

Hi all,
Welcome to our eight monthly fundraising newsletter of 2013. Please see below the updates on our various fundraising events.



Diabetes Ireland Heroes of the Month

We value all our fundraisers equally as anyone making the effort to support us is greatly appreciated as we would not be here without you all. However, sometimes extra highlighting is required for that extra special fundraiser.

Ella Tackles The Scottish Highlands

Ella is 10 years old and is from Co. Kildare. In October 2012, she was diagnosed with Type 1 Diabetes.

She decided to prove that Type 1 Diabetes doesn't stop people living a normal life by walking Scotland's West Highland Way over 7 days with her father Stuart.

Scotland's West Highland Way is 154Km (96miles) which means Ella and Stuart averaged 22 kms per day....may I remind you Ella is only 10!!

Her friends and family joined her on part of the route for what am sure has been a truly memorable experience for Ella and the Locke family.

We here at Diabetes Ireland want to thank Ella for her amazing efforts **A true Diabetes Hero of the Month.**



Ella is still collecting sponsorship so if you would like to donate to Ella's fantastic efforts please click [here](#)

The trip's own dedicated Facebook page with stories of the trip and fantastic photo galleries can be found [here](#)

Special mention must also go to Tom Burke who fundraised for Diabetes Ireland through his Tractor Run all the way from Letterkenny Co. Donegal to Granard, Co. Longford.

Many thanks also to his support team who were at his side across the full 2 day journey and helped with all the planning.



Overseas Trips 2014: We Need Your Feedback



Diabetes Ireland is looking in to our options for our Overseas Fundraising Trip in 2014 and want to gauge people's interest in a range of trips as it will help guide our decision on which one to go with.

Please [click here](#) to take the 1 min it will take to answer this 3 short question survey... your time and feedback is greatly appreciated.

Current **TEAM** Heroes: July

Fintan Tait who took part in the Tri-Athlone over the past couple of weeks.



Alan Heade who took part in the Skerries Triathlon.



Our own Fundraising Manager Gary Brady who competed in the Clontarf Half Marathon



Niamh Kavanagh and Cecil Whiteside took part in the Rosses Point Triathlon last weekend for us.



Best of Luck To **TEAM** Members in August

Best of Luck to Gareth Lee who is taking part in the Dublin City Triathlon this month

#hungry for more



Best of Luck to Liam Brady and Elizabeth Donohue who are taking part in the Longford Marathon this month.



Best of Luck to Garvin Cronin who is competing in the Killarney Hardman Ironman this month



TEAM Diabetes Ireland Needs You!!

Special Focus Now On Dublin Marathon to Create A Large Sized **TEAM** At The Event... Join our fundraising manager Gary in this event!!

Running the Dublin Marathon or any of the events in the Dublin Marathon Race Series?? Think of fundraising for us through your efforts...

Know Someone Who is Running it?? Why not ask them to represent us on the day by wearing our **TEAM** shirt on the day and you help with the fundraising efforts on their behalf.

Airtricity DUBLIN RACE SERIES

We are also looking for participants at the Cork Mini Marathon on Sunday Sept 15th. Fundraising through this event is jointly in aid of Diabetes Ireland and the Diabetes Ireland Cork Parents Support Group



Please contact Charlotte in the Cork Office on 021 427 4229 or email: sro@diabetes.ie

We already have people registering to fundraise for us through events in 2014... what events are you planning on entering??

Be a #DiabetesHero and fundraise and support us

Your Workplace: Charity of The Year

It is around this time of the year that many organisations start to plan their Charity of the Year for 2014 and look to their employees to nominate charities for this position.

We would ask you all to think of us when nominating a charity within your workplace.

If you need any information about us or where funds raised would be directed for any nomination forms please get in touch with Gary at gary.brady@diabetes.ie or call 01 842 8118.

We need increased numbers of organisations fundraising for us through this means in 2014 and beyond as we open and run the new Diabetes Ireland Care Centre.

Your help and support is greatly appreciated.

Organise A Fundraising Event For Us

This month saw Ella and Tom undertake amazing fundraising events for us...

...we also have a number of people currently organising local fundraising events in aid of us... from a girl cutting her long hair for us in Tipperary to a coffee morning in Limerick to a local pub concert in Wexford.

Have you the time to organise a local fundraising event for us?



Contact And Queries

If you have any queries on any of our fundraising programmes or if you would like to fundraise for us in any other manner please do get in touch by phoning or emailing Gary on 01) 836 3022 or gary.brady@diabetes.ie



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Diabetes Federation of Ireland (T/A Diabetes Ireland) is a registered charity C.H.Y. 6906

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