

DIABETES IRELAND ANNUAL REPORT

2014



Foreword

The International Diabetes Federation estimates that there are now 225,840 people with diabetes living in Ireland and that this will rise to 278,850 by 2030. This supersedes previous estimates for Ireland and brings into focus the need for a strong patient association to directly support our community through the extension of services and being an advocate for more public service resources for diabetes nationwide.

2014 has been a good year for the organisation with the Care Centre in Santry going from strength to strength with plans to expand services again in 2015. We have also kept diabetes at the top of the HSE's priority list and employed further podiatrists working in the HSE North East area bringing our total to 9 high risk senior podiatrists.

We revamped our online supports by developing a new and more vibrant website that takes visitors on a journey through our website maximising the educational content at their fingertips. For people who want to assess their diabetes risk we added a Type 2 Diabetes Risk Assessment test. An e-zine was also issued to more than 5,000 people every month.

We listened to our members and extended our range of information leaflets for both Type 1 and Type 2 diabetes and there are plans for more in 2015. Our health promotion activities continued apace and the inaugural Diabetes Junior Soccer tournament was a huge success and an enjoyable day for all those who attended.

Financially, it has been a good year for the charity. In a tough financial climate, a break-even budget was achieved. Funding from the Government allowed us to directly employ 18 healthcare professionals who were able to provide much needed services in the area of footcare, nursing and dietetics. While the financial outlook remains a concern, in 2015 Diabetes Ireland will continue to strive to maintain its services to meet the needs of the diabetes community in Ireland. The Board has taken steps to deliver a break even budget in 2015.

There are many ways to support Diabetes Ireland, so please join us. Our goal is to support, educate, motivate and empower the diabetes community. In doing that, we cannot express enough our appreciation of the ongoing support we receive from our volunteers, fundraisers, healthcare professionals, corporate supporters and the HSE for helping our community. We must continue to work together for the Diabetes Community in Ireland so that we can all live a long and healthy life.

Professor Hilary Hoey
Chairperson

Kieran O'Leary
Chief Executive Officer

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Diabetes Ireland is committed to achieving the standards contained within the Statement for Guiding Principles of Fundraising

About Diabetes Ireland

Founded in 1967, Diabetes Ireland is the national charity dedicated to helping people with diabetes. It achieves this by providing support, education and motivation to all people affected by diabetes. The charity also raises public awareness of diabetes and its symptoms and funds research into finding a cure for diabetes.

Our Mission and Aims are:

Our Mission

“To provide a quality service in improving the lives of people affected by diabetes and working with others to prevent and cure diabetes”.

Our Aims

- To provide support, education and motivation to people with diabetes, their families, and friends;
- To raise awareness of diabetes in the community and foster programs for early detection and prevention of diabetes;
- To support and encourage advances in diabetes care and research.

Our Board

Every member of our board freely donates their time, their skills and their experience to help support the diabetes community through our work.

Directors

Professor Gerald Tomkin	(Honorary President)
Professor Hilary Hoey	(Chairperson)
Mr Patrick Power	(Hon. Secretary)
Mr Leonard O'Connor	(Honorary Treasurer)

National Council Members

Mr Phil Miesle
Mr Gerard Gallagher
Mr John Verling
Mr Dan Murphy
Mr Michael Dowling
Mr Sean Harraghy
Mr Danny McDaid

CEO Mr Kieran O'Leary

Diabetes Support and Education Services

With increasing prevalence of diabetes and pre-diabetes, Diabetes Ireland actively looks to improve access to peer support, education and information.

Diabetes Ireland supports people with diabetes through a wide range of services including:

- face-to-face contact
- literature provision
- helpline and website support.

Inherent in any supportive interaction is promotion of health and for many people with diabetes, this means the provision of diabetes education.

Some of the highlights were:

In 2014, more than 152,641 directly accessed our services.
2,850 people rang our national lo-call helpline and 700 email enquiries were received by our helpline desk.
There were 139,993 visitors to www.diabetes.ie . We launched a new and more user friendly website in November.
On 31 December 2014, our Facebook events page had 4,564 likes and our twitter page had 2,431 followers.
Through our local volunteer branch network, a total of 1,578 people attended 21 public education meetings to share their experiences and hear from a range of diabetes healthcare professionals on all aspects of effectively living with diabetes on a daily basis.
A total of 455 people with Type 2 diabetes attended 39 CODE education programmes nationwide.
80 children with Type 1 diabetes and their families attended our inaugural Diabetes Junior Cup event while 70 teenagers attended the National Teen Activity Day

Education & Support

People who attend our many events find them informative and helpful. Access to easy, clear and concise information is paramount to help people manage their condition on a daily basis. Our services are there for everyone with diabetes who require support at their time of need.

2014

We held 21 public education meetings covering a range of diabetes related topics.
We opened our first Diabetes Care Centre in Dublin providing eye, feet and dietetic support. In 2014, 7,400 people accessed the Centre for services.
Our volunteer support groups continued to help local people with diabetes & their families.
More than 40,000 people read our quarterly Magazine "Diabetes Ireland".
We launched a new, vibrant and more user friendly website (www.diabetes.ie) that included an online Type 2 Diabetes Risk Assessment test.
Over 2,850 people rang our Diabetes Helpline seeking information, with 51 % of those receiving written educational literature to their home address. 84% of callers sought general information on diabetes, 6% sought specific information on diet and the remaining 10% sought information on upcoming events, insurance and other issues. Approximately, 700 people contacted Diabetes Ireland by email also seeking this type of information.
Over 250 healthcare professionals attended our 2 study days and 4 issues of Diabetes Professional were issued to 5,000 healthcare professionals in 2014
We launched 6 new/redesigned diabetes information booklets in 2014. These included new leaflets on "How to read and understand a food label", "Type 1 Diabetes Tips for College Life", "A supermarket shopping guide for people with diabetes" in conjunction with Merck Sharpe Dohme Ireland Ltd and "Eating for your Eye Health, a recipe book done in conjunction with Novartis as part of our "Eye Am What I Eat" campaign.
We extended our range of diabetes products in our online shop, offering more choice and better discounts to members.

Future Years

We will extend our Diabetes Care Centre service to include hearing test and a counselling service for people with diabetes in 2015.
We will continue to deliver our services as effectively as we can within our available resources.
We plan to launch a new Type 1 signs & symptoms leaflet.

Diabetes Care Centre Opens

In January 2014, Diabetes Ireland opened a new Care Centre specifically for people with diabetes and their families. The Centre, based in Santry, Dublin provides chiropody & podiatry and dietetic services as well as access to other information and support services.

This is an innovative new approach where we have combined our existing information and support services with access to professional healthcare services. The majority of our services are free of charge but people do pay a subsidised fee for the healthcare professional led appointment services.

The Centre is a not-for-profit initiative set up with the aim of reducing the number of people unnecessarily going blind or losing lower-limbs as a result of poorly managed diabetes. In Ireland, diabetes is the primary cause of amputations and blindness and need not be so.

The Chiropody and Podiatry service provides clients with a full diabetic foot screen and assessment; foot and nail care advice and education and an assessment for diabetes friendly footwear. The dietetic service offers advice and support in controlling diabetes with diet and exercise and weight management advice. The Centre also acts as the local hub for the HSE's National Diabetic Eye Screening programme.

Rapid access and early intervention is key to identifying problems early and if we can prevent these problems occurring in just one person each week, it will be worth it. We hope this is the first of further centres nationwide

The Centre is also a resource centre for people seeking support and information on the many facets of diabetes, especially for people newly diagnosed who may be waiting on their first hospital appointment and for those living with the condition for years who may need some additional support such as access to our CODE programme to manage their condition more effectively.





Community Orientated Diabetes Education (CODE) is a structured diabetes programme for people with Type 2 diabetes delivered as three consecutive weekly sessions, a telephone contact at 10 weeks and a six monthly session. Developed by Diabetes Ireland and delivered throughout the country by appropriately trained professionals, CODE is supported by the HSE.

2014

A CODE programme was delivered in 22 of the 26 counties of Republic of Ireland.

39 CODE programmes were attended by 455 people living with Type 2 diabetes. 24 carers also attended as companions.

Most people attending had diabetes for around 6 years with 20% having diabetes for less than one year.

Over half of attendees (51%) were in the 50-70 age group

Following completion of the programme, attendees demonstrated improved empowerment, better quality of life, improved diabetes knowledge, reduction in weight for some participants and a positive association of programme attendance to improved glycaemic markers and cholesterol levels.

Future Years

During 2015, we expect to deliver 40 CODE programmes to 500 people living with Type 2 diabetes with the aim of delivering a CODE programme in each of the 26 counties. Counties not having a CODE delivery in 2014 will be specifically targeted.

Evening programmes will be offered to explore if uptake is improved in younger age groups.

Children and Family Events

There are an estimated 2,800 children and adolescents with Type 1 diabetes in Ireland. Despite the addition of some additional HSE posts during 2014, current diabetes paediatric services continue to be severely under resourced, unstructured and un-coordinated with the standard of care a child with Type 1 diabetes receives depending on the geographic location of the family and the tenacity of his/her parents in trying to obtain the best medical care for their child.

2014

Our Sweetpea Children's Club held its family weekend, summer picnic and Christmas party with many new families attending these events.
Our Parent Support Groups continued to grow throughout the country, all providing vital local support to families.
National Teen Activity Day saw 70 teenagers from 10-16 years at our various outdoor activity centres on 11 July.
In conjunction with Cork University Hospital diabetes paediatric team, we held an education day for 70 teachers on managing children with Type 1 diabetes in school.
The Cork Time to Talk Teen Support Group continued to meet regularly in 2014.
Following a request from parents we developed our on-line information sheet on entitlements for families following a diagnosis of Type 1 diabetes.
80 children with Type 1 diabetes between the ages of 7-14 years played in the inaugural Diabetes Junior Soccer Cup tournament.
30 children with Type 1 diabetes took part in the half time game at the GAA National League Final in Semple Stadium, Thurles.

Future Years

The lack of distinction between Type 1 and Type 2 diabetes by the media and the lack of awareness of symptoms by primary healthcare professionals to aid early diagnosis are issues that must be addressed. A campaign to achieve this will be undertaken.
Lack of consistency of services and access to appropriate care including structured education for families must be improved.

Highlights from 2014 Events



Diabetes Awareness in the Community

The prevalence of Type 2 diabetes in Ireland is increasing rapidly due to our sedentary lifestyles. Having a healthy lifestyle, being active and maintaining a healthy weight can help reduce one's risk of developing Type 2 diabetes. Increased awareness of Type 2 diabetes, its symptoms and risk factors and early detection for those at high risk are vital to supporting people into taking the first steps to improving their health and avoiding the onset of Type 2 diabetes.

2014

In November 2014, we launched an online Type 2 Diabetes Risk Assessment test on www.diabetes.ie. Between 14 November and 31 December more than 4,500 people assessed their own risk and based on being low, moderate or high risk of having undiagnosed Type 2 diabetes were signposted to appropriate action.

5,245 people accessed our health promotion and screening services of which 3,729 were screened for Type 2 diabetes.

We held 73 health promotion/screening events in 2014. 32 of these were held in workplace settings with the remainder held in community and public settings such as shopping centres, local festivals etc, 20 events were held in pharmacies with support from Merck Sharpe Dohme Ire Ltd.

We published a new leaflet "College Tips" for use by healthcare professionals to re-enforce good diabetes management for young people with Type 1 diabetes as they move into student life.

We also completed 29 radio interviews reaching over 2m listeners nationwide and had 3 TV appearances reaching a further 1m people. All interviews were broadly concerning living with, and understanding, diabetes as a serious health issue.

Future Years

In 2015, we plan to launch an online educational module on healthy eating and exercise

Further health promotion/screening events will be undertaken. In partnership with MSD, a further 20 pharmacy screening days will be undertaken in 2015 including attendance at community shows.

Partnering for Direct Patient Care & Support

Cognisant of the current economic environment and the under resourcing of diabetes services nationwide, Diabetes Ireland has partnered with the HSE and other stakeholders to provide access to vital services for people with diabetes through the employment of healthcare professionals in various parts of the country.

2014

We have 5 Senior Podiatrists and 1 Basic Grade Podiatrist providing vital high risk foot care services in Cork, Kerry, Waterford, Wexford, Carlow & Kilkenny, Meath, Cavan and Louth.
In 2014, the service provided 10,471 appointments. 1,271 new patients attended the service in 2014 with the remainder of appointments being filled by existing patients undergoing ongoing evaluation, treatment and review.
Diabetes Ireland also continued to support Gestational Diabetes services in Cork University and Maternity Hospital and Kerry General Hospital through the employment of 2 diabetes nurse specialists and a dietitian. In these hospitals, a total of 658 women were diagnosed with gestational diabetes in 2014, all of whom were monitored and treated for the duration of their pregnancies.
A further 2 Senior Podiatrists were employed to provide high risk foot care services in Meath and Cavan/Monaghan.
We supported the HSE East Coast Area Diabetes Shared Care (ECAD) programme through the employment of a senior dietitian. The service provides diabetes care to Type 2 diabetes patients in 25 GP practices in South Dublin and Wicklow.
Diabetes Ireland employs 2 Diabetes Nurse Specialists and 2 Senior Dietitians to deliver its CODE programme and health promotion initiatives nationwide
In our newly opened Care Centre, our Senior Podiatrist provided a local service for low/moderate risk patients. There is also access to the National Diabetes Retinopathy programme for people with diabetes living in Northside of Dublin.
With other stakeholders, we continued to assist in the delivery of the 1 year Health Promotion Cardiovascular & Diabetes National Certificate Programme in University College Galway.

Future Years

We will extend our Diabetes Care Centre service to include hearing test and a counselling service for people with diabetes in 2015.
Increase patient attendance for our Care Centre services.
In 2015, employ a Senior Podiatrist to develop a high risk footcare service in Louth.
Secure the funding to maintain these direct patient services and to open further Diabetes Ireland Care Centres.

Diabetes Advocacy

Diabetes Ireland leads the way in advocating for more resources for diabetes services nationally. In 2014 the focus was to see posts identified in HSE Service plans across a range of diabetes services filled.

2014

Our Donegal branch successfully advocated for a full time Paediatric Diabetes Nurse Specialist for Letterkenny Hospital.

We successfully advocated for fulfilment of HSE Podiatry and Paediatric posts identified in HSE Service plans.

Future Years

Ensure the paediatric diabetes nurse specialist post in Letterkenny Hospital is filled.

Advocate for fulfilment of other diabetes posts identified in HSE Service Plans and seek further staff resources for diabetes service nationwide.

57% (440) of lower limb amputations in 2014 were in people with diabetes. This is not good enough. We know 80% of these could have been prevented with early intervention and access to podiatry services. We will generate debate on the need for a national community based diabetes moderate risk footcare service and seek appropriate resources for this service.

Advocate for publication of HSE Models of Care Strategy documents for Adult and Paediatric diabetes services, Gestational Diabetes and Young Adult Transition services.

Diabetes Research

Diabetes Ireland Research Alliance was set up in 2008 as a subsidiary of Diabetes Ireland. Diabetes Ireland Research Alliance has the specific aim of promoting, supporting and funding research related to the causes, prevention and cure of diabetes

Its objectives are:

- To conduct, promote, support and fund research related to the causes, prevention and cure of diabetes, and into improvements in the management of the condition and its complications; and to publish and disseminate the useful results of any such research.
- To prioritise and progressively increase funding for research in Ireland.
- To advance the understanding of diabetes through research.

JDRF Partnership

Internationally, Diabetes Ireland Research Alliance partners with Juvenile Diabetes Research Foundation (JDRF), the leading charitable organisation in funding research into finding a cure for Type 1 diabetes, to help garner support from the diabetes community for its ongoing diabetes research work. Diabetes Ireland Research Alliance and JDRF aim to:

- Encourage high-quality type 1 diabetes research in Ireland
- Promote Ireland as a JDRF base for international lead research into finding a cure.
- Raise the profile of both organisations in the Republic of Ireland
- Build a sustainable relationship with Irish-based scientists and researchers
- Raise funds for type 1 diabetes research in Ireland and the UK.

In 2013, Diabetes Ireland Research Alliance had agreed to fund the clinical trial component of the project: ***“Topically Applied Mesenchymal Stem Cell Therapy for Non-healing Diabetic Foot Ulceration: A Phase 1 clinical study”*** but these was deferred as attaining ethical approval proved difficult. Mesenchymal stem cells are adult stem cells and have been shown to improve blood supply and repair damaged tissues in the body. This project aims to develop a ‘biological bandage’ to treat diabetic ulceration. Funds of €62,000 have been earmarked for this project. The project will commence in 2015 and funds will be distributed over a 2 year period.

During 2014 Diabetes Ireland Research Alliance supported the JDRF funded project **“Nano Versus Micro Encapsulation for Islet Transplantation”** which is a potential new way to give people new insulin producing beta cells, to replace the ones that have been destroyed by the immune system.

Further information on these projects is available on www.diabetes.ie and www.diabetesresearch.ie



Structure, Governance and Management

The governing body of Diabetes Ireland is the Board of Directors which can consist of at least 3 and not more than 7 individuals. In 2014, the Board of Directors consisted of 4 members. The Board is supported by a National Council, which acts as an advisory body in dealing effectively with the business of the charity.

Other committees in place are:

- A Management and Finance Committee which assists in the development of policy, maintains financial accountability to meet the costs of the organisation's activity programme and assists the CEO in the day to day management of the organisation.
- Three Regional committees who develop and co-ordinate annual activities in conjunction with their respective regional development teams.

Each of these committees nominate two members to serve on the National Council which meets at least 3 times a year. The Board and committees all include a mix of individuals with Type 1 or Type 2 diabetes, healthcare professionals and a mix of gender, skills, geography and experience.

The Board delegates day-to-day management of the charity to the Chief Executive who is supported by the Management & Finance Committee which meets 9 times per year. The Chief Executive also attends Board of Directors and National Council meetings.

All Directors, National Council and other committee members give their time freely and receive no benefits from the charity other than travel expenses.

Other Committees:

- Professional Services Committee, consisting of representatives from diabetes related healthcare professional bodies, which informs the Board on professional healthcare policy and related matters.
- Branch Committees which co-ordinate activities at local level and provide a support network for people of all ages with diabetes and their families.

Finance & Fundraising

Diabetes Ireland is financed by a mix of statutory, corporate and voluntary donations. In the 12 month period to 30 June 2014, the organisation made a small profit of €80,647. In the period, the charity opened a not-for-profit Care Centre providing vital eye and footcare screening and dietetic services for people with diabetes.

The latest available annual audited accounts to 30th June 2014 (on pages 18 – 26) show income of €1,811,406 for the 12 month period and expenditure for the same period of €1,721,141 giving a small profit of €80,641 (inc bank interest) for the period. The balance sheet shows a reserve of €590,985 at 30th June 2014.

Statutory funding from the Health Service Executive accounted for 50% of total income. This funding enabled the charity to directly employ 18 healthcare professionals (podiatrists, nurses and dietitians) to deliver services to the diabetes community nationwide while the balance was raised through a range of fundraising initiatives and corporate support.

During 2014, we introduced some new fundraising initiatives to help boost income. These included the “Changing Diabetes Cycle” event in association with our professional cyclist ambassador Stephen Clancy and sponsor Novo Nordisk. Additionally, we were named as one of the official charities of the Tour de Kilkenny. With talk of a cessation in the circulation of 1c and 2c coins nationally we created an “It Makes Cents” coin collection initiative among our supporters linking the coins with Type 1 and Type 2 diabetes. Our overseas trip once again saw us travel to the Camino de Santiago in Spain with 19 participants and around World Diabetes Day we launched “text donate” programme for the first time. TEAM Diabetes Ireland and the Mini Marathon raised over €55,000 between them while overall the above initiatives raised almost €110,000 for a range of projects and services of the fundraisers choice.

While, the financial outlook remains a concern, in 2015 Diabetes Ireland will continue to strive to maintain its services to meet the needs of the diabetes community in Ireland. The Board has taken steps to deliver a break even budget in 2015. Diabetes Ireland is very much appreciative of everyone who raised vital funds to help us maintain our services during the year.



Statement of Accounts 2014

Statement of Directors' Responsibilities for the Members' Financial Statements

(A Company Limited by Guarantee and not having a Share Capital)

The directors are responsible for preparing the Annual Report and the financial statements in accordance with applicable Irish law and Generally Accepted Accounting Practice in Ireland including the accounting standards issued by the Accounting Standards Board and promulgated by Chartered Accountants Ireland.

Irish company law requires the directors to prepare financial statements for each financial period which give a true and fair view of the state of affairs of the company and of the surplus or deficit of the company for that period.

In preparing those financial statements, the directors are required to:

- select suitable accounting policies and then apply them consistently
- make judgements and estimates that are reasonable and prudent
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements

The directors confirm that they have complied with the above requirements in preparing the financial statements.

The directors are responsible for keeping proper books of account which disclose with reasonable accuracy at any time the financial position of the company and to enable them to ensure the financial statements are prepared in accordance with accounting standards generally accepted in Ireland and with Irish statute comprising the Companies Acts 1963 to 2013 and all Regulations to be construed as one with those Acts. They are responsible for ensuring that the company otherwise complies with the provisions of those Acts relating to financial statements in so far as they are applicable to the company.

They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Signed on behalf of the board of directors:


Director


Director

Independent Auditors' Report to the Members of Diabetes Ireland

(A Company Limited by Guarantee and not having a Share Capital)

We have audited the financial statements of Diabetes Ireland for the year ended 30 June 2014 which comprise the income and expenditure account, the balance sheet, the cash flow statement and the related notes. These financial statements have been prepared under the historical cost convention and the accounting policies set out therein.

This report is made solely to the company's members, as a body, in accordance with Section 193 of the Companies Act, 1990. Our audit work has been undertaken so that we might state to the company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company and the company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Respective responsibilities of directors and auditors

As described in the statement of directors' responsibilities the company's directors are responsible for the preparation of the financial statements in accordance with applicable law and Irish Accounting Standards issued by the Accounting Standards Board and published by Chartered Accountants Ireland.

Our responsibility is to audit the financial statements in accordance with relevant legal and regulatory requirements and Auditing Standards promulgated by the Auditing Practices Board (UK and Ireland) and International Standards on Auditing (UK and Ireland).

We report to you our opinion as to whether the financial statements give a true and fair view in accordance with Generally Accepted Accounting Practice in Ireland and are properly prepared in accordance with the Companies Acts 1963 to 2013. We also report to you whether in our opinion: proper books of account have been kept by the company; and whether the information given in the Directors' Report is consistent with the financial statements. In addition, we state whether we have obtained all the information and explanations necessary for the purposes of our audit and whether the company's balance sheet and its income and expenditure account are in agreement with the books of account.

We also report, to the members if, in our opinion, any information specified by law regarding directors' remuneration and directors' transactions is not disclosed and, where practicable, include such information in our report.

We read other information contained in the annual report, and consider whether it is consistent with the audited financial statements. This other information comprises only the director's report. We consider the implications for our report if we become aware of any apparent misstatements or material inconsistencies with the financial statements. Our responsibilities do not extend to any other information.

Financial Statements 2014

Independent Auditors' Report to the Members of Diabetes Ireland (continued)

(A Company Limited by Guarantee and not having a Share Capital)

Basis of audit opinion

We conducted our audit in accordance with International Standards on Auditing (UK and Ireland) issued by the Auditing Practices Board. An audit includes examination, on a test basis, of evidence relevant to the amounts and disclosures in the financial statements. It also includes an assessment of the significant estimates and judgements made by the directors in the preparation of the financial statements, and of whether the accounting policies are appropriate to the company's circumstances, consistently applied and adequately disclosed.

We planned and performed our audit so as to obtain all the information and explanations which we considered necessary in order to provide us with sufficient evidence to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or other irregularity or error. In forming our opinion we also evaluated the overall adequacy of the presentation of information in the financial statements.

We have undertaken the audit in accordance with the requirements of the APB Ethical Standards-Provisions Available for Small Entities, in the circumstances set out in the notes to the financial statements.

Opinion

In our opinion the financial statements:

- give a true and fair view, in accordance with Generally Accepted Accounting Practice in Ireland, of the state of the company's affairs as at 30 June 2014 and of its loss and cash flows for the year then ended; and
- have been properly prepared in accordance with the Companies Acts 1963 to 2013.

We have obtained all the information and explanations, which we consider necessary for the purposes of our audit. In our opinion proper books of account have been kept by the company. The financial statements are in agreement with the books of account

In our opinion the information given in the directors' report is consistent with the financial statements.

Thomas E. McCloskey, For and on behalf of: McCloskey & Co, Chartered Accountants & Registered,
Apex Business Centre, Blackthorn Road, Sandyford, Dublin 18



Dated: Nov 16th, 2014

Income and Expenditure Account for the year ended 30 June 2014

		Continuing operations	
	Notes	2014 €	2013 €
Income	2	1,811,406	1,474,163
Expenditure		<u>(1,721,141)</u>	<u>(1,701,973)</u>
Surplus/(Deficit) on ordinary activities before interest		90,265	(227,810)
Other interest receivable and similar income		2,192	8,918
Interest payable and similar charges	3	<u>(11,816)</u>	<u>(1,033)</u>
Retained surplus/(deficit) for the year		<u>80,641</u>	<u>(219,925)</u>

A separate statement of total recognised gains and losses is not required as there are no recognised gains or losses other than the profit or loss for the above two financial years.

Signed on behalf of the board: Leonard O'Connor and Pat Power



 Director Director

Balance sheet as at 30th June 2014

	Notes	2014 €	2013 €
Fixed assets			
Tangible assets	8	508,526	486,664
Investments	9	<u>1,213</u>	<u>1,213</u>
		509,739	487,877
Current assets			
Debtors	10	116,796	133,658
Cash at bank and in hand		<u>563,231</u>	<u>708,483</u>
		680,027	842,141
Creditors: amounts falling due within one year	11	<u>(373,790)</u>	<u>(582,070)</u>
Net current assets		<u>306,237</u>	<u>260,071</u>
Total assets less current liabilities		815,976	747,948
Creditors: amounts falling due after more than one year	12	<u>(224,991)</u>	<u>(237,604)</u>
Net assets		<u>590,985</u>	<u>510,344</u>
Reserves			
Revenue reserves account		<u>590,985</u>	<u>510,344</u>
Members' funds	14	<u>590,985</u>	<u>510,344</u>

The financial statements were approved by the Board on the 16/11/2014

And signed on its behalf by: Leonard O'Connor and Pat Power



 Director Director

Cash flow statement for the year ended 30th June 2013

		2014	2013
	Notes	€	€
Reconciliation of operating profit/(loss) to net cash outflow from operating activities			
Operating profit/(loss)		90,265	(227,810)
Depreciation		23,786	18,080
Decrease in debtors		16,862	72,344
(Decrease) in creditors		<u>(104,682)</u>	<u>81,515</u>
Net cash inflow from operating activities		<u>26,231</u>	<u>(55,871)</u>
Cash flow statement			
Net cash outflow from operating activities		26,231	(55,871)
Returns on investments and servicing of finance	16	(9,624)	7,885
Capital expenditure	16	<u>(45,648)</u>	<u>(473,234)</u>
		(29,041)	(521,220)
Financing	16	<u>11,819</u>	<u>262,033</u>
Decrease in cash in the year		<u>(17,225)</u>	<u>(259,187)</u>
Reconciliation net cash flow to movement in net debt (Note 17)			
Decrease in cash in the year		(17,225)	(259,187)
Cash outflow from decrease in debts and lease financing		<u>(11,816)</u>	<u>(262,033)</u>
Change in net debt resulting from cash flows		(29,041)	(521,220)
Net funds at 1 July 2013		<u>322,436</u>	<u>843,656</u>
Net funds at 30 June 2014		<u>293,395</u>	<u>322,436</u>

Note to the Financial Statements for the year ended 30th June 2014

1. Statement of accounting policies

The following accounting policies have been applied consistently in dealing with items which are considered material in relation to the company's financial statements.

1.1. Basis of preparation

The audited financial statements have been prepared under the historical cost convention and comply with the financial reporting standards of the Accounting Standards Board, as promulgated by Chartered Accountants Ireland and the Companies Acts 1963 to 2013.

1.2. Income resources

Income consists of donations and other funds generated by voluntary activities. These are included in the financial statements when received at head office. Incoming resources have been included in the financial statements only when realised.

1.3. Grants

Grants from Public Sector Bodies/Government Agencies and other sundry sources are credited upon the recognition of the associated expense for which the grant was originally received.

1.4. Tangible fixed assets and depreciation

Depreciation is provided on all tangible fixed assets, at rates calculated to write off the cost less residual value, of each asset systematically over its expected useful life, as follows:

Land and buildings	2% Straight Line
Fixtures, fittings and equipment	15% Straight Line

1.5. Investments

Fixed asset investments are stated at cost less provision for permanent diminution in value.

1.6. Leasing

Rentals payable under operating leases are charged against income on a straight line basis over the lease term.

1.7. Expenditure

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

Direct expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

1.8. Pensions

The pension costs charged in the financial statements represent the contribution payable by the company during the year.

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1.9 Taxation

No charge to current or deferred taxation arises as the charity has been granted charitable status under Sections 207 and 208 of the Taxes Consolidation Act 1997, Charity No CRY 6907.

Irrecoverable value added tax is expended as incurred.

2. Income

The total income of the company for the year has been derived from its principal activity wholly undertaken in Ireland.

	2014 €	2013 €
Class of business		
Donations and other fundraising activities	789,395	912,020
Grants received	<u>1,022,010</u>	<u>562,143</u>
	<u>1,811,406</u>	<u>1,474,163</u>

3. Interest payable and similar charges

	2014 €	2013 €
Included in this category is the following:	<u>11,816</u>	<u>1,033</u>
On bank loans and overdrafts		

4. Employees

	2014	2013
Number of employees		
The average monthly numbers of employees during the year were:	<u>26</u>	<u>25</u>

Employment costs

	2014 €	2013 €
Wages and salaries	961,383	993,607
Social welfare costs	103,278	106,336
Other pension costs	<u>7,078</u>	<u>12,800</u>
	<u>1,071,739</u>	<u>1,112,743</u>

5. Directors of the Company

The present membership of the board is listed on the 'Directors and other information' page.

6. Transactions with directors

No members of the board of directors received any remuneration during the year. No director or other person related to the charity had any personal interest in any contract or transaction entered into by the charity during the year (2010 - €-)

7. Pension costs

The pension charge represents contributions due from the company and amounted to €7,078 (2013- €12,800).

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8. Tangible fixed assets

	Land and buildings freehold	Fixtures, fittings and equipment	Total
Cost	€	€	€
At 1 July 2013	472,197	100,524	572,721
Additions	<u>-</u>	<u>45,648</u>	<u>45,648</u>
At 30 June 2014	<u>472,197</u>	<u>146,172</u>	<u>618,369</u>
Depreciation			
At 1 July 2013	9,444	76,613	86,057
Charge for the year	<u>9,444</u>	<u>14,342</u>	<u>23,786</u>
At 30 June 2014	<u>18,888</u>	<u>90,955</u>	<u>109,843</u>
Net book values			
At 30 June 2014	<u>453,309</u>	<u>55,217</u>	<u>508,526</u>
At 30 June 2013	<u>462,753</u>	<u>23,911</u>	<u>486,664</u>

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9. Financial assets	Other unlisted Investments	Total
Cost	€	€
At 1 July 2013		
At 30 June 2014	<u>1,213</u>	<u>1,213</u>
Net book values		
At 30 June 2014	<u>1,213</u>	<u>1,213</u>
At 30 June 2013	<u>1,213</u>	<u>1,213</u>
10. Debtors	2014	2013
	€	€
Trade debtors	62,758	70,397
Amounts owed by Diabetes Ireland Research Alliance	54,038	61,393
Prepayments and accrued income	-	<u>1,868</u>
	<u>116,796</u>	<u>133,658</u>
11. Creditors: amounts falling due within one year	2014	2013
	€	€
Loans & other borrowings		
Bank overdraft	20,416	124,014
Bank loan	24,429	24,429
Other creditors		
Trade creditors	63,442	41,228
Deferred income	233,681	356,616
Accruals	3,710	3,095
Taxation creditors		
PAYE/PRSI	<u>28,112</u>	<u>32,688</u>
	<u>373,790</u>	<u>582,070</u>
12. Creditors: amounts falling due after more than one year	2014	2013
	€	€
Bank loans	<u>224,991</u>	<u>237,604</u>
Loans		
Repayable in one year or less, or on demand (Note 11)	24,429	24,429
Repayable between one and two years	24,429	24,429
Repayable between two and five years	73,287	73,287
Repayable in five years or more	<u>127,275</u>	<u>139,888</u>
	<u>249,420</u>	<u>262,033</u>

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14. Reconciliation of movements in members' funds	2014	2013
	€	€
Surplus/(deficit) for the year	80,641	(219,925)
Opening members' funds	<u>510,344</u>	<u>730,269</u>
Closing members' funds	<u>590,985</u>	<u>510,344</u>

15. Related party transactions

Diabetes Ireland Research Alliance (DIRA)

During the year DIRA received donations/grant income made via DFI totalling €24,675 (2013 - €12,762) and DFI made direct contributions to DIRA of €1,000 (2013- €1,238). DFI is also responsible for the administration of DIRA.

At the year end there was a balance due to DFI of €54,038 (2013- €61,393) from DIRA.

16. Gross cash flows	2014	2013
	€	€
Returns on investments and servicing of finance		
Interest received	2,192	8,918
Interest paid	<u>(11,816)</u>	<u>(1,033)</u>
	<u>(9,624)</u>	<u>7,885</u>
Capital expenditure		
Payments to acquire tangible assets	<u>(45,648)</u>	<u>(473,234)</u>
Financing		
New long term bank loan	36,245	262,033
Repayment of short term bank loan	<u>(24,429)</u>	-
	<u>11,816</u>	<u>262,033</u>

17. Analysis of changes in net funds

	Opening balance	Cash flows	Other Changes	Closing Balance
	€	€	€	€
Cash at bank and in hand	708,483	(145,252)		563,231
Overdrafts	<u>(124,014)</u>	<u>103,598</u>		<u>(20,416)</u>
	<u>584,469</u>	<u>(41,654)</u>		<u>542,815</u>
Debt due within one year	(24,429)	-	-	(24,429)
Debt due after one year	<u>(237,604)</u>	<u>(11,816)</u>	<u>24,429</u>	<u>(224,991)</u>
	<u>(262,033)</u>	<u>(11,816)</u>	<u>24,429</u>	<u>(249,420)</u>
Net funds	<u>322,436</u>	<u>(53,470)</u>	<u>24,429</u>	<u>293,395</u>

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18. Company Limited by Guarantee

The company is one limited by guarantee not having a share capital and consequently the liability of members is limited, subject to an undertaking by each member to contribute to the net assets or liabilities of the company on winding up such amounts as may be required not exceeding €12.70.

19. APB Ethical Standard- Provisions Available for Small Entities

As a small entity under the provisions of the APB in relation to Ethical Standards we engage our auditor to assist with the preparation of the financial statements.

20. Approval of financial statements

The financial statements were approved by the Board on 16/11/2014


Director


Director

Acknowledgements

Diabetes Ireland would to acknowledge and sincerely thank;

- our staff, volunteers and healthcare professionals for their continuing support
- corporate partners for their support and assistance with our various initiatives and services
- members, supporters and donors for their help in raising vital funds to enable us to continue our work
- the Health Service Executive for their financial support which enables us to provide many direct, and much needed, services.



CORPORATE PARTNERS





WE FIGHT FOR BETTER SERVICES FOR YOU
WE WANT WHAT'S BEST FOR YOU
WE EXIST TO SUPPORT YOU



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