u>(1,850)</u>	<u>(45,648)</u>
		152,590	(41,654)
Financing	16	<u>11,505</u>	<u>11,816</u>
Increase in cash in the year		<u>164,095</u>	<u>(29,838)</u>
Reconciliation net cash flow to movement in net debt (Note 17)			
Increase in cash in the year		164,095	(29,838)
Cash outflow from decrease in debts and lease financing		(11,505)	(11,816)
Change in net debt resulting from cash flows		<u>152,590</u>	<u>(41,654)</u>
Net funds at 1 July 2014		<u>542,815</u>	<u>584,469</u>
Net funds at 30 June 2015		<u>695,405</u>	<u>542,815</u>

Note to the Financial Statements for the year ended 30 June 2015

1. Statement of accounting policies

The following accounting policies have been applied consistently in dealing with items which are considered material in relation to the company's financial statements.

1.1. Basis of preparation

The audited financial statements have been prepared under the historical cost convention and comply with the financial reporting standards of the Accounting Standards Board, as promulgated by Chartered Accountants Ireland and the Companies Act 2014.

The financial statements have also been prepared to comply with Statement of Recommended Practice "Accounting and Reporting by Charities" (Charities SORP) 2005 (updates in 2008). Any variation from these statements has been fully disclosed and explained.

1.2. Tangible assets and depreciation

Tangible assets are stated at cost less accumulated depreciation and accumulated impairment loss. Cost includes all costs that are directly attributable to bringing the asset into working condition for its intended use.

Depreciation

Depreciation is provided on all tangible assets, at rates calculated to write off the cost less estimated residual value, of each asset systematically over its expected useful life as follows:

Land and buildings - 2% Straight Line

Fixtures, fittings and equipment – 15% Straight Line

1.3 Financial assets

Fixed asset investments are stated at cost less provision for permanent diminution in value. Investments are reviewed for diminution in value if events or changes in circumstances indicate that the carrying amount may not be recoverable. Diminution in value is calculated such that carrying value of the fixed asset investment is the lower of its cost or recoverable amount. Recoverable amount is the higher of its net realisable value and its value in use.

1.4. Leasing

Rentals payable under operating leases are charged against income on a straight line basis over the lease term. Lease incentives are recognised over the shorter of the lease term and the date of the next rent review.

1.5. Funding accounting

Unrestricted funds

General funds represent amounts which are expendable at the discretion of Directors in furtherance of the objectives of the charity and which have not been designated for other purposes. Such funds may be held in order to finance working capital or capital expenditure.

Restricted Funds

Restricted Funds, represent grants, donations and income received which can only be used for particular purposes specified by the donors or sponsorship programmes binding on the directors. Such purposes are within the overall aims of the company.

Endowment Funds

Endowment Funds represent those assets which must be held permanently by the charity, principally investments. Income arising on the endowment funds can be used in accordance with the objects of the charity and is included as unrestricted income.

1.6. Grants

Grants from Public Sector Bodies/Government Agencies and other sundry sources are credited to the statement of financial activities upon the recognition of the associated expense for which the grant was originally received.

At the completion of the entire grant period a full report describing the outcome of the research is completed and submitted to the grant provider in compliance with the grant conditions where applicable.

1.7. Income Resources

Income consists of donations and other funds generated by voluntary activities. These are included in the financial statements when received at head office. Incoming resources have been included in the financial statements only when realised.

1.8. Expenditure

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates:

- Costs of generating funds comprise the costs associated with attracting voluntary income and the costs of trading for fundraising purposes.
- Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.
- Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the audit fees and costs linked to the strategic management of the charity.
- All costs are allocated between the expenditure categories of the SoFA on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly, others are apportioned on an appropriate basis.

1.9 Taxation

No charge to current or deferred taxation arises as the charity has been granted charitable status under Sections 207 and 208 of the Taxes Consolidation Act 1997, Charity No CRY 6907. Irrecoverable value added tax is expended as incurred.

1.10 Pensions

The pension costs charged in the financial statements represent the contribution payable by the company during the year.

2. Income

The whole of the turnover is derived from Ireland. An analysis of turnover by business operation is given below:

	2015 €	2014 €
Class of business		
Donations and other fundraising activities	825,824	789,396
Grants received	1,041,783	1,022,010
	<u>1,867,607</u>	<u>1,811,406</u>

HSE regional income:

	2015 €	2014 €
Western region	22,146	11,073
North East region	296,674	313,226
Southern region	699,137	532,337
	<u>1,017,957</u>	<u>856,636</u>

3. Operating Profit

	2015 €	2014 €
Operating profit is stated after charging:	24,018	23,786
Depreciation and other amounts written off tangible assets		
Operating lease rentals		
-Office equipment	12,817	11,503

4. Interest payable and similar charges

	2015 €	2014 €
Included in this category is the following:	11,505	11,816
On bank loans and overdrafts		

5. Employees

	2015	2014
Number of employees		
The average monthly numbers of employees during the year were:		
Administrative staff	7	7
Professional staff	<u>23</u>	<u>19</u>
	30	26

	2015	2014
	€	€
Wages and salaries	1,109,625	961,383
Social welfare costs	118,391	103,278
Other pension costs	<u>13,901</u>	<u>7,078</u>
	<u>1,241,917</u>	<u>1,071,739</u>

6. Directors of the Company

The present membership of the board is listed on the 'Legal and administrative information' page.

7. Transactions with directors

No members of the board of directors received any remuneration during the year. No director or other person related to the charity had any personal interest in any contract or transaction entered into by the charity during the year (2014 - €-)

8. Pension costs

The pension charge represents contributions due from the company and amounted to €13,901 (2014- €7,078).

9. Tangible fixed assets

	Land and buildings freehold	Fixtures, fittings and equipment	Total
Cost	€	€	€
At 1 July 2014	472,197	146,172	618,369
Additions	-	1,850	1,850
At 30 June 2015	472,197	148,022	620,219
Depreciation			
At 1 July 2014	18,888	90,955	109,843
Charge for the year	9,444	14,574	24,018
At 30 June 2015	28,332	105,529	133,861
Net book values			
At 30 June 2015	443,865	42,493	486,358

10. Financial assets

	Other unlisted investments	Total
Cost	€	€
At 1 July 2014	1,213	1,213
At 30 June 2015	1,213	1,213
Net book values		
At 30 June 2014	1,213	1,213
At 30 June 2015	1,213	1,213

11. Debtors	2015	2014
	€	€
Trade debtors	13,450	62,758
Amounts owed by group undertakings	59,021	54,038
	72,471	116,796

12. Creditors: amounts falling due within one year	2015	2014
	€	€
Loans & other borrowings		20,416
Bank overdraft		
Bank loan	24,429	24,429
Other creditors		
Trade creditors	18,531	63,442
Other creditors	354,044	233,681
Accruals	4,325	3,710
Taxation creditors		
PAYE/PRSI	34,377	28,112
	435,706	373,790

13. Creditors: amounts falling due after more than one year	2015	2014
	€	€
Bank loans	212,067	224,991
Loans		
Repayable in one year or less, or on demand (Note 11)	24,429	24,429
Repayable between one and two years	24,429	24,429
Repayable between two and five years	73,287	73,287
Repayable in five years or more	114,351	127,275
	236,496	249,420

14. Analysis of net assets between funds				
	General Funds	Restricted	Designated	Total
	€	€	€	€
Fund balances	253,630	354,044		607,674
Represented by				
Tangible fixed assets	486,358	-	-	486,358
Investments	1,213	-	-	1,213
Debtors	75,109	-	-	75,109
Cash at bank	338,723	354,044	-	692,767
Current liabilities	(435,706)	-	-	(435,706)
Long term liabilities	(212,067)	-	-	(212,067)
	253,630	354,044	-	607,674

15. Statement of funds

	At 1 July 2014	Income	Expenditure	Transfers	At 30 June 2015
	€	€	€	€	€
General funds	243,585	835,540	(825,495)	-	253,630
Designated funds	-	-	-	-	-
Restricted funds	<u>347,399</u>	<u>1,034,208</u>	<u>(1,027,563)</u>	-	<u>354,044</u>
Total funds	<u>590,984</u>	<u>1,869,748</u>	<u>(1,853,058)</u>	-	<u>607,674</u>

16. Related party transactions

Diabetes Ireland Research Alliance

During the year DIRA received donations/grant income made via DI totalling €32,262 (2014 - €24,675) and Diabetes Federation of Ireland made direct contributions to DIRA of €2,000 (2014- €1,000). Diabetes Federation of Ireland is also responsible for the administration of DIRA.

17. Gross cash flows

	2015	2014
	€	€
Returns on investments and servicing of finance		
Interest received	2,141	2,192
Interest paid	<u>(11,505)</u>	<u>(11,816)</u>
	<u>(9,364)</u>	<u>(9,624)</u>
Capital expenditure		
Payments to acquire tangible assets	(1,850)	(45,648)
Financing		
Repayment of short term bank loan	(24,429)	(24,429)

18. Analysis of changes in net funds

	Opening balance	Cash flows	Closing flows
	€	€	€
Cash at bank and in hand	563,231	132,174)	695,405
Overdrafts	<u>(20,416)</u>	<u>(20,416)</u>	<u>(695,405)</u>
	542,815	152,590	24,429
Debt due within one year	(24,429)	-	-
Debt due after one year	(237,604)	(11,505)	(224,680)
	(262,033)	(11,505)	(249,109)
Net funds	280,782	141,085	446,296

19. Company Limited by Guarantee

The company is one limited by guarantee not having a share capital and consequently the liability of members is limited, subject to an undertaking by each member to contribute to the net assets or liabilities of the company on winding up such amounts as may be required not exceeding €12.70.

20. APB Ethical Standard- Provisions Available for Small Entities

As a small entity under the provisions of the APB in relation to Ethical Standards we engage our auditor to assist with the preparation of the financial statements.

21. Approval of financial statements

The financial statements were approved by the Board on 15/11/2015



Director Director

Acknowledgements

Diabetes Ireland would to acknowledge and sincerely thank;

- its staff, volunteers and healthcare professionals for their continuing support
- corporate partners for their support and assistance with our various initiatives and services
- members, supporters and donors for their help in raising vital funds to enable us to continue our work
- the Health Service Executive for their financial support which enables us to provide many direct, and much needed, services.



CORPORATE PARTNERS





WE FIGHT FOR BETTER SERVICES FOR YOU
WE WANT WHAT'S BEST FOR YOU
WE EXIST TO SUPPORT YOU



www.diabetes.ie

DIABETES HELPLINE: 1850 909 909