



Diabetes



Ireland

ANNUAL REPORT

2013

Foreword

The highlight of the year was undoubtedly moving into a new modern office unit in Santry, Dublin and opening a Diabetes Care Centre. Since 1967, the charity has rented offices so to finally have its own premises is an exciting proactive move that will be a major asset for many years to come. It has enabled us to open a Care Centre providing much needed services for the diabetes community. Time and time again, research has shown that the development of sight and foot problems are the major concerns of people with diabetes and through the centre we are now actively providing direct services to our community in these areas.

The full rollout of the National Diabetes Retinopathy Screening programme “Diabetic Retina Screen” was a major boost this year. By December, 30% of people with diabetes received a letter inviting them to contact a Freephone number to make an appointment and the remaining 70% will receive their invitation letter in 2014. From the perspective of Diabetes Ireland and all the diabetes healthcare professional bodies, we want all people on receipt of their invitation letter to call the Freephone number listed on their letter to make an appointment. Attending this appointment will go a long way to maintaining healthy eyes and preventing vision loss in people with diabetes. Failure to do so, could really put a person’s vision at risk.

Further National Footcare programme posts were filled in 2013. However, planned posts in Wexford General Hospital, Waterford Regional Hospital and Kerry General Hospital still remain unfilled. Fortunately, Diabetes Ireland, in partnership with the HSE, has existing podiatry services in these areas which are meeting the need of local diabetes communities. Through the partnership, we also expanded the service to Carlow/Kilkenny this year.

The planned paediatric diabetes posts for Cork and Limerick/Galway were also filled earlier this year. Diabetes Ireland also part-funded an audit review of paediatric diabetes services as part of efforts to garner more resources from the Government. While we don’t need an audit to inform us that Donegal is a “dark spot” when it comes to paediatric diabetes services, we continued to work with the local branch in their efforts to obtain a quality service for our children. But Donegal is not alone and we will continue to push for a much more equitable service plan for our children.

Financially, it has been a tough year for the charity. The purchase, design and equipping of our new offices was a major resource strain but as we head into 2014, we are confident the Care Centre will be successful and will hopefully be the first of further centres elsewhere. The Board has put plans in place with a view to delivering a break even budget in 2014. The launch of Team Diabetes Ireland was a very positive step raising €44,000 during 2013 and we hope to expand team membership in 2014. Following the focus on charity funding in December 2013, we can confirm that all staff salaries are compliant with the latest Public Service Consolidated Pay Scales agreed by the Government and that no member of staff is in receipt of a salary above €100,000 per annum. Neither does Diabetes Ireland pay overtime or performance bonuses to any member of staff.

There are many ways to support Diabetes Ireland, so please join us. Our goal is to support, educate and motivate the diabetes community. In doing that, we cannot express enough our appreciation of the ongoing support we receive from our volunteers, fundraisers, healthcare professionals, corporate supporters and the HSE for helping us help our community. We must all continue to work together for the Diabetes Community in Ireland so we can all live a long and healthy life.

Professor Hilary Hoey
Chairperson

Kieran O’Leary
CEO



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Diabetes Ireland is committed to achieving the standards contained within the Statement for Guiding Principles of Fundraising

About Diabetes Ireland

Founded in 1967, Diabetes Ireland is the national charity dedicated to helping people with diabetes. It achieves this by providing support, education and motivation to all people affected by diabetes. The charity also raises public awareness of diabetes and its symptoms and funds research into finding a cure for diabetes.

Our Mission and Aims are:

Our Mission

“To provide a quality service in improving the lives of people affected by diabetes and working with others to prevent and cure diabetes”.

Our Aims

- To provide support, education and motivation to people with diabetes, their families, and friends;
- To raise awareness of diabetes in the community and foster programs for early detection and prevention of diabetes;
- To support and encourage advances in diabetes care and research.

Our Board

Every member of our board freely donates their time, their skills and their experience to help support the diabetes community through our work.

Directors

Professor Gerald Tomkin	(Honorary President)
Professor Hilary Hoey	(Chairperson)
Mr Patrick Power	(Hon. Secretary)
Mr Leonard O'Connor	(Honorary Treasurer)

National Council Members

Mr Phil Miesle
Mr Danny McDaid
Mr John Verling
Mr Dan Murphy
Mr Michael Dowling
Mr Sean Harraghy
Ms Aileen Foster

CEO Mr Kieran O'Leary

Diabetes Support and Education Services

With increasing prevalence of diabetes and pre-diabetes, Diabetes Ireland actively looks to improve access to peer support, education and information.

Diabetes Ireland supports people with diabetes through a wide range of services including:

- face-to-face contact
- literature provision
- helpline and website support

Inherent in any supportive interaction is promotion of health and for many people with diabetes, this means the provision of diabetes education.

Some of the highlights were:

In 2013, more than 92,340 directly accessed our services
3,805 people contacted our national lo-call helpline
There were 79,610 visitors to our website, www.diabetes.ie
On 31 December 2013, our Facebook events page had 3,009 likes and our twitter page had 1,910 followers.
Through our local volunteer branch network, a total of 3,244 people attended 25 public education meetings to share their experiences and hear from a range of diabetes healthcare professionals on all aspects of effectively living with diabetes on a daily basis.
A total of 685 people with Type 2 diabetes attended 59 CODE education programmes nationwide.
80 teenagers attended the National Teen Activity Day

CODE

Community Orientated Diabetes Education

Community Orientated Diabetes Education (CODE) is a structured diabetes programme for people with Type 2 diabetes delivered as three consecutive weekly sessions, a telephone contact at 10 weeks and a six monthly session. Developed by Diabetes Ireland and delivered throughout the country by appropriately trained professionals, CODE is supported by the HSE and for 2013 due to a specific request from a number of primary care centres, additional CODE programmes were delivered with support from Novartis.

2013

A CODE programme was delivered in 24 of the 26 counties of Republic of Ireland.
59 CODE programmes were attended by 685 people living with Type 2 diabetes.
Most people attending had diabetes for around 7 years with 19% having diabetes for less than one year, and 2% having pre-diabetes.
Over one third of attendees (38%) were in the 60-70 age group
Following completion of the programme, attendees demonstrated improved empowerment, better quality of life, improved diabetes knowledge, reduction in weight for some participants and a positive association of programme attendance to improved glycaemic markers and cholesterol levels.

Future Years

During 2014 we expect to deliver 30 CODE programmes to 350 people living with Type 2 diabetes with the aim of delivering a CODE programme in each of the 26 counties.
Evening programmes will be offered to explore if uptake is improved in younger age groups.

Education & Support

People who attend our many events find them informative and helpful. There are an estimated 185,000 adults with Type 1 or Type 2 diabetes in Ireland. Access to easy, clear and concise information is paramount to help people manage their condition on a daily basis. Our services are there for everyone with diabetes who require support at their time of need.

2013

We held 25 public education meetings covering a range of diabetes related topics.
Some of these were Type 1 or Type 2 specific. More than 3,240 people attended meetings.
Our volunteer support groups continued to help local people with diabetes & their families
More than 40,000 people read our quarterly Magazine "Diabetes Ireland".
We launched a new and more vibrant recipe section on www.diabetes.ie
Over 3,800 people contacted our Diabetes Helpline seeking information, with 54 % of those receiving written educational literature to their home address.
Over 200 healthcare professionals attended our 2 study days and 4 issues of Diabetes Professional were issued to 5,000 healthcare professional in 2013
With Zurich, we launched a Private Motor Car Insurance scheme for members offering preferential rates.
We extended our range of diabetes products in our online shop, offering more choice and better discounts to members.

Future Years

We will open our first Care Centre providing vital eye and footcare services direct to people with diabetes in 2014.
We will continue to deliver our services as effectively as we can within our available resources.
With the HSE and other stakeholders, we plan to reprint the range of "Footcare" and "Healthy Eating for Type 2 Diabetes" leaflets.

Children and Family Events

There are an estimated 2,800 children and adolescents with Type 1 diabetes in Ireland. Current diabetes paediatric services are severely under resourced, unstructured and un-coordinated with the standard of care a child with Type 1 diabetes receives depending on the geographic location of the family and the tenacity of his/her parents in trying to obtain the best medical care for their child.

2013

Our Sweetpea Children's Club held its family weekend, summer picnic and Christmas party with many new families attending these events.

Our Parent Support Groups continued to grow throughout the country, all providing vital local support to families.

National Teen Activity Day saw 80 teenagers from 10-16 years at our various outdoor activity centres on 13 July.

In conjunction with Cork University Hospital diabetes paediatric team, we held an education day for 70 teachers on managing children with Type 1 diabetes in school.

The Cork Time to Talk Teen Support Group continued to meet regularly in 2013.

Dublin Footballer, Kevin Nolan, and Irish Hockey International, Alan Sothorn became our Ambassadors for Type 1 Diabetes.

Future Years

The lack of distinction between Type 1 and Type 2 diabetes by the media and the lack of awareness of symptoms by primary healthcare professionals to aid early diagnosis are issues that must be addressed

Lack of consistency of services and access to appropriate care including structured education for families must be improved

We plan to develop an on-line information sheet on entitlements for families following a diagnosis of Type 1 diabetes.

Diabetes Awareness in the Community

The prevalence of Type 2 diabetes in Ireland is increasing rapidly due to our sedentary lifestyles. Having a healthy lifestyle, being active and maintaining a healthy weight can help reduce one's risk of developing Type 2 diabetes. Increased awareness of Type 2 diabetes, its symptoms and risk factors and early detection for those at high risk are vital to supporting people into taking the first steps to improving their health and avoiding the onset of Type 2 diabetes.

2013

Over 4,600 people accessed our health promotion and screening services of which 1,806 were screened for Type 2 diabetes.

We held 69 health promotion/screening events in 2013. 11 of these were held in workplace settings such as Allianz, Symantec, Enable Ireland, with the remainder held in community and public settings such as shopping centres, pharmacies etc.

With Bayer, we published a new leaflet "Getting active for better health" for use by healthcare professionals to prescribe exercise for the inactive population at high risk of developing, or recently diagnosed, with Type 2 diabetes

With the HSE, we also helped develop a leaflet on managing diabetes during Ramadan.

We also completed 25 radio interviews reaching over 2.9m listeners nationwide. All interviews were broadly concerning living with, and understanding, diabetes as a serious health issue.

Future Years

In 2014, we plan to launch an online Type 2 Diabetes Risk Assessment test.

Further health promotion/screening events will be undertaken. In partnership with MSD, 20 pharmacy screening days will be undertaken in 2014.

Partnering for Direct Patient Care & Support

Cognisant of the current economic environment and the under resourcing of diabetes services nationwide, Diabetes Ireland has partnered with the HSE and other stakeholders to provide access to vital services for people with diabetes through the employment of healthcare professionals in various parts of the country.

2013

We have 5 Senior Podiatrists and 1 Basic Grade Podiatrist providing vital high risk footcare services in Cork, Kerry, Waterford, Wexford, Carlow and Kilkenny.
In 2013, the service provided 8,349 appointments. 1,688 new patients attended the service in 2013 with the remainder of appointments being filled by existing patients undergoing ongoing evaluation, treatment and review.
The podiatrists also delivered 31 footcare education sessions to other local community based healthcare professionals as part of their continuing commitment to improve care and early detection of patients.
Diabetes Ireland also continued to support Gestational Diabetes services in Cork University and Maternity Hospital and Kerry General Hospital through the employment of 2 diabetes nurse specialists and a dietitian. In these hospitals, a total of 558 women were diagnosed with gestational diabetes in 2013, all of whom were monitored and treated for the duration of their pregnancies.
We supported the HSE East Coast Area Diabetes Shared Care (ECAD) programme through the employment of a diabetes nurse specialist and a senior dietitian. The service provides diabetes care to Type 2 diabetes patients in 25 GP practices in South Dublin and Wicklow.
Diabetes Ireland employs 2 Diabetes Nurse Specialists and 2 Senior Dietitians to deliver its CODE programme and health promotion initiatives nationwide
In our newly opened Care Centre, with the support of Bord Gais, we employed a further Senior Podiatrist to provide a local service for low/moderate risk patients and access to the National Diabetes Retinopathy programme for people with diabetes living in Northside of Dublin.
With other stakeholders, we developed a 1 year Health Promotion Cardiovascular & Diabetes National Certificate Programme that was launched in 2013 in University College Galway.

Future Years

Develop a dietitian service in our Care Centre.
Increase patient attendance for our Care Centre services.
Look to expand our footcare services to other counties bringing these much needed services to other local diabetes communities.
Secure the funding to maintain these direct patient services

Diabetes Advocacy

With the ever growing prevalence of diabetes, Diabetes Ireland leads the way in advocating for more resources for diabetes services nationally. With Government commitments to develop a National Diabetic Retinopathy Screening programme, a National Footcare programme, a Type 2 Integrated Care programme and diabetes paediatric and adolescent services already secured, in 2013 the focus was to see implementation of these services as quickly as possible and to ensure they remained an HSE priority.

2013

In February, Diabetes Ireland welcomed the launch of the National Diabetes Retinopathy Screening programme.
Launched initially in Leinster, Diabetes Ireland continued to advocate for quick national rollout of the programme “Diabetic Retina Screen”.
By December 2013, 30% of the diabetes community were invited to contact the programme for a screening appointment.
13 of the 16 podiatry posts were filled by December 2013 with the remaining posts in Wexford, Waterford and Kerry still unfilled.
17 of the Diabetes Clinical Nurse Specialists posts were filled as part of the Type 2 Integrated Care programme.
Planned paediatric nursing and dietetic posts were filled in 2013. Diabetes Ireland also part funded a national audit review of diabetes paediatric services.

Future Years

We will look to ensure the remaining 70% of the diabetes community are invited to contact the Diabetic Retina Screen programme for a screening appointment and that the programme is extended to all areas of the country.
We will also advocate for a national media awareness campaign informing the diabetes community about the programme.
52% (391) of lower limb amputations in 2013 were in people with diabetes. This is not good enough. We know 80% of these could have been prevented with early intervention and access to podiatry services. We plan to advocate for more podiatry resources to be made available.
Paediatric diabetes services are unstructured, inconsistent and geographically uncoordinated with service provision severely lacking in some parts of the country.
We plan to advocate for improved services and more resources to ensure equal access for all children with Type 1 diabetes regardless of where they live.

Diabetes Research

Diabetes Ireland Research Alliance was set up in 2008 as a subsidiary of Diabetes Ireland, the national charity supporting people with diabetes in Ireland. Diabetes Ireland Research Alliance has the specific aim of promoting, supporting and funding research related to the causes, prevention and cure of diabetes

Its objectives are:

- To conduct, promote, support and fund research related to the causes, prevention and cure of diabetes, and into improvements in the management of the condition and its complications; and to publish and disseminate the useful results of any such research.
- To prioritise and progressively increase funding for research in Ireland
- To advance the understanding of diabetes through research

JDRF Partnership

Internationally, Diabetes Ireland Research Alliance partners with Juvenile Diabetes Research Foundation (JDRF), the leading charitable organisation in funding research into finding a cure for Type 1 diabetes, to help garner support from the diabetes community for its ongoing diabetes research work. Diabetes Ireland Research Alliance and JDRF aim to:

- Encourage high-quality type 1 diabetes research in Ireland
- Promote Ireland as a JDRF base for international lead research into finding a cure.
- Raise the profile of both organisations in the Republic of Ireland
- Build a sustainable relationship with Irish-based scientists and researchers
- Raise funds for type 1 diabetes research in Ireland and the UK.

In 2013, Diabetes Ireland Research Alliance has agreed to fund the clinical trial component of the following project:

“Topically Applied Mesenchymal Stem Cell Therapy for Non-healing Diabetic Foot Ulceration: A Phase 1 clinical study”

Mesenchymal stem cells are adult stem cells and have been shown to improve blood supply and repair damaged tissues in the body. This project aims to develop a ‘biological bandage’ to treat diabetic ulceration.

Funds of €62,000 have been earmarked for this project. The project will commence in 2014 and funds will be distributed over a 2 year period.

Diabetes Ireland Research Alliance also agreed to support the following project in 2013 for completion by early 2014:

“Irish Audit of Paediatric Diabetes Services”

To facilitate an audit of paediatric diabetes services in order to support the HSE in the development of improved services and improve clinical care across the country. Funds of €9,000 have been earmarked to fund this project.

Further information on these projects is available on www.diabetes.ie and www.diabetesresearch.ie



Structure, Governance and Management

The governing body of the charity is the Board of Directors which can consist of at least 3 and not more than 7 individuals. In 2013, the Board of Directors consisted of 4 members. The Board is supported by a National Council, which acts as an advisory body in dealing effectively with the business of the charity.

Other committees in place are:

- A Management and Finance Committee which assists in the development of policy, maintains financial accountability to meet the costs of the organisation's activity programme and assists the CEO in the day to day management of the organisation.
- Three Regional committees who develop and co-ordinate annual activities in conjunction with their respective regional development teams.

Each of these committees nominate two members to serve on the National Council which meets at least 3 times a year. The Board and committees all include a mix of individuals with Type 1 or Type 2 diabetes, healthcare professionals and a mix of gender, skills, geography and experience.

The Board delegates day-to-day management of the charity to the Chief Executive who is supported by the Management & Finance Committee which meets 9 times per year. The Chief Executive also attends Board of Directors and National Council meetings.

All Directors, National Council and other committee members give their time freely and receive no benefits from the charity other than travel expenses.

Other Committees:

- Professional Services Committee, consisting of representatives from diabetes related healthcare professional bodies, which informs the Board on professional healthcare policy and related matters.
- Branch Committees which co-ordinate activities at local level and provide a support network for people of all ages with diabetes and their families.

Finance & Fundraising

Diabetes Ireland is financed by a mix of statutory, corporate and voluntary donations. In the 12 month period to 30 June 2013, the organisation made a significant loss of €219,925. However, in the period, the charity purchased and moved into new offices with plans to develop a not-for-profit Care Centre providing vital eye and footcare screening and dietetic services for people with diabetes. To purchase the premises, Diabetes Ireland took out a 15 year bank loan of €262,000 and used some of its reserves to pay the balance of the cost of approximately €260,000 establishing and equipping the centre.

The latest available annual audited accounts to 30th June 2013 (on pages pages 18 – 26) show income of €1,474,163 for the 12 month period and expenditure for the same period of €1,703,006 giving an operating loss of €228,843 for the period. But when bank interest was added, the overall loss reduced to €219,925. The balance sheet shows a reserve of €510,344 at 30th June 2013, down from €730,269 at 30 June 2012 which reflects the investment by the charity in purchasing the new offices.

Statutory funding from the Health Service Executive accounted for 39% of total income. This funding enabled the charity to directly employ 15 healthcare professionals (podiatrists, nurses and dietitians) to deliver services to the diabetes community nationwide while the remaining 58% was raised through a range of fundraising initiatives and corporate support.

During 2013, Diabetes Ireland launched TEAM Diabetes Ireland, an initiative aimed at bringing our many fundraisers together under a new strong identity. Organised events included our Lunar Walks, the Knocknarea climb, Camino de Santiago Walk while many joined our Marathon, Mini Marathon, Mud Run and Triathlon teams and many others organising their own event for Diabetes Ireland. Together, they combined to raise vital funds, in excess of €100,000, for a range of projects and services of their choice. Diabetes Ireland is very much appreciative of everyone who raised vital funds to help us maintain our services during the year.

While, the financial outlook remains a concern, in 2014 Diabetes Ireland will continue to strive to maintain its services to meet the needs of the diabetes community in Ireland. The Board has taken steps to deliver a break even budget in 2014.



Statement of Accounts 2013

Statement of Directors' Responsibilities for the Members' Financial Statements

(A Company Limited by Guarantee and not having a Share Capital)

The directors are responsible for preparing the Annual Report and the financial statements in accordance with applicable Irish law and Generally Accepted Accounting Practice in Ireland including the accounting standards issued by the Accounting Standards Board and promulgated by Chartered Accountants Ireland.

Irish company law requires the directors to prepare financial statements for each financial period which give a true and fair view of the state of affairs of the company and of the surplus or deficit of the company for that period.

In preparing those financial statements, the directors are required to:

- select suitable accounting policies and then apply them consistently
- make judgements and estimates that are reasonable and prudent
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements

The directors confirm that they have complied with the above requirements in preparing the financial statements.

The directors are responsible for keeping proper books of account which disclose with reasonable accuracy at any time the financial position of the company and to enable them to ensure the financial statements are prepared in accordance with accounting standards generally accepted in Ireland and with Irish statute comprising the Companies Acts 1963 to 2012 and all Regulations to be construed as one with those Acts. They are responsible for ensuring that the company otherwise complies with the provisions of those Acts relating to financial statements in so far as they are applicable to the company.

They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Signed on behalf of the board of directors:


Director


Director

Independent Auditors' Report to the Members of Diabetes Ireland

(A Company Limited by Guarantee and not having a Share Capital)

We have audited the financial statements of Diabetes Federation of Ireland for the year ended 30 June 2013 which comprise the income and expenditure account, the balance sheet, the cash flow statement and the related notes. These financial statements have been prepared under the historical cost convention and the accounting policies set out therein.

This report is made solely to the company's members, as a body, in accordance with Section 193 of the Companies Act, 1990. Our audit work has been undertaken so that we might state to the company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company and the company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Respective responsibilities of directors and auditors

As described in the statement of directors' responsibilities the company's directors are responsible for the preparation of the financial statements in accordance with applicable law and Irish Accounting Standards issued by the Accounting Standards Board and published by Chartered Accountants Ireland.

Our responsibility is to audit the financial statements in accordance with relevant legal and regulatory requirements and Auditing Standards promulgated by the Auditing Practices Board (UK and Ireland) and International Standards on Auditing (UK and Ireland).

We report to you our opinion as to whether the financial statements give a true and fair view in accordance with Generally Accepted Accounting Practice in Ireland and are properly prepared in accordance with the Companies Acts 1963 to 2012. We also report to you whether in our opinion: proper books of account have been kept by the company; and whether the information given in the Directors' Report is consistent with the financial statements. In addition, we state whether we have obtained all the information and explanations necessary for the purposes of our audit and whether the company's balance sheet and its income and expenditure account are in agreement with the books of account.

We also report, to the members if, in our opinion, any information specified by law regarding directors' remuneration and directors' transactions is not disclosed and, where practicable, include such information in our report.

We read other information contained in the annual report, and consider whether it is consistent with the audited financial statements. This other information comprises only the director's report. We consider the implications for our report if we become aware of any apparent misstatements or material inconsistencies with the financial statements. Our responsibilities do not extend to any other information.

Financial Statements 2013

Independent Auditors' Report to the Members of Diabetes Ireland (continued)

(A Company Limited by Guarantee and not having a Share Capital)

Basis of audit opinion

We conducted our audit in accordance with International Standards on Auditing (UK and Ireland) issued by the Auditing Practices Board. An audit includes examination, on a test basis, of evidence relevant to the amounts and disclosures in the financial statements. It also includes an assessment of the significant estimates and judgements made by the directors in the preparation of the financial statements, and of whether the accounting policies are appropriate to the company's circumstances, consistently applied and adequately disclosed.

We planned and performed our audit so as to obtain all the information and explanations which we considered necessary in order to provide us with sufficient evidence to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or other irregularity or error. In forming our opinion we also evaluated the overall adequacy of the presentation of information in the financial statements.

As explained more fully in the Directors' Responsibilities Statement set out on page 4, the directors are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view. Our responsibility is to audit and express an opinion on the financial statements in accordance with applicable law and International Standards on Auditing (UK and Ireland). Those standards require us to comply with the Auditing Practices Board's (APB's) Ethical Standards for Auditors, including "APB Ethical Standard- Provisions Available for Small Entities (Revised)", in the circumstances set out in the notes to the financial statements.

We have undertaken the audit in accordance with the requirements of the APB Ethical Standards- Provisions Available for Small Entities, in the circumstances set out in the notes to the financial statements.

Opinion

In our opinion the financial statements:

- give a true and fair view, in accordance with Generally Accepted Accounting Practice in Ireland, of the state of the company's affairs as at 30 June 2013 and of its loss and cash flows for the year then ended; and
- have been properly prepared in accordance with the Companies Acts 1963 to 2012.

We have obtained all the information and explanations, which we consider necessary for the purposes of our audit. In our opinion proper books of account have been kept by the company. The financial statements are in agreement with the books of account

In our opinion the information given in the directors' report is consistent with the financial statements.

Thomas E. McCloskey, For and on behalf of: McCloskey & Co, Chartered Accountants & Registered, Apex Business Centre, Blackthorn Road, Sandyford, Dublin 18



Income and Expenditure Account for the year ended 30 June 2013

		Continuing operations	
	Notes	2013	2012
		€	€
Income	2	1,474,163	1,758,206
Expenditure		(1,701,973)	(1,816,145)
(Deficit) on ordinary activities before interest		(227,810)	(57,939)
Other interest receivable and similar income		8,918	13,664
Interest payable and similar charges	3	(1,033)	
Deficit for the year		(219,925)	(44,275)

A separate statement of total recognised gains and losses is not required as there are no recognised gains or losses other than the profit or loss for the above two financial years.

Signed on behalf of the board: Leonard O'Connor and Pat Power

Date: 03/11/2013


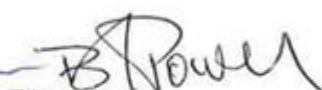
Director
Director

Balance sheet as at 30 June 2013

	Notes	2013 €	2012 €
Fixed assets			
Tangible assets	8	486,664	31,510
Investments	9	1,213	1,213
		487,877	32,723
Current assets			
Debtors	10	133,658	206,002
Cash at bank and in hand		708,483	875,453
		842,141	1,081,455
Creditors: amounts falling due within one year	11	(582,070)	(383,909)
Net current assets		260,071	697,546
Total assets less current liabilities		747,948	730,269
Creditors: amounts falling due after more than one year	12	(237,604)	
Net assets		510,344	730,269
Reserves			
Revenue reserves account		510,344	730,269
Members' funds	14	510,344	730,269

The financial statements were approved by the Board on the 03/11/2013

And signed on its behalf by: Leonard O'Connor and Pat Power



 Director Director

Cash flow statement for the year ended 30 June 2013

	Notes	2013 €	2012 €
Reconciliation of operating loss to net cash outflow from operating activities			
Operating loss		(227,810)	(57,939)
Depreciation		18,080	8,507
Decrease in debtors		72,344	(97,320)
Increase in creditors		81,515	(132,179)
Net cash outflow from operating activities		(55,871)	(278,931)
Cash flow statement			
Net cash outflow from operating activities		(55,871)	(278,931)
Returns on investments and servicing of finance	16	7,885	13,664
Capital expenditure	16	(473,234)	(11,978)
		(521,220)	(277,245)
Financing	16	262,033	
Decrease in cash in the year		(259,187)	(277,245)
Reconciliation net cash flow to movement in net debt (Note 17)			
Decrease in cash in the year		(259,187)	(277,245)
Cash outflow from decrease in debts and lease financing		(262,033)	
Change in net debt resulting from cash flows		(521,220)	(277,245)
Net funds at 1 July 2012		843,656	1,120,901
Net funds at 30 June 2013		322,436	843,656

Note to the Financial Statements for the year ended 30 June 2013

1. Statement of accounting policies

The following accounting policies have been applied consistently in dealing with items which are considered material in relation to the company's financial statements.

1.1. Basis of preparation

The audited financial statements have been prepared under the historical cost convention and comply with the financial reporting standards of the Accounting Standards Board, as promulgated by Chartered Accountants Ireland and the Companies Acts 1963 to 2012.

1.2. Income resources

Income consists of donations and other funds generated by voluntary activities. These are included in the financial statements when received at head office. Incoming resources have been included in the financial statements only when realised.

1.3. Grants

Grants from Public Sector Bodies/Government Agencies and other sundry sources are credited upon the recognition of the associated expense for which the grant was originally received.

1.4. Tangible fixed assets and depreciation

Depreciation is provided on all tangible fixed assets, at rates calculated to write off the cost less residual value, of each asset systematically over its expected useful life, as follows:

Land and buildings	2% Straight Line
Fixtures, fittings and equipment	15% Straight Line

1.5. Investments

Fixed asset investments are stated at cost less provision for permanent diminution in value.

1.6. Leasing

Rentals payable under operating leases are charged against income on a straight line basis over the lease term.

1.7. Expenditure

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

Direct expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

1.8. Pensions

The pension costs charged in the financial statements represent the contribution payable by the company during the year.

1.9. Taxation

No charge to current or deferred taxation arises as the charity has been granted charitable status under Sections 207 and 208 of the Taxes Consolidation Act 1997, Charity No CRY 6907. Irrecoverable value added tax is expensed as incurred.

2. Income

The total income of the company for the year has been derived from its principal activity wholly undertaken in Ireland.

	2013 €	2012 €
Class of business		
Donations and other fundraising activities	917,020	989,816
Grants received	557,143	768,390
	1,474,163	1,758,206

Included in grant income are grants received from the HSE for the following regions:

	2013 €
Western region	33,488
North East region	125,781
Southern region	397,874
	557,143

3. Interest payable and similar charges

	2013 €	2012 €
Included in this category is the following:	1,033	
On bank loans and overdrafts		

4. Employees

	2013	2012
Number of employees		
The average monthly numbers of employees during the year were:	25	24
Employment costs	2013 €	2012 €
Wages and salaries	993,607	901,395
Social welfare costs	106,336	94,967
Other pension costs	12,800	11,573
	1,112,743	1,007,935

5. Directors of the Company

The present membership of the board is listed on the 'Directors and other information' page.

6. Transactions with directors

No members of the board of directors received any remuneration during the year. No director or other person related to the charity had any personal interest in any contract or transaction entered into by the charity during the year (2010 - €-)

7. Pension costs

The pension charge represents contributions due from the company and amounted to €12,800 (2012- €11,573).

8. Tangible fixed assets

	Land and buildings freehold	Fixtures, fittings and equipment	Total
Cost	€	€	€
At 1 July 2012		99,487	99,487
Additions	472,197	1,037	473,234
At 30 June 2013	472,197	100,524	572,721
Depreciation			
At 1 July 2012		67,977	67,977
Charge for the year	9,444	8,636	18,080
At 30 June 2013	9,444	76,613	86,057
Net book values			
At 30 June 2013	462,753	23,911	486,664
At 30 June 2012		31,510	31,510

9. Financial assets

	Other unlisted investments	Total
Cost	€	€
At 1 July 2012		
At 30 June 2013	1,213	1,213
Net book values		
At 30 June 2013	1,213	1,213
At 30 June 2012	1,213	1,213

10. Debtors

	2013	2012
	€	€
Trade debtors	70,397	27,591
Amounts owed by Diabetes Ireland Research Alliance	61,393	72,631
Accrued income		105,780
Prepayments and accrued income	1,868	
	<u>133,658</u>	<u>206,002</u>

11. Creditors: amounts falling due within one year	2013	2012
	€	€
Loans & other borrowings		
Bank overdraft	124,014	31,797
Bank loan	24,429	
Other creditors		
Trade creditors	41,228	33,836
Deferred income	356,616	284,211
Accruals	3,095	3,095
Taxation creditors		
PAYE/PRSI	<u>32,688</u>	<u>30,970</u>
	582,070	383,909

12. Creditors: amounts falling due after more than one year	2013	2012
	€	€
Bank loans	237,604	
Loans		
Repayable in one year or less, or on demand (Note 11)	24,429	
Repayable between one and two years	24,429	
Repayable between two and five years	73,287	
Repayable in five years or more	<u>139,888</u>	
	262,033	

14. Reconciliation of movements in members' funds	2013	2012
	€	€
Deficit for the year	(219,925)	(44,275)
Opening members' funds	<u>730,269</u>	<u>774,544</u>
Closing members' funds	510,344	730,269

15. Related party transactions

Diabetes Ireland Research Alliance

During the year DIRA received donations/grant income made via DI totalling €12,672 (2012 - €17,944) and DI made direct contributions to DIRA of €1,238 (2012- €3,000). DI is also responsible for the administration of DIRA.

At the year end there was a balance due to DI of €61,393 (2012- €72,631) from DIRA.

No activity in period.

16. Gross cash flows	2013	2012
	€	€
Returns on investments and servicing of finance		
Interest received	8,918	13,664
Interest paid	(1,033)	
	7,885	13 664

Capital expenditure		
Payments to acquire tangible assets	(473,234)	(11,978)
Financing		
New long term bank loan	262,033	

17. Analysis of changes in net funds

	Opening balance €	Cash flows €	Closing flows €
Cash at bank and in hand	875,453	(166,970)	708,483
Overdrafts	<u>(31,797)</u>	<u>(92,217)</u>	<u>(124,014)</u>
	843,656	(259,187)	584,469
Debt due within one year		(24,429)	(24,429)
Debt due after one year		(237,604)	(237,604)
		<u>(262,033)</u>	<u>(262,033)</u>
Net funds	843,656	(521,220)	322,436

18. Company Limited by Guarantee

The company is one limited by guarantee not having a share capital and consequently the liability of members is limited, subject to an undertaking by each member to contribute to the net assets or liabilities of the company on winding up such amounts as may be required not exceeding €12.70.

19. APB Ethical Standard- Provisions Available for Small Entities

As a small entity under the provisions of the APB in relation to Ethical Standards we engage our auditor to assist with the preparation of the financial statements.

20. Approval of financial statements

The financial statements were approved by the Board on 03/11/2013


 Director
 
 Director

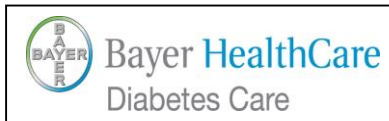
Acknowledgements

Diabetes Ireland would to acknowledge and sincerely thank;

- its staff, volunteers and healthcare professionals for their continuing support
- corporate partners for their support and assistance with our various initiatives and services
- members, supporters and donors for their help in raising vital funds to enable us to continue our work
- the Health Service Executive for their financial support which enables us to provide many direct, and much needed, services.



CORPORATE PARTNERS





WE FIGHT FOR BETTER SERVICES FOR YOU
WE WANT WHAT'S BEST FOR YOU
WE EXIST TO SUPPORT YOU



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DIABETES HELPLINE: 1850 909 909