

Diabetes



Ireland

ANNUAL REPORT

2016

Foreword

2016 was another progressive year for Diabetes Ireland in that we opened our second Care Centre in Cork which is providing access to podiatry, eye screening, dietetics and hearing test services to the local diabetes community.

With a growing demand from our community for evidence based quality information to help them better manage their diabetes and/or pre-diabetes, in conjunction with Trinity College Dublin, we launched “**Diabetes Smart**”, a 55 minute online series of videos, quizzes and visual tools that people can watch and participate in, from the comfort of their own homes. **Diabetes SMART** is divided into five modules that explains **Diabetes, Healthy Eating, Exercise, Diabetes, Medications and Complications**. In addition we developed a one stop patient information leaflet “Living Well with Type 2 Diabetes” which was placed in GP Practices nationwide and other public health centres nationwide.

We also ran a campaign to raise awareness of Type 1 diabetes signs and symptoms among the general population and community healthcare staff alike as we are keen to ensure that children at risk of Type 1 diabetes are identified early and in addition we increased our children and family events. In conjunction with the HSE Paediatric Diabetes Group, work on developing a new Type 1 Diabetes Schools Pack that will enable the needs of our children to be fully met began.

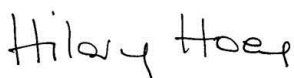
We continued to target high risk groups through our health promotion activities by increasing their knowledge and awareness of diabetes and encouraging them to make positive lifestyle changes.

We agreed to fund, in conjunction with the Health Research Board, a Type 1 diabetes project led by Professor Tim O’Brien in Galway University Hospital focusing on developing stem cell based therapy for the treatment of diabetes related complications. The goal is to enhance bone quality for people with diabetes and also help people experiencing diabetes kidney disease, nerve damage, heart disease and vision loss.

Unfortunately, the additional activity resulted in a small overall financial loss in 2016. With costs increasing and Government grant support funding remaining static, we need to generate more funds in 2017 to ensure we can continue to maintain all our services which provide direct care, education and support to thousands of people with diabetes and their families each year.

In 2017, Diabetes Ireland will be celebrating its 50th anniversary and plans are in progress to chart the history and the many successes of the charity in a book.

There are many ways to support Diabetes Ireland, so please join us. Our goal is to support, educate and motivate the diabetes community. In doing that, we cannot express enough our appreciation of the ongoing support we receive from our volunteers, fundraisers, healthcare professionals, employees, corporate supporters and the HSE for helping us help our community. We must all continue to work together for the Diabetes Community in Ireland so we can all live a long and healthy life.



Professor Hilary Hoey
Chairperson



Kieran O'Leary
CEO

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Diabetes Ireland is fully compliant with the Charities Regulatory Authority. Diabetes Ireland is committed to achieving the standards contained within the Statement for Guiding Principles of Fundraising.

About Diabetes Ireland

Founded in 1967, Diabetes Ireland is the national charity dedicated to helping people with diabetes. It achieves this by providing support, education and motivation to all people affected by diabetes. The charity also raises public awareness of diabetes and its symptoms and funds research into finding a cure for diabetes.

Our Vision, Mission and Aims are:

Our Vision

“To ensure everyone with diabetes has the support and confidence to live a long and healthy life”.

Our Mission

“To provide a quality service in improving the lives of people affected by diabetes and working with others to prevent and cure diabetes”.

Our Aims

- To provide support, education and motivation to people with diabetes, their families, and friends;
- To raise awareness of diabetes in the community and foster programs for early detection and prevention of diabetes;
- To support and encourage advances in diabetes care and research.

Our Board

Every member of our board freely donates their time, their skills and their experience to help support the diabetes community through our work.

Directors

Professor Gerald Tomkin	(Honorary President)
Professor Hilary Hoey	(Chairperson)
Mr Patrick Power	(Hon. Treasurer)
Mr Daniel McDaid	(Honorary Secretary)

National Council Members

Mr Norman Dolan
Mr Gerard Gallagher
Mr Philip Kavanagh
Mr Phil Miesle
Mr Dan Murphy
Mr John Verling

CEO Mr Kieran O’Leary

Support and Education Services

With increasing prevalence of diabetes and pre-diabetes, Diabetes Ireland actively looks to improve access to peer support, education and information.

Diabetes Ireland supports people with diabetes through a wide range of services including:

- face-to-face contact
- literature provision
- helpline and website support

Inherent in any supportive interaction is promotion of health and for many people with diabetes, this means the provision of diabetes education.

Some of our 2016 highlights were:

5,893 people rang our national lo-call helpline and 2303 email enquiries were received by our helpline desk.
There were 304,753 visitors to www.diabetes.ie . 11,246 people completed our Type 2 Diabetes Risk Assessment online. In conjunction with Trinity College, phase 1 of “Diabetes Smart”, our online interactive educational programme, was launched.
On 31 December 2016, our Facebook events page had 8,706 followers and our twitter page had 3,528 followers.
Our second Diabetes Care Centre was opened in Cork. More than 10,000 people attended our Diabetes Care Centre in Santry in 2016 accessing a range of services.
A Type 1 Diabetes signs & symptoms awareness campaign aimed at the general population and community healthcare staff alike to ensure that children at risk of Type 1 diabetes are identified early was carried out in 2016.
Through our local volunteer branch network, a total of 1,730 people attended 25 public education meetings to share their experiences and hear from a range of diabetes healthcare professionals on all aspects of effectively living with diabetes on a daily basis. A further 1,500 attended our Diabetes Health Awareness Exhibition.
A total of 392 people with Type 2 diabetes attended 32 CODE education programmes nationwide.
93 children with Type 1 diabetes took part in the Diabetes Junior Cup event while 87 teenagers attended the National Teen Activity Day.
We delivered our carers education programme which promotes the benefits of healthy food choices in modifying risk factors for people with intellectual disabilities at risk of developing, and with, Type 2 diabetes to 500 carers in 2016.
We developed a Bord Altranas approved diabetes education programme for healthcare professionals and carers in long stay nursing homes, delivering the programme 6 times to a total of 77 attendees in 2016. A Carers booklet was also printed and disseminated as part of this initiative.



Community Orientated Diabetes Education (CODE) is a structured diabetes programme for people with Type 2 diabetes delivered as three consecutive weekly sessions, a telephone contact at 10 weeks and a six monthly session. Developed by Diabetes Ireland and delivered throughout the country by appropriately trained professionals, CODE is supported by the HSE.

2016

32 CODE programmes were attended by 392 people living with Type 2 diabetes at various locations around the 26 counties. In some areas, demand was such that multiple programmes were held during the year. Since its launch in 2007, more than 5,000 (5,099) people have completed the programme.
An evening programme was trialled in the West with no difference in attendance profile but was well received so will be continued based on demand.
There was a noticeable reduction in the number of people smoking down from 1% in 2015 to 0.1% i.e. a 10% reduction.
Post attendance at CODE, attendees demonstrated improved empowerment, better quality of life, improved diabetes knowledge, reduction in weight for some participants and an association of attendance to improved glycaemic markers and cholesterol levels.
Phase 1 of a Type 2 diabetes online interactive educational programme called "Diabetes Smart" based on the principals of CODE was launched for use by GPs and people at risk and/or diagnosed with Type 2 diabetes.
Examination of how people who attend CODE manage their diabetes indicate a dramatic increase in the number taking oral hypoglycaemic agents (tablets) with only 63 (17%) using diet and exercise alone. The number of people using injectables (14%) was similar to previous years.

Future Years

During 2017, we expect to deliver 30 CODE programmes to 400 people living with Type 2 diabetes with the aim of delivering a CODE programme to meet demand in all areas not well serviced with other structured education programmes
Phase 2 of "Diabetes Smart" will be launched with new sections being added in 2017.

Education & Support

People who attend our many events find them informative and helpful. There are an estimated 225,840 people with Type 1 or Type 2 diabetes in Ireland. Access to easy, clear and concise information is paramount to help people manage their condition on a daily basis. Our services are there for everyone with diabetes or prediabetes who require support at their time of need.

2016

Nationally, we held 25 public education meetings attended by 1,730 covering a range of diabetes related topics. A number of these were roundtable workshops where attendees were able to ask direct questions to healthcare professionals.

A Diabetes Health Awareness Exhibition was also held to celebrate World Diabetes Day and to launch the 50th birthday celebrations of the charity. Over 1,500 people attended the event.

In 2016, we opened our second Diabetes Care Centre in Cork providing eye, feet and dietetic support and hearing test services. In 2016, over 10,000 people accessed our Dublin Diabetes Care Centre for services.

Our volunteer support groups continued to help local people with diabetes & their families.

Four issues of our magazine "Diabetes Ireland" were issued quarterly to 6,000 families in 2016.

We launched and disseminated to all GPs nationwide a new one stop patient information booklet "Living Well with Type 2 Diabetes" which covered all aspects of daily management and lifestyle issues.

5,893 people rang our Diabetes Helpline seeking information, with 68 % of those receiving written educational literature to their home address. 83% of callers sought general information on diabetes, 2% sought specific information on diet and the remaining 15% sought information on upcoming events, insurance and other issues. 2,303 people contacted Diabetes Ireland by email also seeking this type of information.

Over 340 healthcare professionals attended our 2 study days and 4 issues of Diabetes & Cardiology Professional were issued to 5,000 healthcare professionals in 2016.

We delivered our carers education programme which promotes the benefits of healthy food choices in modifying risk factors for people with intellectual disabilities at risk of developing, and with, Type 2 diabetes to 500 carers in 2016.

We developed a an Bord Altranas approved diabetes education programme for healthcare professionals and carers in long stay nursing homes, delivering the programme 6 times to a total of 77 attendees in 2016. A Carers booklet was also printed and disseminated as part of this initiative.

In conjunction with Trinity College, we launched "Diabetes Smart" a new online interactive education programme on www.diabetes.ie with modules on what is diabetes, healthy eating and physical activity.

Future Years

We will continue to deliver our carers programme nationwide in 2017.
Due to demand we will update and reprint our “Living Well with Type 2 Diabetes” booklet in 2017. We will produce and disseminate a new “Living Well with Type 1 Diabetes” booklet in 2017.
We will also work with stakeholders to tackle the epidemic of obesity and pre-diabetes.
We will continue to deliver our services as effectively as we can within our available resources.

Children and Family Events

There are an estimated 3,000 children and adolescents with Type 1 diabetes in Ireland. Despite recent investment in paediatric diabetes manpower, current diabetes paediatric services continue to be under resourced, unstructured and uncoordinated with the standard of care a child with Type 1 diabetes receives depending on the geographic location of the family and the tenacity of his/her parents in trying to obtain the best medical care for their child.

2016

Our Sweetpea Children's Club held its family weekend, summer picnic and Christmas party with many new families attending these events.
The Donegal Support Group held its annual family support weekend event.
With the number of children being diagnosed with Type 1 diabetes increasing, we held an extra family support weekend in Avon Ri, Blessington, Co. Wicklow attended by 22 families providing an opportunity to access peer support.
Our Parent Support Groups continued to provide vital local support to families.
National Teen Activity Day saw 87 teenagers from 10-16 years at our various outdoor activity centres on 15th July.
In conjunction with Cork University Hospital diabetes paediatric team, we held an education day for 120 teachers on managing diabetes in children with Type 1 diabetes in school.
The Cork Time to Talk Teen Support Group continued to meet regularly in 2016.
93 children with Type 1 diabetes between the ages of 4-14 years took part in our Diabetes Junior Soccer Cup tournament.
We delivered 34 Type 1 Diabetes education/awareness presentations to teachers and pupils in schools nationwide during 2016.

Future Years

Lack of consistency of services and access to appropriate care including structured education for families must be improved.
Host a weekend Type 1 Diabetes Children's Camp in 2017.
Continue to host our annual children and family events in 2017.

Diabetes Awareness in the Community

The prevalence of Type 2 diabetes in Ireland is increasing rapidly due to our sedentary lifestyles. Having a healthy lifestyle, being active and maintaining a healthy weight can help reduce one's risk of developing Type 2 diabetes. Increased awareness of Type 2 diabetes, its symptoms and risk factors and early detection for those at high risk are vital to supporting people into taking the first steps to improving their health and avoiding the onset of Type 2 diabetes.

2016

During 2016, 11,355 people accessed our "Sugar Smart" microsite which offers simple tips in reducing over consumption of free sugars in a variety of daily lifestyle settings. Additional sections we added to the site during the year.
During 2016, 16,173 people completed the online Type 2 Diabetes Risk Assessment test on www.diabetes.ie to assess their personal risk. Based on being low, moderate or at high risk of having undiagnosed Type 2 diabetes, they were signposted to take appropriate action.
5,412 people accessed our health promotion and screening services of which 418 (7.7%) were referred to their GP for further screening for Type 2 diabetes.
We held 103 health promotion/screening events in 2016. 31 of these were held in workplace settings with the remainder held in community and public settings such as shopping centres, pharmacies, local festivals etc.
We also completed 36 radio interviews and 6 TV appearances reaching over 4.75m listeners/viewers nationwide. All interviews were broadly concerning living with, and understanding, diabetes as a serious health issue.
We launched a GP awareness initiative to reduce the incidence of Diabetic Ketoacidosis and late diagnosis of children with Type 1 diabetes. This also included a public awareness campaign on the signs and symptoms of Type 1 diabetes with articles in local media and popular magazines. The associated radio advert reached 47% of all young mums nationwide. A social media campaign was also undertaken to raise awareness of this important issue.
With funding from Medronic, a 6 month diabetes prevention programme was developed with supporting literature for use with attendees of Men's Sheds. The programme focuses on making small everyday changes in relation to diet and physical activity.

Future Years

Further health promotion/screening events will be undertaken in 2017.
The Men's Sheds programme will commence in 2017 in Westmeath and Offaly in 2018.
In conjunction with Novo Nordisk, an awareness campaign "Effective Management of Hypoglycaemia" will be undertaken in 2017.

Partnering for Direct Patient Care & Support

Cognisant of the current economic environment and the under resourcing of diabetes services nationwide, Diabetes Ireland has partnered with the HSE and other stakeholders to provide access to vital services for people with diabetes through the employment of healthcare professionals in various parts of the country.

2016

We have 6 Senior Podiatrists and 4 Basic Grade Podiatrists providing vital high risk foot care services in Cork, Kerry, Waterford, Wexford, Carlow/Kilkenny, Meath, Louth, Cavan and Monaghan.

In 2016, the High Risk Footcare service provided 17,920 appointments catering for 7,450 patients.

Diabetes Ireland also continued to support Gestational Diabetes services in Cork University and Maternity Hospital and Kerry General Hospital through the employment of 2 diabetes nurse specialists and a dietitian. In these hospitals, a total of 728 women were diagnosed with gestational diabetes in 2016, all of whom were monitored and treated for the duration of their pregnancies.

Diabetes Ireland employs 2 Diabetes Nurse Specialists and 2 Senior Dietitians to deliver its CODE programme and health promotion initiatives nationwide.

In our Dublin Diabetes Care Centre, 1 Senior Podiatrist and 1 Basic Grade Podiatrist deliver our footcare service. One to one counselling and dietetic services are also provided. There is also access to the National Diabetes Retinopathy programme for people with diabetes living in the Northside of Dublin.

In our newly opened Cork Diabetes Care Centre, 1 Senior Podiatrist delivers our footcare service. A one to one dietetic service is also provided along with a hearing test service. There is also access to the National Diabetes Retinopathy programme for people with diabetes living in Cork.

With other stakeholders, we continued to assist in the delivery of the 1 year Health Promotion Cardiovascular & Diabetes National Certificate Programme in University College Galway.

Future Years

We plan to employ a further podiatrist in our Cork Diabetes Care Centre in 2017.

Increase patient attendance for our Care Centre services.

Secure the funding to maintain these direct patient services and to open further Diabetes Ireland Care Centres.

Diabetes Advocacy

Diabetes Ireland leads the way in advocating for more resources for diabetes services nationally. In 2016, the focus was to see posts identified in HSE Service plans across a range of diabetes services filled and to advocate for the publication of HSE Model of Care strategy documents.

2016

The 2016 HSE Service Plan provided funding for a further 36 posts (9 podiatrists, 9 Community Diabetes Nurse Specialists and 18 Community Dietitians) for diabetes services nationally. At 31 December 2016, 30 of these posts were appointed with 6 remaining to be filled.

In conjunction with the HSE Paediatric Diabetes Working Group, work on developing a new Type 1 Diabetes Schools Resource Pack that will in future years enable the needs of our children to be met during school hours was undertaken.

Future Years

We will advocate for fulfilment of the 6 remaining diabetes posts identified in HSE Service Plans and seek further staff resources for diabetes service nationwide.

We will advocate for the Consultant Paediatric Endocrinologist posts in Limerick, Waterford and Galway to be filled in 2017.

Advocate for implementation of the HSE Model of Care for All Children and Young People with Type 1 Diabetes recommendations seeking further posts for Dublin Hospital Paediatric Diabetes Services.

Seek to complete and disseminate the Schools Resource Pack for the management of children with Type 1 diabetes during school hours.

Look to expand the eligibility criteria for the Type 2 Diabetes Cycle of Care initiative so that it is open of all people with Type 2 diabetes.

We will advocate for publication of HSE Models of Care Strategy documents for Adult Type 1 Diabetes and Type 2 Diabetes and Young Adult Transition services.

Diabetes Research

Diabetes Ireland Research Alliance was set up in 2008 as a subsidiary of Diabetes Ireland, the national charity supporting people with diabetes in Ireland. Diabetes Ireland Research Alliance has the specific aim of promoting, supporting and funding research related to the causes, prevention and cure of diabetes

Its objectives are:

- To conduct, promote, support and fund research related to the causes, prevention and cure of diabetes, and into improvements in the management of the condition and its complications; and to publish and disseminate the useful results of any such research.
- To prioritise and progressively increase funding for research in Ireland.
- To advance the understanding of diabetes through research.

JDRF Partnership

Internationally, Diabetes Ireland Research Alliance partners with Juvenile Diabetes Research Foundation (JDRF), the leading charitable organisation in funding research into finding a cure for Type 1 diabetes, to help garner support from the diabetes community for its ongoing diabetes research work. Diabetes Ireland Research Alliance and JDRF aim to:

- Encourage high-quality type 1 diabetes research in Ireland
- Promote Ireland as a JDRF base for international lead research into finding a cure.
- Raise the profile of both organisations in the Republic of Ireland
- Build a sustainable relationship with Irish-based scientists and researchers
- Raise funds for type 1 diabetes research in Ireland and the UK.

During 2016 Diabetes Ireland Research Alliance supported the JDRF funded project “**Nano Versus Micro Encapsulation for Islet Transplantation**” which is a potential new way to give people new insulin producing beta cells, to replace the ones that have been destroyed by the immune system.

From an Irish Research perspective, in conjunction with the Health Research Board, Diabetes Ireland Research Alliance agreed to fund a diabetes project led by Professor Tim O’Brien in Galway University Hospital focusing on developing stem cell based therapy for the treatment of diabetes related complications. The goal would be to enhance bone quality for diabetes patients but also help people experiencing diabetes kidney disease, nerve damage, heart disease and vision loss. The cost of this 2 year project is €224,000.

In conjunction with the Irish Cancer society, Irish Heart Foundation, The Alzheimer Society of Ireland and the Health Research Board, Diabetes Ireland Research Alliance is also funding a study undertaken by Dr David Hevey in Trinity College which will focus on working with adolescents in low socio-economic areas to promote healthy behaviours through making changes to develop positive habits in relation to smoking cessation, alcohol consumption and physical activity that will reduce the risk of developing chronic illness in later life.

Further information on these projects is available on www.diabetes.ie

Structure, Governance and Management

The governing body of the charity is the Board of Directors which can consist of at least 3 and not more than 7 individuals. In 2016, the Board of Directors consisted of 4 members. The Board is supported by a National Council, which acts as an advisory body in dealing effectively with the business of the charity.

The National Council consists of two members from each province which meets at least 3 times a year. The Board and committees all include a mix of individuals with Type 1 or Type 2 diabetes, healthcare professionals and a mix of gender, skills, geography and experience.

Other committees in place are:

- A Management, Finance and Audit Committee which assists in the development of policy, maintains financial accountability to meet the costs of the organisation's activity programme and assists the CEO in the day to day management of the organisation.

The Board delegates day-to-day management of the charity to the Chief Executive who is supported by the Management, Finance and Audit Committee which met 7 times in 2016. The Chief Executive also attends Board of Directors and National Council meetings.

- Professional Services Committee, consisting of representatives from diabetes related healthcare professional bodies, which informs the Board on professional healthcare policy and related matters.
- Quality & Safety Committee to develop, deliver, implement and evaluate a comprehensive quality and safety programme for Diabetes Ireland HSE supported services and care centres.
- Branch Committees which co-ordinate activities at local level and provide a support network for people of all ages with diabetes and their families.

All Directors, National Council and other committee members give their time freely and receive no benefits from the charity other than travel expenses.

Finance & Fundraising

Diabetes Ireland is financed by a mix of statutory, corporate and voluntary donations. In the 12 month period to 30 June 2016, the organisation made a small loss of €7,077.

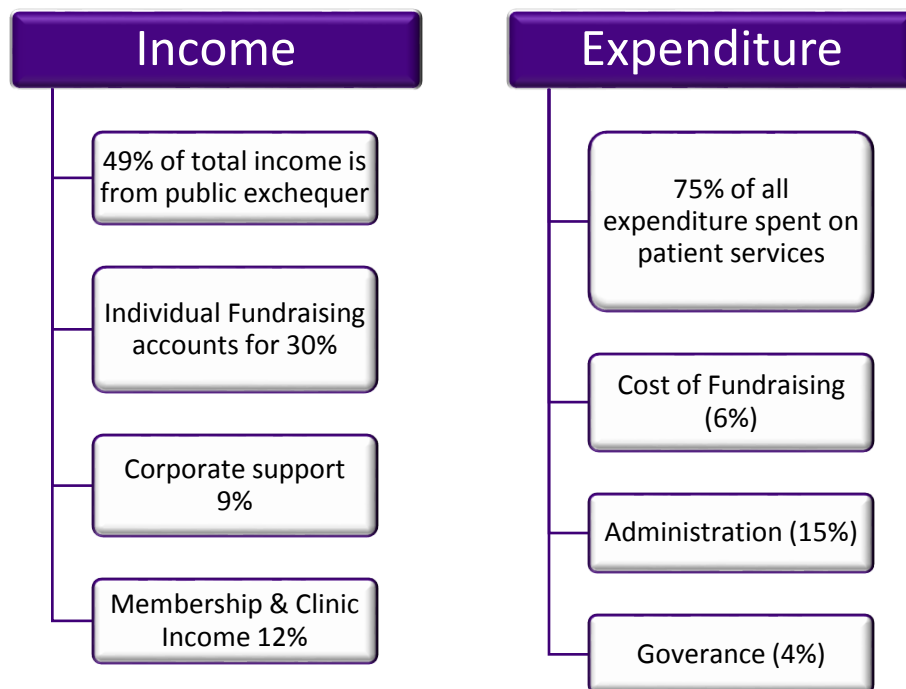
The latest available annual audited accounts to 30 June 2016 (on pages 18 – 43) show income of €2,017,123 for the 12 month period and expenditure for the same period of €2,024,263 giving an operating loss of €7,139 for the period. When bank interest was added, the overall loss reduced to €7,077. The balance sheet shows a reserve of €600,596 at 30 June 2016.

Statutory funding from the Health Service Executive accounted for 48% of total income. This funding enabled the charity to directly employ 19 healthcare professionals (podiatrists, nurses and dietitians) to deliver services to the diabetes community nationwide while the balance was raised through a range of fundraising initiatives and corporate support.

During 2016, Diabetes Ireland was delighted to be chosen as one of the charities supported by Munster Rugby as charity of the year. We undertook a trek of Kilimanjaro in September 2016 which generated a net profit of €41,000 along with personal donations and third party fundraising events which generated income of €70,704. The charity was also a beneficiary of legacy bequests totalling €137,529.

Diabetes Ireland is very much appreciative of everyone who raised vital funds to help us maintain our services during the year.

In 2017, Diabetes Ireland will continue to strive to maintain its services to meet the needs of the diabetes community in Ireland. The Board has taken steps to deliver a break even budget in 2017.



Statement of Accounts 2016

Diabetes Federation of Ireland

(A Company Limited by Guarantee and not having a Share Capital)

Director's Report for the year ended 30 June 2016

The directors present their report and the audited financial statements for the year ended 30 June 2016.

Directors:

The names of the persons who at any time during the financial year were directors of the company are as follows:

Patrick Power

Gerald Tomkin

Hilary Hoey

Daniel McDaid (Appointed 15 November 2015)

Leonard O'Connor (Retired 15 November 2015)

The Company is a registered charity and hence the report and results are presented in a form which complies with the requirements of the Companies Acts 2014 and although not obliged to comply with the Statement of Recommended Practice (SORP) as issued by the Charity Commissioners for England and Wales (Revised in 2015) the organisation has implemented its recommendations where relevant in these accounts. The main activities of the organisation are charitable.

Structure, governance and management

Governing Document

The organisation is a charitable company limited by guarantee, incorporated on 29 November 1968. The company does not have a share capital and consequently the liability of members is limited, subject to an undertaking by each member to contribute to the net assets or liabilities of the company on winding up such amounts as may be required not exceeding €12.70.

The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association and managed by a Board of Directors.

The Governance Code

Diabetes Federation of Ireland has a responsibility to provide and follow a code of good practice when it comes to how our organisation is run. Following a complete review of our policies and procedures, we have submitted our application and obtained full compliance with the Code of Practice for Good Governance of Community, Voluntary and Charitable Organisations in Ireland. The Governance Code is based on five main principles and Diabetes Federation of Ireland is committed to adhering to these principles.

The company has been granted charitable status under Sections 207 and 208 of the Taxes Consolidation Act 1997, Charity No CHY 6906.

Directors and responsibilities

The directors of the company are also charity trustees for the purposes of charity law.

The board is committed to achieving high standards of governance. Board members do not receive any remuneration in respect of their services to the charity. Expenses are reimbursed where claimed. There have been no contracts or arrangements entered into during the financial year in which a Board member was materially interested or which were significant in relation to the charity's activities.

The present membership of the board is listed on page 16.

Board Members Induction Training

Most board members are already familiar with the practical work of the charity having been involved with the charity for a number of years. Additionally, new members are encouraged to familiarise themselves with the charity and the context within which it operates.

- The obligations of Board Members
- The main documents which set out the operational framework for the charity including the Memorandum and Articles.
- Resourcing and the current financial position as set out in the latest published accounts
- Future plans and objectives

Risk management/Principal risks and uncertainties

The Directors have identified that the key risks and uncertainties the charity faces relate to the risk of a decrease in the level of donations and the potential increase in compliance requirements in accordance with company, health and safety, taxation and other legislation;

The charity mitigates these risk factors as follows: (i) the charity continually monitors the level of activity, prepares and monitors its budgets targets and projections (ii) the charity closely monitors emerging changing to regulations and legislations on an ongoing basis.

Internal control risks are minimised by the implementation of procedures for authorisation of all transactions and projects. Procedures are in place to ensure compliance with health and safety of staff, volunteers and clients.

Organisational Structure

Diabetes Federation of Ireland has a Board of Directors who meet regularly and are responsible for the strategic direction and policy of the charity. At present the Board has four members from a variety of professional backgrounds relevant to the work of the charity. The board is supported by a National Council which acts as an advisory board in dealing effectively with the business of the charity.

Related Parties/Wider Network

Diabetes Ireland Research Alliance is a subsidiary charity of Diabetes Federation of Ireland. The Diabetes Research Alliance has the specific aim of promoting, supporting and funding research related to causes, prevention and cure of diabetes.

Mission Statement

Since 1967, Diabetes Federation of Ireland has been the national charity dedicated to helping people with diabetes. We achieve this by providing support, education and motivation to everyone affected by diabetes. Diabetes Ireland also raises public awareness of diabetes and its symptoms and funds research into finding a cure for diabetes.

Objectives and activities

To provide an organisation for the benefit and service of people with diabetes and others interested in diabetes and associated diseases and to promote the study of the causes and treatment thereof and diffusion of information concerning the same.

Our Services:

- Patient support via our telephone lo-call helpline (1850 909 909) and local volunteer groups.
- Access to a wide range of diabetes information leaflets and our quarterly magazine "Diabetes Ireland", online support and information via our website and social media.
- Support for children with diabetes and their parents through our Sweetpea Kidz Club; adolescent adventure activities and parent support groups.
- Access to direct professional healthcare podiatry, dietetic, counselling, and hearing test services at our Diabetes Care Centre.
- Access to community based health education through conferences and our community based structured education programmes.
- Educating the wider community about Type 1 and Type 2 symptoms and risk factors.
- Providing diabetes health promotion initiatives in schools, workplaces and other community settings; Type 2 diabetes screening.
- Financial services: negotiated motor, dental and health insurance rates.
- Advocacy and liaison with: clinics, services, the HSE and the Department of Health and Children.
- Anti-discrimination activity.
- Professional support via major annual multi-disciplinary conferences, quarterly magazine "Diabetes & Cardiology Professional".
- Funding Irish and international research via our subsidiary charity "Diabetes Ireland Research Alliance".

Achievements and Performance

Diabetes Ireland extended its range of patient services in the period by opening a new Diabetes Care Centre in Cork providing eye screening and footcare services. The existing regional office was also moved to the new Care Centre premises situated in Mary Street, Cork City. The Centre will expand its services to provide dietetic and hearing test services in late 2016.

In late 2016, to support the HSE's Type 2 Diabetes Cycle of Care Initiative, Diabetes Ireland, with support from a number of pharmaceutical companies, will launch a 50-page comprehensive booklet called "Living Well with Type 2 Diabetes" which will be disseminated to GP Surgeries nationwide. Alongside this, an online interactive education programme for people with Type 2 diabetes and pre-diabetes will also be launched. A similar booklet called "Living Well with Type 1 Diabetes" will also be launched in late 2016.

Diabetes Ireland launched a 12-month project to reduce the incident of diabetic ketoacidosis (DKA) in young children on first presentation of Type 1 diabetes by encouraging GPs to consider Type 1 diabetes as a potential diagnosis when a child presents feeling generally unwell and secondly to raise awareness among the general population of Type 1 diabetes signs and symptoms.

Financial Review

Principal Funding Sources

The principal funding source of the charity is currently through a variety of sources:

- Memberships
- Statutory funding
- Fundraising
- Services and clinic income
- Merchandise income

Statement of Guiding Principles for Fundraising

Diabetes Ireland is committed to complying with the Statement of Guiding Principles for Fundraising. The Statement of Guiding Principles for Fundraising is a guide to best practice developed by a steering group set up in response to the Charities Act 2009.

Investment Policy

It is the policy of the charity that funds not immediately required for operational purposes are invested in interest bearing deposit accounts in major financial institutions in Ireland that are subject to the statutory regulatory regime.

Reserves Policy

Unrestricted funds represent amounts which are expendable at the discretion of the directors and committee in furtherance of the objectives of the charity and which have not been designated for other purposes. Such funds may be held in order to finance working capital or capital expenditure.

Restricted funds represent grant income and donations received which are subject to specific conditions imposed by the donors or grant making institutions. They are not available for the general purpose of the charity.

Plans for Future Periods/Future Developments

In 2017, Diabetes Ireland will continue to tackle the epidemic of obesity and pre-diabetes. It plans to expand its Sugar Smart initiative which aims to increase public awareness of the benefits of a healthier lifestyle and the risks of not following such a lifestyle.

Funding high quality research will continue to be a focus. In conjunction with the Health Research Board, we plan to fund a 2-year project called "Identifying the Aetiology of Diabetic Progenitor Cell Dysfunction in Osteoporosis". Individuals with Type 1 Diabetes have particularly high risk of osteoporosis is a condition when the bones do not retain the minerals they need for strength, making them more likely to fracture. These injuries are difficult to heal, resulting in long term disability and impacting daily activities such as walking or working. Scientists are not entirely sure what the link is between Type 1 Diabetes and osteoporosis.

In this project, the aim is to understand the molecular differences between the healthy and diabetes bone marrow cells responsible for maintaining bone health. If we know how the healthy cells support bone quality and figure out where the diabetes cells are deficient, then this information can be used to replace molecules missing in the diabetes cells making them more similar to healthy cells. The diabetes cells may then be able to maintain bone health as they would in a non-diabetes person. The long-term goal is to use this knowledge to enhance bone quality for diabetes patients, but this approach might also help diabetes patients experiencing kidney disease, nerve damage, heart disease and vision loss.

Funds held as Custodian Trustee on behalf of others

The charity or its trustees do not hold any funds or other assets by way of a custodian arrangement.

Books of Accounts

The measures taken by the directors to ensure compliance with the requirements of Section 281 of the Companies Act 2014, regarding proper books of account are the implementation of necessary policies and procedures for recording transactions, the employment of competent accounting personnel and appropriate expertise and the provision of adequate resources to the financial function. The books of account of the company are maintained at the Registered Office.

Auditors

The auditor's, McCloskey & Co, have indicated their willingness to continue in office in accordance with the provisions of Section 380 of the Companies Acts 2014.

This report was approved by the Board on 13 Nov 2016 and signed on its behalf by



Director



Director

Director's responsibilities statement

(A Company Limited by Guarantee and not having a Share Capital)

The directors are responsible for preparing the directors report and the financial statements in accordance with applicable Irish law and regulations.

Irish company law requires the directors to prepare financial statements for each financial year. Under the law, the directors have elected to prepare the financial statements in accordance with Companies Act 2014 and FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" issued by the Financial Reporting Council, promulgated by the Institute of Chartered Accountants in Ireland. Under company law, the directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the assets, liabilities and financial position of the company as at the financial year end date and the profit or loss of the company for the financial year and otherwise comply with the Companies Act 2014.

In preparing those financial statements, the directors are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether the financial statements have been prepared in accordance with applicable accounting standards, identify those standards, and note the effect and the reasons for any material departure from those standards; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for ensuring that the company keeps or causes to be kept adequate accounting records which correctly explain and record the transactions of the company, enable at any time assets, liabilities, financial position and profit or loss of the company to be determined with reasonable accuracy, enable them to ensure that the financial statements and directors report comply with the Companies Act 2014 and enable the financial statements to be audited. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Independent Auditors' Report to the Members of Diabetes Ireland

(A Company Limited by Guarantee and not having a Share Capital)

We have audited the financial statements of Diabetes Federation of Ireland for the year ended 30 June 2016 which comprise the Profit and loss account, statement of income and retained earnings, balance sheet, statement of cash flows and related notes. The relevant financial reporting framework that has been applied in their preparation is the Companies Act 2014 and FRS 102. The Financial Reporting Standard applicable in the UK and Republic of Ireland issued by the Financial Reporting Council and promulgated by the Institute of Chartered Accountants in Ireland.

This report is made solely to the company's members, as a body, in accordance with Section 391 of the Companies Act, 2014. Our audit work has been undertaken so that we might state to the company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company and the company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Respective responsibilities of directors and auditors

As explained more fully in the Director's Responsibilities Statement, the directors are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view and otherwise comply with the Companies Act 2014. Our responsibility is to audit and express an opinion on the financial statements in accordance with Irish law and International Standards on Auditing (UK and Ireland). Those standards require us to comply with the Auditing Practices Board's (APB's) Ethical Standards for Auditors.

Scope of the audit of the financial statements

An audit involves obtaining evidence about the amounts and disclosures in the financial statements sufficient to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or error. This includes an assessment of: whether the accounting policies are appropriate to the company's circumstances and have been consistently applied and adequately disclosed; the reasonableness of significant accounting estimates made by the directors/trustees; and the overall presentation of the financial statements.

In addition, we read all the financial and non-financial information in the annual report to identify material inconsistencies with the audited financial statements and to identify any information that is apparently materially incorrect based on, or materially inconsistent with, the knowledge acquired by us in the course of performing the audit. If we become aware of any apparent material misstatements or inconsistencies, we consider the implications for our report.

Opinion on financial statements

In our opinion the financial statements:

- give a true and fair view of the assets, liabilities and financial position of the company as at 30 June 2016 and of its loss for the year ended: and
- have been properly prepared in accordance with relevant reporting network and, in particular the requirements of the Companies Act 2014.

Matters on which we are required to report by the Companies Act 2014

- We have obtained all the information and explanations, which we consider necessary for the purposes of our audit.
- In our opinion the accounting records of the company were sufficient to permit the financial statements to be readily and properly.
- The financial statements are in agreement with accounting reports.
- In our opinion the information given in the director's report is consistent with the financial statements.

Matters on which we are required to report by exception

We have nothing to report in respect of the provisions in the Companies Act 2014, which require us to report to you if, in our opinion, the disclosures of director's remuneration and transactions specified by sections 305 to 312 of the Act are not made.

Thomas E.McCloskey

For and behalf of:

McCloskey & Co

Chartered Accountants & Registered Auditor

Apex Business Centre

Blackthorn Road

Sandyford

Dublin 18

Financial Statements 2016

Statement of financial activities (including income and expenditure)

Year ended 30th June 2016

	Unrestricted Funds €	Restricted Funds €	Total 2016 €	Total 2015 €
<u>Incoming Resources</u>				
<i>Incoming resources from generated funds</i>				
Voluntary Income:				
Donations and grants	177,516	-	177,516	135,020
Sponsorship	173,241	-	173,241	197,003
<i>Activities for generating funds</i>				
Merchandising Income	64,100	-	64,100	55,113
Investment Income	62	-	62	2,141
<i>Incoming resources for charitable activities</i>				
Grants	-	992,869	992,869	1,034,208
Gifts/Donations & Bequests	137,529	-	137,529	8,984
Fundraising	373,613	-	373,613	368,499
Services/Support	105,205	-	105,205	66,110
Other Income	-	-	-	<u>2,670</u>
Total Incoming Resources	1,031,266	992,869	2,024,135	1,869,748
<u>Resources Expended</u>				
<i>Direct Charitable expenditure</i>				
Programme costs (including support costs)	858,402	1,058,569	1,916,971	1,648,626
<i>Cost of generating funds</i>				
Fundraising Costs			-	109,511
Merchandising Costs	32,994	-	32,994	28,937
Governance Costs	81,248	-	81,248	65,984
Total Resources Expended	<u>972,644</u>	<u>1,058,569</u>	<u>2,031,213</u>	<u>1,853,058</u>

Net incoming/outgoing resources before transfers	58,622	(65,700)	(7,078)	16,690
Transfers between funds	288,344	(288,344)	-	-
Net income resources before other recognised gains and losses	346,966	(354,044)	(7,078)	16,690
Other recognised gains/losses	-	-	-	-
Gains on revaluation of fixed assets for Charity's own use	-	-	-	-
Gains/losses on investment assets	-	-	-	-
Actuarial gains/losses on defined benefit pension schemes	-	-	-	-
Net movement in funds	<u>346,966</u>	<u>(354,044)</u>	<u>(7,078)</u>	<u>16,690</u>
Reconciliation of Funds				
Total funds brought forward	<u>253,630</u>	<u>354,044</u>	<u>607,674</u>	<u>590,984</u>
Total funds carried forward	<u>600,596</u>	<u>-</u>	<u>600,596</u>	<u>607,674</u>

Diabetes Federation of Ireland

(A Company Limited by Guarantee and not having a Share Capital)

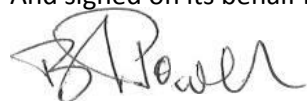
Balance sheet (continued)

As at 30 June 2016

	Note	2016		2015	
		€	€	€	€
Fixed assets					
Tangible assets	9	621,617		486,358	
Financial assets	10	<u>1,213</u>		<u>1,213</u>	
			622,830		487,571
Current assets					
Debtors	11	70,078		72,471	
Cash at bank and in hand		<u>690,308</u>		<u>695,405</u>	
		760,386		767,876	
Creditors: amounts falling due within one year	13	<u>(584,446)</u>		<u>(435,706)</u>	
Net current assets			<u>175,940</u>		<u>332,170</u>
			798,770		819,741
Creditors: amounts falling due after more than one year	14	<u>(198,174)</u>		<u>(212,067)</u>	
Net assets			<u>600,596</u>		<u>607,674</u>
Capital and reserves					
restricted funds	17		-		354,044
Unrestricted funds	17		600,596		253,630
Members funds			<u>600,596</u>		<u>607,674</u>

The financial statements were approved by the Board on the 13/11/2016

And signed on its behalf by: Pat Power and Hilary Hoey




Director

Director

Diabetes Federation of Ireland

(A Company Limited by Guarantee and not having a Share Capital)

Statement of changes in equity (continued)

Financial year ended 30 June 2016

	Restricted funds	Profit and loss Account	Total
	€	€	€
At 1 July 2014	354,044	236,941	590,985
(Loss)/profit for the financial year	<u> </u>	<u>16,689</u>	<u>16,689</u>
Total comprehensive income for the financial year	-	16,689	16,689
	<u> </u>	<u> </u>	<u> </u>
At 30 Jun 2015 and 1 July 2015		607,674	607,674
	<u> </u>	<u> </u>	<u> </u>
(Loss)/profit for the financial year	<u> </u>	<u>(7,078)</u>	<u>(7,078)</u>
Total comprehensive income for the financial year	<u> </u>	<u>(7,078)</u>	<u>(7,078)</u>
At 30 June 2016	<u><u>-</u></u>	<u><u>600,596</u></u>	<u><u>600,596</u></u>

Diabetes Federation of Ireland
Statement of cash flows
Financial year ended 30 June 2016

	2016	2015
Not e	€	€
Cash flows for operative activities		
(Loss)/profit for the financial year	(7,078)	16,689
<i>Adjustments for:</i>		
Deprecation of tangible assets	24,380	24,018
other interest receivable and similar income	(62)	(2,141)
Interest payable and similar charges	10,536	11,505
Accrued expenses/(income)	615	615
<i>Changes in:</i>		
Trade and other debtors	2,393	44,325
Trade and other creditors	<u>120,849</u>	<u>81,717</u>
	151,633	176,728
		(11,505
Interest paid	(10,536))
Interest Received	62	2,141
Net cash from operative activities	<u>141,159</u>	<u>167,364</u>
Cash flows from investing activities		
	(159,639	
Purchase of tangible assets)	(1,850)
	(159,639	
Net cash used in investing activities	<u>)</u>	<u>(1,850)</u>
Cash flows from financing activities		
		(12,924
Proceeds from borrowings	(13,893))
		(12,924
Net cash used in investing activities	<u>(13,893)</u>	<u>)</u>
Net increase/(decrease) in cash and cash equivalents	(32,373)	152,590
Cash and cash equivalents at the beginning of the financial year	12 <u>695,405</u>	<u>542,815</u>
Cash and cash equivalents at the end of the financial year	12 <u>663,032</u>	<u>695,405</u>

Diabetes Federation of Ireland
(A company Limited by Guarantee and not having Share Capital)

Notes to the financial Statements
Financial year ended 30 June 2016

1. Statement of compliance

These financial statements have been prepared in compliance with FRS102, 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'.

2. Accounting policies

Basis of Preparation

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through profit or loss.

The financial statements are prepared in Euro, which is the functional currency of the entity.

Transition to FRS 102

The entity transitioned from previous Irish GAAP to FRS 102 as at 1 July 2014. Details of how FRS 102 has affected the reported financial position and financial performance is given in note 19.

Turnover

Grants from Public Sector Bodies/Government Agencies and other sundry sources are credited to the statement of financial activities upon the recognition of the associated expense for which the grant was originally received.

At the completion of the entire grant period a full report describing the outcome of the research is completed and submitted to the grant provider in compliance with the grant conditions where applicable.

Revenue from the sale of goods is recognised when significant risks and rewards of ownership. Income consists of donations and other funds generated by voluntary activities. These are included in the financial statements when received at head office. Incoming resources have been included in the financial statements only when realised.

Diabetes Federation of Ireland
(A company Limited by Guarantee and not having Share Capital)

Notes to the financial Statements
Financial year ended 30 June 2016

Funds

Unrestricted funds

General funds represent amounts which are expendable at the discretion of Directors in furtherance of the objectives of the charity and which have not been designated for other purposes. Such funds may be held in order to finance working capital or capital expenditure.

Restricted Funds

Restricted Funds, represent grants, donations and income received which can only be used for particular purposes specified by the donors or sponsorship programmes binding on the directors. Such purposes are within the overall aims of the company.

Designated Funds

Designated funds are unrestricted funds earmarked by the Management Committee for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Endowment Funds

Endowment Funds represent those assets which must be held permanently by the charity, principally investments. Income arising on the endowment funds can be used in accordance with the objects of the charity and is included as unrestricted income.

Expenditure

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates:

- Costs of generating funds comprise the costs associated with attracting voluntary income and the costs of trading for fundraising purposes.
- Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.
- Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the audit fees and costs linked to the strategic management of the charity.
- All costs are allocated between the expenditure categories of the SoFA on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly, others are apportioned on an appropriate basis.

Diabetes Federation of Ireland
(A company Limited by Guarantee and not having Share Capital)

Notes to the financial Statements
Financial year ended 30 June 2016

Taxation

No charge to current or deferred taxation arises as the charity has been granted charitable status under Sections 207 and 208 of the Taxes Consolidation Act 1997, Charity No CHY 6906. Irrecoverable value added tax is expended as incurred.

Tangible assets

Tangible assets are initially recorded at cost, and are subsequently stated at cost less any accumulated depreciation and impairment loss.

Any tangible assets carried at revalued amounts are recorded at the fair value at the date of revaluation less any subsequent accumulated depreciation and subsequent accumulated impairment loss.

Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Land and buildings - 2% Straight Line

Fixtures, fittings and equipment – 15% Straight Line

If there is an indication that there has been significant change in depreciation rate, useful life or residual value of tangible assets, the depreciation is revised prospectively to reflect new estimates.

Financial assets

Fixed asset are initially recorded at cost, and subsequently stated at cost less any provision from diminution in value. Listed investments are measured at fair value with changes in fair value being recognised in profit or loss

Impairment

A review for indicators of impairment is carried out at each reporting date, with the recoverable amount being estimated where such indicators exist. Where the carrying value exceeds the recoverable amount, the asset is impaired accordingly. Prior impairments are also reviews for possible reversal at each reporting date.

Financial instruments

A financial asset or financial liability is recognised only when the company becomes a party to the contractual provisions of the instrument.

Basic financial instruments are initially recognised at the transaction price, unless the arrangement constitutes a financing transaction, where it is recognised at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

Debt instruments are subsequently measured at amortised cost.

Diabetes Federation of Ireland
(A company Limited by Guarantee and not having Share Capital)

Notes to the financial Statements
Financial year ended 30 June 2016

Defined contribution plans

Contributions to defined contribution plans are recognised as an expense in the period in which the related service is provided. Prepaid contributions are recognised as an asset to the extent that the prepayment will lead to a reduction in future payments or a cash refund.

3. Limited by guarantee

The company is one limited by guarantee not having a share capital and consequently the liability of members is limited, subject to an undertaking by each member to contribute to the net assets or liabilities of the company on winding up such amounts as may be required not exceeding €12.70.

4. Turnover arises from:

	2016	2015
	€	€
Donations and other fundraising activities	1,031,204	825,824
Grants received	992,869	1,041,783
	<u>2,024,073</u>	<u>1,867,607</u>

The whole of the turnover is attributable activity of the company wholly undertaken in Ireland.

5. Operating profit

Operating profit is stated after charging/(crediting):

	2016	2015
	€	€
Deprecation of tangible assets	24,380	24,018
Impairment of trade debtors	32	(1,660)
	<u> </u>	<u> </u>

Diabetes Federation of Ireland
(A company Limited by Guarantee and not having Share Capital)

Notes to the financial Statements
Financial year ended 30 June 2016

6. Staff costs

The average number of persons employed by the company during the financial year, including the directors, was as follows:

	2016	2015
	Number	Number
Professional staff	21	23
Administrative staff	12	7
	<u>33</u>	<u>30</u>

The aggregate payroll costs incurred during the financial year were:

	2016	2015
	€	€
Wages and salaries	1,210,328	1,109,625
Social insurance costs	127,405	118,391
Other retirement benefit costs	16,310	13,091
	<u>1,354,043</u>	<u>1,241,107</u>

7. Other interest receivable and similar income

	2016	2015
	€	€
Bank deposits	<u>62</u>	<u>2,141</u>

8 Interest payable and similar charges

	2016	2015
	€	€
Bank loans and overdrafts	<u>10,536</u>	<u>11,505</u>

Diabetes Federation of Ireland
(A company Limited by Guarantee and not having Share Capital)

Notes to the financial Statements
Financial year ended 30 June 2016

9. Tangible assets

	Freehold property €	Fixtures, fittings and equipment €	Total €
Cost			
At 1 July 2015	472,197	148,022	620,219
Additions	119,862	39,777	159,639
At 30 June 2016	<u>592,059</u>	<u>187,799</u>	<u>779,858</u>
Depreciation			
At 1 July 2015	28,332	105,529	133,861
Additions	11,841	12,539	24,380
At 30 June 2016	<u>40,173</u>	<u>118,068</u>	<u>158,241</u>
Carrying amount			
At 30 June 2016	<u>551,886</u>	<u>69,731</u>	<u>621,617</u>

	Freehold property €	Fixtures, fittings and equipment €	Total €
Cost			
At 1 July 2014	472,197	146,172	618,369
Additions		1,850	1,850
At 30 June 2015	<u>472,197</u>	<u>148,022</u>	<u>620,219</u>
Depreciation			
At 1 July 2014	18,888	90,955	109,843
Additions	9,444	14,574	24,018
At 30 June 2015	<u>28,332</u>	<u>105,529</u>	<u>133,861</u>
Carrying amount			
At 30 June 2015	<u>443,865</u>	<u>42,493</u>	<u>486,358</u>

Diabetes Federation of Ireland
(A company Limited by Guarantee and not having Share Capital)

Notes to the financial Statements
Financial year ended 30 June 2016

10. Financial assets

	Other investments other than loans	Total
	€	€
Cost		
At 1 July 2015 and 30 June 2016	<u>1,213</u>	<u>1,213</u>
Provision for diminution in value		
At 1 July 2015 and 30 June 2016	<u>-</u>	<u>-</u>
Carrying amount		
at 30 June 2016	<u>1,213</u>	<u>1,213</u>

	Other investments other than loans	Total
	€	€
Cost		
At 1 July 2014 and 30 June 2015	<u>1,213</u>	<u>1,213</u>
Provision for diminution in value		
At 1 July 2014 and 30 June 2015	<u>-</u>	<u>-</u>
Carrying amount		
at 30 June 2015	<u>1,213</u>	<u>1,213</u>

Diabetes Federation of Ireland
(A company Limited by Guarantee and not having Share Capital)

Notes to the financial Statements
Financial year ended 30 June 2016

11. Debtors

	2016	2015
	€	€
Trade debtors	66,957	13,450
Amounts owed by group undertakings	3,121	59,021
	<u>70,078</u>	<u>72,471</u>

12. Cash and cash equivalents

	2016	2015
	€	€
Cash at bank and in hand	690,308	695,405
Bank overdrafts	(27,276)	-
	<u>663,032</u>	<u>695,405</u>

13. Creditors: amounts falling due within one year

	2016	2015
	€	€
Bank loans and overdrafts	51,705	24,429
Trade Creditors	16,542	18,531
Tax and social insurance:		
PAYE and social welfare	35,331	34,377
Accruals	4,940	4,325
Deferred Income	475,928	354,044
	<u>584,446</u>	<u>435,706</u>

14. Creditors: amounts falling due after more than one year

	2016	2015
	€	€
Bank loans and overdrafts	198,174	212,067
	<u>198,174</u>	<u>212,067</u>

15. Employee benefits

The amount recognised in profit and loss in relating to defined contribution plans was €16,310 (2015: €13,901).

Diabetes Federation of Ireland
(A company Limited by Guarantee and not having Share Capital)

Notes to the financial Statements
Financial year ended 30 June 2016

16. Analysis of net assets between funds

	General funds €	Restricted funds €	Designated funds €	Total 2016 €
Fund balances	<u>600,674</u>	-	-	<u>600,674</u>
Represented by				
Tangible fixed assets	621,617	-	-	621,617
Investments	1,213	-	-	1,213
Debtors	70,078	-	-	70,078
Cash at bank	367,661	322,647	-	690,308
Current liabilities	(261,799)	(322,647)	-	(584,446)
Long term liabilities	(198,174)		-	<u>(198,174)</u>
	<u>600,596</u>	-	-	<u>600,596</u>

In respect of prior year:

	General funds €	Restricted funds €	Designated funds €	Total 2015 €
Fund balances	<u>253630</u>	<u>354044</u>	-	<u>607674</u>
Represented by				
Tangible fixed assets	486,358	-	-	486,358
Investments	1,213	-	-	1,213
Debtors	75,109	-	-	75,109
Cash at bank	338,723	354,044	-	692,767
Current liabilities	(435,706)	-	-	(435,706)
Long term liabilities	(212,067)	-	-	<u>(212,067)</u>
	<u>253,630</u>	<u>354,044</u>	-	<u>607,674</u>

Diabetes Federation of Ireland
(A company Limited by Guarantee and not having Share Capital)

Notes to the financial Statements
Financial year ended 30 June 2016

17. Statement of funds

	At 1 July 2015 €	Income €	Expenditure €	Transfers €	At 30 June 2016 €
General Funds	253,630	1,031,266	(972,644)	288,344	600,596
Designated funds	-	-	-	(288,344)	(288,344)
Restricted funds	354,044	992,869	(1,058,569)	-	288,344
Total Funds	<u>607,674</u>	<u>2,024,135</u>	<u>(2,031,213)</u>	-	<u>600,596</u>

In respect of prior year

	At 1 July 2014 €	Income €	Expenditure €	Transfers €	At 30 June 2015 €
General Funds	243,585	835,540	(825,495)	-	253,630
Designated funds	-	-	-	-	-
Restricted funds	<u>347,399</u>	<u>1,034,208</u>	<u>(1,027,563)</u>	-	<u>354,044</u>
Total Funds	<u>590,984</u>	<u>1,869,748</u>	<u>(1,853,058)</u>	-	<u>607,674</u>

Diabetes Federation of Ireland
(A company Limited by Guarantee and not having Share Capital)

Notes to the financial Statements
Financial year ended 30 June 2016

18. Related party transactions

During the year DFI received donations on behalf of Diabetes Ireland Research Alliance totally €32,118 (2015 - €34,262). DFI is also responsible for the administration of DIRA.

19. Cash and cash equivalents

	2016	2015
	€	€
Cash at bank and in hand	690,308	695,405
Bank overdrafts	<u>(27,276)</u>	<u>-</u>
	<u>663,032</u>	<u>695,405</u>

20. Financial instruments

The analysis of the carrying amounts of the financial statements of the charity required under Section 11 of FRS 102 is as follows:

	2016	2015
	€	€
Financial assets measured that are debt instruments measured at amortised cost		
Trade debtors	66,957	13,450
Other debtors	3,121	59,021
Cash at bank in hand	<u>690,308</u>	<u>695,405</u>
Financial liabilities measured at amortised cost		
Bank and other loans	249,879	236,496
Trade creditors	16,542	18,531
Other creditors	<u>516,199</u>	<u>358,369</u>

Diabetes Federation of Ireland
(A company Limited by Guarantee and not having Share Capital)

Notes to the financial Statements
Financial year ended 30 June 2016

21. Transition to FRS 102

These are the first financial statement that complies with FRS 102. The company transitioned to FRS 102 on 1 July 2014.

Reconciliation of equity

No transitional adjustments were required.

Reconciliation of profit or loss for the financial year

No transitional adjustments were required.

22. APB Ethical Standard - Provision Available for Small Entities

As a small entity under provisions of the APB in relation to Ethical Standards we engage our auditor to assist with the preparation of the financial statements.

23. Approval of financial statements

The financial statements were approved by the Board on 13 November 2016

Acknowledgements

Diabetes Ireland would to acknowledge and sincerely thank;

- its staff, volunteers and healthcare professionals for their continuing support
- corporate partners for their support and assistance with our various initiatives and services
- members, supporters and donors for their help in raising vital funds to enable us to continue our work
- the Health Service Executive for their financial support which enables us to provide many direct, and much needed, services.



Feidhmeannacht na Seirbhíse Sláinte
Health Service Executive

CORPORATE PARTNERS



Medtronic



PART OF THE *Johnson & Johnson* FAMILY OF DIABETES COMPANIES



